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Swahili

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Quick reference page

EMERGENCY

HELP!	**MSAADA! [KUSAIDIA!]**	msaada [koosaee-**dee**ya]
Call the Police.	**Mwite polisi.**	**mwee**teh po**lee**see
FIRE!	**MOTO!**	**mo**to
Get a doctor!	**Daktari!**	dak**ta**ree
Go away.	**Nenda [Kwenda] huko.**	**ne**nda [**kwen**da] **hooko**
I'm lost.	**Nimepotea.**	neemepotea
I'm ill.	**Naumwa.**	na**oo**mwa
Leave me alone.	**Usinisumbue/ Niache.**	ooseeneesoom**boo**eh/ nee**ya**cheh
STOP THIEF!	**MKAMATE MWIZI!**	mka**ma**teh mwee**zee**

GENERAL

Good morning.	**Habari ya [za] asubuhi?**	habaree ya [za] asoo-**boo**hee
Good afternoon.	**Habari ya mchana.**	habaree ya **mchana**
Excuse me.	**Samahani.**	sama**ha**nee
Please.	**Tafadhali [Kwa hisani yako].**	tafa∂alee [kwa hee**sa**nee **ya**ko]
Thank you.	**Asante [Nashukuru].**	a**san**teh [nashoo**koo**roo]
Yes.	**Ndiyo [Sawa].**	**ndee**yo [sawa]
No.	**A-a [Hapana].**	**a**-a [hapana]
Do you speak English?	**Unasema [kizungu] Kiingereza?**	oona**se**ma [kee**zoo**ngoo] kee-een**ge**reza
I don't understand.	**Sifahamu [Sielewi].**	see**fa**hamoo [see-**ele**wee]
Can you help me?	**Nisaidie... tafadhali? [Unaweza kunisaidia?]**	neesaee**dee**-eh... tafa∂alee [oona**we**za kooneesaee**dee**ya]
Where is...?	**Iko wapi...?**	**eeko wa**pee
Where are the toilets?	**Choo kiko wapi?/ Vyoo viko wapi?**	choo **keeko wa**pee/ vyoo **veeko wa**pee

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BERLITZ®

Swahili
PHRASE BOOK & DICTIONARY

Easy to use features

- Handy thematic colour coding
- Quick Reference Section—opposite page
- Tipping Guide—inside back cover
- Quick reply panels throughout

How best to use this phrase book

- We suggest that you start with the **Guide to pronunciation** (pp. 6-8), then go on to **Some basic expressions** (pp. 10-15). This gives you not only a minimum vocabulary, but also helps you get used to pronouncing the language. The phonetic transcription throughout the book enables you to pronounce every word correctly.
- Consult the **Contents** pages (3-5) for the section you need. In each chapter you'll find travel facts, hints and useful information. Simple phrases are followed by a list of words applicable to the situation.
- Separate, detailed contents lists are included at the beginning of the extensive **Eating out** and **Shopping guide** sections (Menus, p. 38, Shops and services, p. 97).
- If you want to find out how to say something in Swahili, your fastest look-up is via the **Dictionary** section (pp. 164-189). This not only gives you the word, but is also cross-referenced to its use in a phrase on a specific page.
- If you wish to learn more about constructing sentences, check the **Basic grammar** (pp. 159-163).
- Note the **colour margins** are indexed in Swahili and English to help both listener and speaker. And, in addition, there is also an index in Swahili for the use of your listener.
- Throughout the book, this symbol ☛ suggests phrases your listener can use to answer you. If you still can't understand, hand this phrase book to the Swahili-speaker to encourage pointing to an appropriate answer.
- Since there are regional differences in Swahili, we have provided alternatives in brackets [] in the text. If your listener cannot understand your first expression, try the alternative.

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Guide to pronunciation

The Swahili language

Swahili is rapidly becoming the international language of Africa and thereby one of the important languages of the world. It is spoken primarily in Kenya, Tanzania and Uganda, but it is also heard in parts of the neighbouring countries of Burundi, Malawi, Mozambique, Rwanda, Zaire and Zambia. There are also Swahili-speaking communities in the Gulf States, Western Europe, North America and India. That means that it's spoken by almost 50 million people.

The term "Swahili" originated from the Arabic language, and was used by the Arabs to categorise the coast of East Africa. However, the city states of the East African coast have always had their own languages and cultures. Hence prior to the ascription of the term Swahili, the East African coastal people themselves described their own languages according to the city state wherein they lived. For example a person from Lamu, even today, would say he speaks "Kiamu" and his self identity would be "Mwamu".

There are several dialects of Swahili and differences in usage depending upon the region, but the leading version is that of Zanzibar City, which is the basis of standard Swahili. In this phrase book we have used standard Swahili, but have also included the most common variants, in brackets [ ], to help overcome any communication difficulties throughout East Africa.

Swahili belongs to the Bantu family of languages and is part of the group of languages spoken in central, eastern and southern Africa. However, throughout history, traders and settlers – mainly Arab and European – coming to the East and West African coasts have greatly influenced the language spoken there, as the newcomers themselves have been enriched by Swahili culture. Moreover, Swahili was originally only a spoken language and was subsequently put into a written form by foreigners who thus also influenced the tongue. The Arabs and the English, in particular, have left their imprint on present-day Swahili.

An outline of the spelling and sounds of Swahili

Although a relatively easy language to pronounce, Swahili does require some effort on the part of the learner. However, careful review of the indications given below will provide you with a solid basis for acquiring a good accent.

Originally Swahili was written in Arabic characters. When British missionaries introduced our alphabet, they managed to adopt a transliteration as phonetic as possible. You shouldn't find it too difficult to pronounce Swahili, especially if you carefully follow our explanations. As an additional aid we have included a transcription next to each phrase, but you should soon find that you can read the Swahili direct after you have mastered the rules below.

The imitated pronunciation should be read as if it were English, except for any special rules set out below. Of course, the sounds of any two languages are never exactly the same; but if you follow carefully the examples given here, you will have no difficulty in reading our transcriptions.

Letters shown in **bold** should be read with more stress (louder) than the others.

As a minimum vocabulary for your trip, we have selected a number of basic words and phrases under the title "Some Basic Expressions" (pages 10-15).

Consonants

These are pronounced as in English, but the following points should be noted:

Letter	Approximate pronunciation	Symbol	Example	
f	always as in few, never as in of	f	afya	afya
g	always as in go, never as in gin	g	giza	geeza

m	1) when it occurs as a prefix for nouns, it sounds like a separate syllable, as if it has a short **oo** sound in front of it, like the **oo** in **look**	m	**mpunga**	mpoonga
	2) when followed by **b** or **v**, it is not a separate syllable and should be elided with the following letter; however, in words containing only one vowel, sounds like **m** 1) above	^{m}	**mbali**	^{m}bali
			mbu	mboo
n	as in English, but it can come before a consonant at the beginning of a word	n	**ndogo**	ndogo
r	in mainland speech, this letter is confused with **l**	r	**rafiki**	rafeekee
s	always as in **so**, never as in **visit**	s	**hesabu**	hesaboo

Groups of consonants

dh	like **th** in **this**	ð	**dhuru**	ðooroo
gh	appears in a few words of Arabic origin and has no English equivalent. Can sound like the **ch** of Scottish **loch**, but immediately preceded by a faint rolling of the tongue	RH	**ghafula**	RHafoola
ng	like **ng** in **finger**	ng	**ngapi**	ngapee
ng'	like **ng** in **singer**. It can come at the beginning of a word; to produce this sound, divide **singer** into **si-nger** and then say the second syllable on its own	ng'	**ng'a**	ng'a
ny	before a vowel, like **ni** in **onion**; elides with the following vowel	n^{Y}	**nyasa**	n^{Y}asa
th	always like **th** in **thin**; appears only in words of Arabic origin	th	**thelathini**	thelathee-nee

Vowels

a	like **a** in **ah**	a	**paka**	paka
e	like **e** in **fetch**; it is a pure vowel, not a diphthong like English **ay** in **May**; at the end of a word, this same sound is represented by **eh** in our transcription to help pronunciation	e eh	**enda** **pale**	enda paleh
i	like **ee** in **meet**	ee	**fisi**	feesee
o	like **o** in **ostrich**	o	**toka**	toka
u	like **oo** in **soot**	oo	**rudi**	roodee

Notes

1) Unstressed vowels have the same quality as when they are stressed; therefore **paka** should not be pronounced *parker*, but rather the two **a**'s should have the same pronunciation.

2) When two vowels are next to each other, each retains its own pronunciation. Thus, **bei** is pronounced something like *bay*, **tai** like *tie*, **au** like the vowel in *cow*. In such cases the vowels are, in fact, separate syllables and the words could be divided **be-i**, **ta-i**, **a-u**. Hyphens are used in our phonetic transcription to help pronunciation.

3) When two similar vowels stand next to each other, they are pronounced as one long vowel, e.g. **kaa**.

4) Syllables in Swahili always end with a vowel, so a word like **pembeni** is divided pe-mbe-ni.

5) Intonation is more even than in English, and words are not emphasized in normal speech.

Stress

Stress is always on the next to last syllable, except in one or two words borrowed from Arabic.

Some basic expressions

Yes.	**Ndiyo [Sawa].**	ndeeyo [sawa]
No.	**A-a [Hapana].**	a-a [hapana]
Please.	**Tafadhali [Kwa hisani yako].**	tafaðalee [kwa heesanee yako]
Thank you.	**Asante [Nashukuru].**	asanteh [nashookooroo]
Thank you very much.	**Asante sana [Nashukuru sana].**	asanteh sana [nashookooroo sana]
That's all right/You're welcome.	**Sawa [Si kitu].**	sawa [see keetoo]

Greetings *Hujambo? [Habari?]*

A greeting—even a simple *Habari* or *Jambo*—is an essential preface to any social contact in Swahili.

Good morning.	**Habari ya [za] asubuhi?**	habaree ya [za] asooboohee
Good afternoon.	**Habari ya mchana.**	habaree ya mchana
Good evening.	**Habari za jioni.**	habaree za jeeonee
Good night.	**Lala salama [Usiku mwema/Ala msiki].**	lala salama [ooseekoo mwema/ala mseekee]
Good-bye.	**Kwaheri.**	kwaheree
See you later.	**Tutaonana baadaye.**	tootaonana baadayeh
Hello/Hi!	**Vipi? [Mambo!]**	veepee [mambo]
This is Mr....	**Huyu ni Bwana...**	hooyoo nee bwana
This is Mrs./Miss...	**Huyu ni Bibi...**	hooyoo nee beebee
How do you do? (Pleased to meet you.)	**Hali gani? [Nimefurahi kukutana nawe.]**	halee ganee [neemefoorahee kookootana naweh]
How are you?	**Hujambo/Habari yako [zako]?**	hoojambo/habaree yako [zako]
Very well, thanks. And you?	**Sijambo, asante. Na wewe je?**	seejambo asanteh. na weweh jeh
How's life?	**Habari ya maisha?**	habaree ya maeesha
Fine.	**Nzuri [Salama].**	nzooree [salama]
I beg your pardon?	**Samahani?**	samahanee
Excuse me. (May I get past?)	**Samahani. [Naomba kupita tafadhali.]**	samahanee [naomba koopeeta tafaðalee]

Questions *Masuala*

Where?	**Wapi?**	wapee
How?	**Vipi?**	veepee
When?	**Lini?**	leanee
What?	**Nini?**	neenee
Why?	**Kwa nini?**	kwa neenee
Who?	**Nani?**	nanee
Which?	**Gani/Ipi?**	ganee/eepee
Where is...?	**Iko wapi...?**	eeko wapee
Where are...?	**Ziko wapi...?**	zeeko wapee
Where can I find/get...?	**Wapi naweza [Ninaweza] kupata...?**	wapee naweza [neenaweza] koopata
How far?	**Umbali gani?**	oombalee ganee
How long?	**Muda gani?**	mooda ganee
How much/How many?	**Bei gani (Shilingi ngapi?)/Ngapi?**	be-ee ganee (sheeleengee ngapee)/ngapee
How much does this cost?	**Hii ni bei gani?**	hee-ee nee beee ganee
When does...open/close?	**Wakati gani... inafunguliwa/inafungwa?**	wakatee ganee... eenafoongooleewa/eenafoongwa
What do you call this/that in...?	**Hii/ile inaitwaje kwa....?**	hee-ee/eeleh eenaeetwajeh kwa
What does this/that mean?	**Hii/Ile ina maana gani?**	hee-ee/eeleh eena maana ganee

Do you speak...? *Unasema...?*

Do you speak English?	**Unasema [kizungu] Kiingereza?**	oonasema [keezoongoo] kee-eengereza
Does anyone here speak English?	**Yupo mtu hapa anayesema [Kizungu] Kiingereza?**	yoopo mtoo hapa anayesema [keezoongoo] kee-eengereza
I don't speak Swahili.	**Sisemi Kiswahili sana.**	seesemee keeswaheelee sana
Could you speak more slowly?	**Sema pole pole, tafadhali?**	sema poleh poleh tafaðalee
Could you repeat that?	**Sema tena tafadhali. [Rudia, tafadhali.]**	sema tena tafaðalee [roodeeya tafaðalee]

Could you spell it?	**Vipi unaandika? [Unaandikaje?]**	veepee oonaandeeka [oonaandeekajeh]
How do you pronounce this?	**Vipi unatamka? [Unatamkaje?]**	veepee oonatamka [oonatamkajeh]
Could you write it down, please?	**Niandikie, tafadhali.**	neeyandeekee-eh tafaðalee
Can you translate this for me?	**Nifasirie hii, tafadhali.**	neefaseeree-eh hee-ee tafaðalee
Can you translate this for us?	**Tufasirie hii, tafadhali.**	toofaseeree-eh hee-ee tafaðalee
Could you point to the...in the book, please?	**Nioneshe... katika kitabu, tafadhali?**	neeonesheh... kateeka keetaboo tafaðalee
word	**neno**	neno
phrase	**kifungu cha maneno**	keefoongoo cha maneno
sentence	**sentensi [mtungo]**	sentensee [mtoongo]
Just a moment.	**Ngoja kidogo [Subiri kidogo].**	ngoja keedogo [soobeeree keedogo]
I'll see if I can find it in this book.	**Nitaangalia kama nitaiona kitabuni.**	neetaangaleeya kama neetaeeona keetaboonee
I understand.	**Nafahamu [Naelewa].**	nafahamoo [naelewa]
I don't understand.	**Sifahamu [Sielewi].**	seefahamoo [see-elewee]
Do you understand?	**Unafahamu? [Unaelewa?]**	oonafahamoo [oonaelewa]

Can/May...? *Kupata/Kuweza...?*

Can I have...?	**Nipatie...tafadhali? [Naweza kupata...?]**	neepatee-eh...tafaðalee [naweza koopata]
Can we have...?	**Tupatie... tafadhali? [Tunaweza kupata...?]**	toopatee-eh... tafaðalee [toonaweza koopata]
Can you show me...?	**Nioneshe... tafadhali? [Unaweza kunionesha]**	neeonesheh... tafaðalee [oonaweza kooneeonesha]
I can't.	**Siwezi.**	seewezee
Can you tell me...?	**Niambie... tafadhali? [Unaweza kuniambia...?]**	neeyambee-eh... tafaðalee [oonaweza kooneeyambeeya]

Can you help me?	**Nisaidie... tafadhali? [Unaweza kunisaidia?]**	neesaeedee-eh... tafaðalee [oonaweza kooneesaeedeeya]
Can I help you?	**Nikusaidie nini? [Naweza kukusaidia?]**	neekoosaeedee-eh neenee [naweza kookoosaeedeeya]
Can you direct me to...?	**Nielekeze kwenda... tafadhali. [Unaweza kunielekeza...?]**	nee-elekezeh kwenda... tafaðalee [oonaweza koonee-elekeza]

Do you want...? *Unataka...?*

I'd like...	**Ningependa...**	neengependa
We'd like...	**Tungependa...**	toongependa
What do you want?	**Unataka nini?**	oonataka neenee
Could you give me...?	**Nipatie...tafadhali? [Unaweza kunipatia...?]**	neepatee-eh...tafaðalee [oonaweza kooneepateeya]
Could you bring me...?	**Niletee... tafadhali ? [Unaweza kuniletea...?]**	neelete-eh...tafaðalee [oonaweza kooneeletea]
Could you show me...?	**Nioneshe... tafadhali ? [Unaweza kunionesha...?]**	neeonesheh... tafaðalee [oonaweza kooneeonesha]
I'm looking for...	**Ninatafuta...**	neenatafoota
I'm searching for...	**Ninatafuta...**	neenatafoota
I'm hungry.	**Nina njaa. [Ninasikia njaa.]**	neena njaa. [neenaseekeeya njaa]
I'm thirsty.	**Nina kiu. [Ninasikia kiu]**	neena keeoo. [neenaseekeeya keeoo]
I'm tired.	**Nimechoka.**	neemechoka
I'm lost.	**Nimepotea.**	neemepotea
It's important.	**Ni muhimu.**	nee mooheemoo
It's urgent.	**Haraka.**	haraka

It is/There is... *Kuna [Iko]...*

It is...	**Ni...**	nee
Is it...?	**Ni...?**	nee
It isn't...	**Siyo [La]...**	seeyo [la]
Here it is.	**Hii hapa.**	hee-ee hapa
Here they are.	**Hizi hapa.**	heezee hapa

There it is.	**Ile pale.**	eeleh paleh
There they are.	**Zile pale.**	zeeleh paleh
There is/There are...	**Iko/Ziko...**	eeko/zeeko
Is there/Are there...?	**Kuna/Iko/Ziko...?**	koona/eeko/zeeko
There isn't/aren't...	**Hakuna/Haiko/ Haziko...**	hakoona/haeeko/hazeeko
There isn't/aren't any.	**Hakuna/Haiko/ Haziko kabisa.**	hakoona/haeeko/hazeeko kabeesa

It's... *Ni...*

beautiful/ugly	**maridadi [nzuri]/ mbaya**	mareedadee [nzooree]/ ᵐbaya
better/worse	**bora [afadhali]/ mbaya**	bora [afaðalee]/ᵐbaya
big/small	**kubwa/ndogo**	koobwa/ndogo
cheap/expensive	**rahisi/ghali [gali]**	raheesee/ʁhalee [galee]
early/late	**mapema/chelewa**	mapema/chelewa
easy/difficult	**rahisi [nyepesi]/ ngumu**	raheesee [nʸepesee]/ ngoomoo
free (vacant)/ occupied	**hamna mtu/kuna mtu**	hamna mtoo/koona mtoo
full/empty	**imejaa/kutupu**	eemejaa/kootoopoo
good/bad	**nzuri/mbaya**	nzooree/ᵐbaya
heavy/light	**nzito/nyepesi**	nzeeto/nʸepesee
here/there	**hapa/pale**	hapa/paleh
hot/cold	**joto/baridi**	joto/bareedee
near/far	**karibu/mbali**	kareeboo/ᵐbalee
next/last	**ya pili/ya mwisho**	ya peelee/ya ᵐweesho
old/new	**ya zamani/mpya**	ya zamanee/mpya
old/young	**mzee/kijana**	mze-eh/keejana
open/shut	**fungua/funga**	foongoowa/foonga
quick/slow	**upesi [haraka]/pole pole [taratibu]**	oopesee [haraka]/poleh poleh [tarateeboo]
right/wrong	**sawa/si sawa**	sawa/see sawa

Quantities *Wingi*

a little/a lot	**kidogo/nyingi**	keedogo/nʸeengee
few/a few	**chache**	chacheh
much	**nyingi/mengi**	nʸeengee/mengee
many	**nyingi**	nʸeengee
more/less (than)	**zaidi/kasoro (kuliko)**	zaeedee/kasoro (kooleeko)
enough/too	**inatosha/vilevile**	eenatosha/veeleveeleh
some/any	**baadhi/yoyote**	baaðee/yoyoteh

A few more useful words *Maneno kidogo yafaayo kujuwa*

above	**juu**	joo-oo
after	**baadaye**	baadayeh
and	**na**	na
at	**kwa/kwenye**	kwa/kwenʸeh
before (time)	**kabla [saa]**	kabla [saa]
behind	**nyuma ya**	nʸooma ya
below	**chini ya**	cheenee ya
between	**baina ya**	baeena ya
but	**lakini**	lakeenee
down	**chini**	cheenee
downstairs	**chini**	cheenee
during	**wakati wa [kipindi cha]**	wakatee wa [keepeendee cha]
for	**kwa**	kwa
from	**kutoka**	kootoka
in	**ndani**	ndanee
inside	**ndani ya**	ndanee ya
near	**karibu na**	kareeboo na
never	**hapana kabisa [katu]**	hapana kabeesa [katoo]
next to	**karibu na**	kareeboo na
none	**hamna/hakuna**	hamna/hakoona
not	**si**	see
nothing	**si kitu**	see keetoo
now	**sasa**	sasa
on	**juu ya**	joo-oo ya
only	**tu**	too
or	**au [ama]**	aoo [ama]
outside	**nje**	njeh
perhaps	**labda**	labda
since	**tangu**	tangoo
soon	**sasa hivi/upesi**	sasa heevee/oopesee
then	**halafu/kisha/tena**	halafoo/keesha/tena
through	**katika**	kateeka
to	**kwa [mpaka]**	kwa [ᵐpaka]
too (also)	**pia/vilevile**	peeya/veeleveeleh
towards	**kuendea/kuelekea**	kooendea/kooelekea
under	**chini ya**	cheenee ya
until	**mpaka [hadi]**	ᵐpaka [hadee]
up	**juu**	joo-oo
upstairs	**juu [darini]**	joo-oo [dareenee]
very	**sana**	sana
with	**na**	na
without	**bila**	beela
yet	**bado**	bado

Arrival

Passport control *Uhamiaji*

If you're a British citizen you don't need a visa to enter East Africa. Citizens of the Commonwealth or of certain European countries may well not need a visa to enter Uganda or Tanzania, but check this with the embassy before travelling. All other nationalities require a visa.

Here's my passport/ visa.	**Hii hapa pas poti/ viza yangu.**	hee-ee hapa pas potee/ veeza yangoo
I'll be staying...	**Nitakaa...**	neetaka-a
a few days	**siku chache**	seekoo chacheh
a week	**wiki moja [juma moja]**	weekee moja [jooma moja]
2 weeks	**wiki mbili [majuma mawili]**	weekee ᵐbeelee [majooma maweelee]
a month	**mwezi mmoja**	mwezee ᵐmoja
I don't know yet.	**Sijui bado.**	seejooee bado
I'm here on holiday.	**Niko hapa kwa likizo.**	neeko hapa kwa leekeezo
I'm here on business.	**Niko hapa kwa kazi.**	neeko hapa kwa kazee
I'm just passing through.	**Ninapita njia tu.**	neenapeeta njeeya too

If things become difficult:

I'm sorry, I don't understand.	**Samahani, sielewi. [Samahani, sifahamu]**	samahanee see-elewee. [samahanee seefahamoo]
Does anyone here speak English?	**Kuna/Yuko mtu hapa anayesema Kizungu [Kiingereza] ?**	koona/yooko mtoo hapa anayesema keezoongoo [kee-eengereza]

FORODHA
CUSTOMS

You can bring any amount of foreign currency into East Africa and take it out again, but you must declare it on arrival. The import or export of local currency, however, is not permitted.

Vitu vya kulipia ushuru
Goods to declare

Vitu visivyolipiwa ushuru
Nothing to declare

The export of ivory and other animal trophies is illegal, and any such goods will be confiscated at customs.

The chart below shows what you can bring in duty-free

	cigarettes		cigars		tobacco	liquor
Kenya Tanzania Uganda	200	or	50	or	½lb.	1 bottle 1 bottle ¼ gal.

I have nothing to declare.	**Sina kitu cha kulipia ushuru.**	seena keetoo cha kooleepeeya ooshooroo
I have...	**Nina...**	neena
a carton of cigarettes	**boksi moja la sigara**	boksee moja la seegara
a bottle of whisky	**chupa moja ya wiski**	choopa moja ya weeskee
It's for my personal use.	**Ni kwa matumizi yangu binafsi.**	nee kwa matoomeezee yangoo beenafsee
It's a gift.	**Ni zawadi.**	nee zawadee

Nipe pasipoti yako, tafadhali.	Your passport, please.
Una kitu cha kulipia ushuru?	Do you have anything to declare?
Fungua mkoba [Mfuko] huu, tafadhali.	Please open this bag.
Lazima ulipe ushuru kwa vitu hivi.	You'll have to pay duty on this.
Una mizigo zaidi?	Do you have any more luggage?

Baggage–Porter *Mizigo–Mchukuzi*

Porters are readily available to carry your luggage for a modest tip.

Porter!	**Mzee!/Bwana!**	mzee/bwana
Please take (this/ my)...	**Tafadhali chukua... (huu/ wangu).**	tafaðalee chookoowa... (hoo-oo/wangoo)
luggage	**mizigo**	meezeego
suitcase	**sanduku/begi**	sandookoo/begee
(travelling) bag	**mkoba/shanta**	ᵐkoba/shanta
That one is mine.	**Hilo ni langu.**	heelo nee langoo
Take this luggage...	**Chukua mzigo huu, tafadhali...**	chookoowa ᵐzeego hoo-oo tafaðalee
to the bus	**kwenye basi**	kwenʸeh basee
to the luggage lockers	**kwenye kabati la mizigo**	kwenʸeh kabatee la meezeego
to the taxi	**kwenye teksi**	kwenʸeh teksee
How much is that?	**Hiyo ni bei gani?**	heeyo nee be-ee ganee
There's one piece missing.	**Mzigo mmoja umepungua.**	ᵐzeego ᵐmoja oomepoongoowa
Where are the luggage trolleys (carts)?	**Wapi nitapata vigari vya mizigo?**	wapee neetapata veegaree vya meezeego

Changing money *Kubadilisha pesa [fedha]*

Where's the currency exchange office?	**Wapi mahali pa kubadilisha pesa?**	wapee mahalee pa koobadeeleesha pesa
Can you change these traveller's cheques (checks)?	**Unaweza kubadilisha hizi cheki za safari?**	oonaweza koobadeeleesha heezee chekee za safaree
I want to change some dollars/pounds.	**Nataka kubadilisha dala za Kimarekani/pauni za Kiingereza.**	nataka koobadeeleesha dala za keemarekanee/ paoonee za kee-eengereza
Can you change this into...?	**Unaweza kubadilisha hizi kwa...?**	oonaweza koobadeeleesha heezee kwa
Kenyan shillings	**Shilingi za Kenya**	sheeleengee za kenʸa
Tanzanian shillings	**Shilingi za Tanzania**	sheeleengee za tanzaneeya
Ugandan shillings	**Shilingi za Uganda**	sheeleengee za ooganda

BANK–CURRENCY, see page 129

What's the exchange rate?	**Ni kiasi gani kubadilisha?**	nee keeyasee ganee koobadeeleesha

Where is...? *Wapi...?*

Where is the...?	**Wapi iko...?**	wapee eeko
booking office	**ofisi ya kufanya buking [ofisi ya kuandikisha]**	ofeesee ya koofanʸa bookeeng [ofeesee ya koowandeekeesha]
duty (tax)-free shop	**duka lisilotoza ushuru**	dooka leeseelotoza ooshooroo
newsstand	**duka la magazeti/ muuza magazeti**	dooka la magazetee/moo-ooza magazetee
restaurant	**mkahawa/hoteli**	mkahawa/hotelee
How do I get to...?	**Vipi nitafika...?**	veepee neetafeeka
Is there a bus into town?	**Liko basi la kuenda mjini?**	leeko basee la kooenda mjeenee
Where can I get a taxi?	**Wapi nitapata teksi?**	wapee neetapata teksee
Where can I hire (rent) a car?	**Wapi naweza kukodi gari?**	wapee naweza kookodee garee

Hotel reservation *Uwekeshaji [Uwandikishaji] wa hoteli*

Do you have a hotel guide (directory)?	**Unayo orodha ya hoteli?**	oonayo oroða ya hotelee
Could you reserve a room for me?	**Unaweza kuniwekeshea chumba?**	oonaweza kooneewekeshea choomba
in the centre	**katikati**	kateekatee
near the railway station	**karibu na stesheni ya reli**	kareeboo na steshenee ya relee
a single room	**chumba cha mtu mmoja**	choomba cha mtoo ᵐmoja
a double room	**chumba cha watu wawili**	choomba cha watoo waweelee
not too expensive	**si cha ghali sana**	see cha ʜhalee sana
Where is the hotel/ guesthouse?	**Iko wapi hoteli/ nyumba ya wageni?**	eeko wapee hotelee/ nʸoomba ya wagenee
Do you have a street map?	**Una ramani ya mitaa?**	oona ramanee ya meetaa

HOTEL/ACCOMMODATION, see page 22

Car hire (rental) *Kukodi [Gari za kukodi]*

At the airport you will find many international car-hire firms, as well as local operators. You will need a current driving licence or international driving licence. In Kenya you must also be over 23 years of age, and have held the licence for two years or more. You will need to take out insurance when you hire the car. In all three countries you drive on the left.

I'd like to hire (rent) a car.	**Nitapenda kukodi gari.**	neetapenda kookodee garee
small	**ndogo**	ndogo
medium-sized	**ya kiasi**	ya keeyasee
large	**kubwa**	koobwa
automatic	**bila gia/automatik**	beela geeya/aootomateek
with 2-wheel/4-wheel drive	**inayotumia nguvu ya magurudumu mawili/manne**	eenayotoomeeya ngoovoo ya magooroodoomoo maweelee/manneh
I'd like it for a day/a week.	**Naitaka kwa siku moja/wiki moja.**	naeetaka kwa seekoo moja/weekee moja
Are there any week-end arrangements?	**Kuna mipango maalumu mwisho wa wiki?**	koona meepango maa-loomoo mweesho wa weekee
Do you have any special rates?	**Kuna malipo maalumu yoyote?**	koona maleepo maa-loomoo yoyoteh
What's the charge per day/week?	**Kiasi gani kwa siku/wiki?**	keeyasee ganee kwa seekoo/weekee
Is mileage included?	**Ni pamoja na maili [masafa]?**	nee pamoja na maeelee [masafa]
What's the charge per kilometre?	**Ni kiasi gani kwa kilomita moja?**	nee keeyasee ganee kwa keelomeeta moja
I'd like to leave the car in...	**Ningependa kuacha gari ndani ya...**	neengependa koowacha garee ndanee ya
I'd like full insurance.	**Ningependa bima kamili.**	neengependa beema kameelee
How much is the deposit?	**Rubuni ni kiasi gani?**	rooboonee nee keeyasee ganee
I have a credit card.	**Nina kadi ya benki.**	neena kadee ya benkee
Here's my driving licence.	**Hii hapa leseni yangu.**	hee-ee hapa lesenee yangoo

CAR, see page 75

Taxi *Teksi*

There are several different types of taxi and few of them have meters, so it's a good idea to check the fare before you get in. Most taxis charge per kilometre. Long-distance taxis also operate. These are often shared and can be booked in advance.

Where can I get a taxi?	**Wapi naweza kupata teksi?**	wapee naweza koopata teksee
Where is the taxi rank (stand)?	**Mahali pa teksi pako wapi?**	mahalee pa teksee pako wapee
Could you get me a taxi?	**Nipatie teksi tafadhali? [Unaweza kunipatia teksi?]**	neepatee-eh teksee tafaðalee [oonaweza kooneepateeya teksee]
What's the fare to...?	**Nauli ni kiasi gani kwenda...?**	naoolee nee keeyasee ganee kwenda
How far is it to...?	**Ni umbali gani kwenda...?**	nee oombalee ganee kwenda
Take me to...	**Nipeleke.... tafadhali.**	neepelekeh.... tafaðalee
this address	**anuwani hii [mahali hapa]**	anoowanee hee-ee [mahalee hapa]
the airport	**uwanja wa ndege**	oowanja wa ndegeh
the town centre/downtown	**mjini [katikati ya mji]**	mjeenee [kateekatee ya mjee]
the... Hotel	**Hotelini...**	hoteleenee
the railway station	**stesheni ya reli [treni]**	steshenee ya relee [trenee]
Turn... at the next corner.	**Pinda [nenda]... kwenye kona ijayo.**	peenda [nenda]... kwen'eh kona eejayo
left/right	**kushoto/kulia**	kooshoto/kooleeya
Go straight ahead.	**Nenda moja kwa moja.**	nenda moja kwa moja
Please stop here.	**Simama hapa tafadhali.**	seemama hapa tafaðalee
I'm in a hurry.	**Nina haraka.**	neena haraka
Could you help me carry my luggage?	**Nisaidie [Unaweza kunisaidia] kubeba mizigo yangu?**	neesaeedee-eh [oonaweza kooneesaeedeeya] koobeba meezeego yangoo
Could you wait for me?	**Ningoje tafadhali? [Unaweza kuningoja?]**	neengojeh tafaðalee [oonaweza kooneengoja?]
I'll be back in 10 minutes.	**Nitarudi baada ya dakika kumi.**	neetaroodee baada ya dakeeka koomee

TIPPING, see inside back-cover

Hotel—Other accommodation

There is a wide range of accomodation available in East Africa, from Western-style luxury hotels to African thatched huts in the game parks. Hotel prices are often considerably discounted in the low season, but at peak times you will need to book well in advance.

Ya hali ya juu [Hoteli kabambe]
(ya halee ya joo-oo [hotelee kabambeh])
Hotel; in the game parks these are usually called "lodges". These vary enormously in price and facilities, from basic furnished rooms with running water to extravagent, de luxe suites.

Hoteli ndogo
(hotelee ndogo)
Motel; while there are very few, they do offer the motorist good accommodation, good food and many other services in a pleasant atmosphere.

Nyumba ya wageni
(n'oomba ya wagenee)
Guest house; normally for a stay of several weeks or even months; offering board according to requirements.

Kijumba chenye vyombo vyote
(keejoomba chen'eh vyombo vyoteh)
Furnished bungalow; usually located near a beach, sometimes also adjoining a large hotel.

Kitanda na chakula cha asubuhi
(keetanda na chakoola cha asooboohee)
"Board and lodging"; look out for signs placed at the roadside by families offering such accommodation. These establishments are not regulated, so standards can vary considerably.

Banda
(banda)
African thatched hut ; providing basic cooking facilities. Generally more suited to the independent traveller, they are often "self-help", requiring you to bring bedding, food and drink.

Hosteli ya vijana
(hostelee ya veejana)
Youth hostel; few and far between, perhaps the best of the youth hostels in the region is on Mount Kenya. Non-members are usually required to join the IYHA first.

Mahali maalumu pa kupiga kambi
(mahalee maaloomoo pa koopeega kambee)
Permanent tented camp; these permanently sited canvas tents are generally well furnished, offering a high degree of cuisine and provide an atmosphere of the old traditional safari.

Can you recommend a hotel/guesthouse?	**Nielekeze hoteli/ nyumba ya wageni?**	nee-elekezeh hotelee/ n'oomba ya wagenee
Are there any flats (apartments) vacant?	**Kuna fleti zilio-tupu?**	koona fletee zeeleeotoopoo

Checking in—Reception *Mapokezi [Kuandikisha]*

My name is...	**Jina langu ni [Mimi ni/Naitwa]...**	jeena langoo nee [meemee nee/naeetwa]
I have a reservation.	**Nimeekesha chumba.**	neemeekesha choomba
We've reserved 2 rooms.	**Tumeekesha vyumba viwili.**	toomeekesha vyoomba veeweelee
Here's the confirmation.	**Thibitisho hili hapa.**	theebeeteesho heelee hapa
Do you have any vacancies?	**Kuna vyumba vitupu?**	koona vyoomba veetoopoo
I'd like a...	**Ningependa...**	neengependa
single room	**chumba cha mtu mmoja**	choomba cha mtoo mmoja
double room	**chumba cha watu wawili**	choomba cha watoo waweelee
We'd like a room...	**Tungependa chumba....**	toongependa choomba
with twin beds	**chenye vitanda viwili**	chen'eh veetanda veeweelee
with a double bed	**chenye kitanda cha watu wawili**	chen'eh keetanda cha watoo waweelee
with a bath	**chenye bafu**	chen'eh bafoo
with a shower	**chenye shawa**	chen'eh shawa
with a balcony	**chenye roshani**	chen'eh roshanee
with a view	**chenye mandhari**	chen'eh manðaree
at the front	**mbele**	'beleh
at the back	**nyuma**	n'ooma
It must be quiet.	**Lazima kiwe kimya.**	lazeema keeweh keemya
Is there...?	**Kuna/Imo...?**	koona/eemo
air conditioning	**eyakandeishan**	eyakandeeshan
a conference room	**chumba cha mkutano**	choomba cha mkootano
a laundry service	**huduma za dobi**	hoodooma za dobee
a private toilet	**choo cha binafsi**	choo cha beenafsee
a radio/television in the room	**redio/televisheni ndani ya chumba**	redeeo/televeeshenee ndanee ya choomba
a swimming pool	**bwawa la kuogelea**	bwawa la koowogelea

CHECKING OUT, see page 31

hot water	**maji ya moto**	majee ya moto
room service	**huduma za chumbani**	hoodooma za choombanee
running water	**maji ya bomba**	majee ya bomba
Could you put an extra bed/a cot in the room?	**Unaweza kuongeza kitanda/kitanda cha mtoto chumbani?**	oonaweza koowongeza keetanda/keetanda cha mtoto choombanee

How much? *Kiasi gani?*

What's the price...?	**Bei gani...?**	be-ee ganee
per week	**kwa wiki [kwa juma]**	kwa weekee [kwa jooma]
for bed and breakfast	**kwa kulala na chakula cha asubuhi**	kwa koolala na chakoola cha asooboohee
excluding meals	**bila chakula**	beela chakoola
for full board (A.P.)	**kulala na chakula cha kutwa nzima**	koolala na chakoola cha kootwa nzeema
for half board (M.A.P.)	**kulala na chakula cha asubuhi na cha usiku tu**	koolala na chakoola cha asooboohee na cha ooseekoo too
Does that include...?	**Hiyo ni pamoja na...?**	heeyo nee pamoja na
breakfast	**chakula cha asubuhi**	chakoola cha asooboohee
service	**huduma**	hoodooma
value-added tax (VAT)	**pamoja na ijara**	pamoja na eejara
Is there any reduction for children?	**Mnapunguza bei kwa watoto?**	mnapoongooza be-ee kwa watoto
Do you charge for the baby?	**Mtoto mchanga analipishwa?**	mtoto mchanga analeepeeshwa
That's too expensive.	**Hiyo ni ghali sana.**	heeyo nee RHalee sana
Do you have anything cheaper?	**Kipo chumba cha rahisi kidogo?**	keepo choomba cha raheesee keedogo

How long? *Muda gani?*

We'll be staying...	**Tutakaa kwa...**	tootakaa kwa
overnight only	**usiku mmoja tu**	ooseekoo mmoja too
a few days	**siku chache**	seekoo chacheh
a week (at least)	**wiki moja (kwa uchache)**	weekee moja (kwa oochache)
I don't know yet.	**Sijui bado.**	seejooee bado

Decision *Uamuzi*

May I see the room?	**Naweza kukiona chumba?**	naweza kookeeona choomba
That's fine. I'll take it.	**Sawa. Nimekikubali.**	sawa. neemekeekoobalee
No. I don't like it.	**Hapana. Sikipendi.**	hapana. seekeependee
It's too...	**Ni... sana.**	nee... sana
cold/hot	**baridi/joto**	bareedee/joto
dark/small	**giza/kidogo**	geeza/keedogo
noisy	**kelele**	keleleh
I asked for a room with a bath.	**Nilitaka chumba chenye bafu.**	neeleetaka choomba chen'eh bafoo
Do you have anything...?	**Una chumba...?**	oona choomba
better	**bora zaidi**	bora zaeedee
bigger	**kikubwa zaidi**	keekoobwa zaeedee
cheaper	**rahisi zaidi**	raheesee zaeedee
quieter	**kimya zaidi**	keemya zaeedee
Do you have a room with a better view?	**Kipo chumba chenye mandhari nzuri zaidi?**	keepo choomba chen'eh manðaree nzooree zaeedee

Registration *Kuandikisha*

Upon arrival at a hotel or guesthouse you'll be asked to fill in a registration form (*maandiskisho*).

Jina kamili	Name
Mji unaotoka/Mtaa/Namba ya nyumba	Home town/Street/Number
Uraiya/Kazi	Nationality/Occupation
Tarehe/Mahali pa kuzaliwa	Date/Place of birth
Unatoka... /Unakwenda...	Coming from... /Going to...
Nambari ya paspoti	Passport number
Mahali/Tarehe	Place/Date
Sahihi [Saini]	Signature

What does this mean?	**Hii ina mana gani?**	hee-ee eena mana ganee

Niangalie paspoti yako, tafadhali [Naweza kuangalia paspoti yako?]	May I see your passport, please?
Tafadhali jaza fomu hii ya kujiandikisha?	Would you mind filling in this registration form?
Tafadhali tia sahihi hapa. [Tafadhali saini hapa.]	Please sign here.
Utakaa kwa muda gani?	How long will you be staying?

What's my room number?	**Chumba changu nambari gani?**	**choo**mba **chan**goo nam**ba**ree **ga**nee
Will you have our luggage sent up?	**Utatuma mizigo yetu juu?**	oota**too**ma mee**zee**go **ye**too joo-oo
Where can I park my car?	**Wapi naweza kuegesha gari yangu?**	**wa**pee na**we**za koo**e**gesha **ga**ree **yan**goo
Does the hotel have a garage?	**Je hoteli ina garaji?**	jeh ho**te**lee **ee**na ga**ra**jee
I'd like to leave this in the hotel safe.	**Nitapenda kuweka hii katika dhamana yenu.**	nee**ta**penda koo**we**ka hee-ee ka**tee**ka ðamana **ye**noo

Hotel staff *Wafanyakazi wa hoteli*

hall porter	**mbebaji mizigo**	ᵐbe**ba**jee mee**zee**go
maid	**mfanyakazi wa kike**	mfanʸa**ka**zee wa **kee**keh
manager	**mkuu wa hoteli [meneja]**	m**koo**-oo wa ho**te**lee [me**ne**ja]
porter	**mchukuzi**	m**choo**koo**zee**
receptionist	**mpokezi**	m**po**ke**zee**
switchboard operator	**opereta [mfanyakazi wa simu]**	ope**re**ta [mfanʸa**ka**zee wa **see**moo]
waiter	**mhudumu wa mkahawani**	m**hoo**doo**moo** wa mka**ha**wanee
waitress	**msaidizi wa mkahawa**	msa**ee**dee**zee** wa mka**ha**wa

The polite way to call for a porter is *mzee!* or *bwana!* The polite way to address waiters is *mzee* or *ndugu*, and for a waitress it is *mama* or *dada*, depending on age.

TELLING THE TIME, see page 153

General requirements *Mahitaji ya yoyote*

The key to room..., please.	**Nipatie ufunguo wa chumba..., tafadhali.**	nee**pa**tee-eh oofoo**ngo**owo wa **choo**mba... tafaðalee
Could you wake me at... please?	**Niamshe saa... tafadhali?**	nee**yam**sheh saa... tafaðalee
When is breakfast/ lunch/dinner served?	**Saa ngapi chakula cha asubuhi/ mchana/usiku hutolewa?**	sa-a **nga**pee **cha**koola cha asoo**boo**hee/m**cha**na/ ooseekoo hoo**to**lewa
Is there a bath on this floor?	**Lipo bafu kwenye ghorofa hii?**	**lee**po **ba**foo **kwen**ʸeh RHo**ro**fa hee-ee
What's the voltage?	**Nguvu ya umeme ni ngapi hapa?**	**ngoo**voo ya **oo**me**me**h nee **nga**pee **ha**pa
Where's the shaver socket (outlet)?	**Ipo wapi plagi ya mashini ya kunyolea?**	**ee**po wa**pee** **pla**gee ya ma**shee**nee ya koonʸ**o**lea
Can you find me a...?	**Unaweza kunipatia?**	oo**na**we**za** koo**nee**pa**tee**ya
babysitter	**mtu wa kuangalia mtoto**	m**too** wa koowanga**lee**ya m**to**to
typewriter	**mpiga mashini [mpiga taipu]**	m**pee**ga ma**shee**nee [m**pee**ga ta**ee**poo]
May I have a/an/ some...?	**Nipatie...tafadhali? [Naweza kupata...?]**	nee**pa**tee-eh ... tafaðalee [na**we**za koo**pa**ta]
ashtray	**eshtrei**	esh**tree**e
bath towel	**taulo ya kuogea**	ta**oo**lo ya koo-o**ge**a
(extra) blanket	**blangeti moja (zaidi)**	blan**ge**tee **mo**ja (za**ee**dee)
envelopes	**bahasha za barua**	ba**ha**sha za ba**roo**wa
(more) hangers	**vitundikia nguo (zaidi)**	vee**too**ndee**kee**ya **ngoo**-o (za**ee**dee)
hot-water bottle	**chupa ya maji ya moto [mfuko wa maji ya moto]**	**choo**pa ya **ma**jee ya **mo**to [m**foo**ko wa **ma**jee ya **mo**to]
ice cubes	**barafu**	ba**ra**foo
needle and thread	**sindano na uzi**	see**n**dano na **oo**zee
(extra) pillow	**mto wa kulalia (zaidi)**	**m**to wa koo**la**lee**ya** (za**ee**dee)
reading lamp	**taa ya kusomea**	taa ya koo**so**mea
soap	**sabuni**	sa**boo**nee
writing paper	**karatasi za kuandikia**	ka**ra**tasee za koowande**kee**ya

BREAKFAST, see page 40

Where's the...?	**Iko wapi...?**	**eeko wapee**
bathroom	**bafu**	**bafoo**
dining-room	**chumba cha kulia**	**choomba** cha **kooleeya**
emergency exit	**mlango wa dharura [mlango wa kutumia wakati wa hatari]**	mlango wa ∂aroora [mlango wa kootoomeeya wakatee wa hataree]
lift (elevator)	**lifti**	**leeftee**
Where are the toilets?	**Choo kiko wapi? [Vyoo viko wapi?]**	choo **keeko** wapee [vyoo **veeko** wapee]

Telephone–Post (mail) *Simu–Barua*

Can you get me Kisumu 123-45-67?	**Unaweza kunipatia Kisumu 123-45-67?**	oonaweza kooneepateeya keesoomoo 123-45-67
Do you have any stamps?	**Unazo stempu? [Unauza stempu?]**	oonazo stempoo [oonaooza stempoo]
Would you post this for me, please?	**Unaweza kunitilia posta, tafadhali?**	oonaweza kooneeteeleeya posta tafa∂alee
Are there any letters for me?	**Kuna barua zangu?**	**koona** baroowa zangoo
How much is my telephone bill?	**Hesabu [Bili] yangu ya simu ni kiasi gani?**	hesaboo [beelee] yangoo ya seemoo nee keeyasee ganee

Difficulties *Tabu [Shida]*

The... doesn't work.	**... haifanyi kazi/... imeharibika.**	... haeefan'ee kazee/... eemehareebeeka
air conditioning	**eyakandishan [kiyoyozi]**	eyakandeeshan [keeyoyozee]
fan	**panka [feni]**	panka [fenee]
heating	**mtambo wa joto**	mtambo wa joto
light	**taa**	taa
radio	**redio**	redeeo
television	**televisheni**	televeeshenee
The tap (faucet) is dripping.	**Bomba linavuja.**	bomba leenavooja
There's no hot water.	**Hakuna maji ya moto.**	hakoona majee ya moto
The washbasin is blocked.	**Beseni limeziba.**	besenee leemezeeba

POST OFFICE AND TELEPHONE, see page 132

The curtains are stuck.	**Mapazia yamenasa.**	mapazeeya yamenasa
The bulb is burned out.	**Globu imeungua.**	**glo**boo eemeoongoowa
My bed hasn't been made up.	**Kitanda changu hakijatandikwa.**	keetanda **changoo** hakeejatandeekwa
The... is broken.	**... imevunjika.**	eemevoonjeeka
blind	**pazia**	pazeeya
lamp	**taa**	ta-a
plug	**plagi**	plagee
shutter	**mbao za dirisha**	"bao za deereesha
switch	**swichi**	**sweechee**
Can you get it repaired?	**Unaweza kuitengeneza?**	oonaweza kooeetengeneza

Laundry–Dry cleaner's *Dobi*

I'd like these clothes...	**Nitapenda nguo hizi...**	neetapenda **ngoo-o** heezee
cleaned	**kufuliwa [kusafishwa]**	koofooleewa [koosafeeshwa]
ironed	**kupigiwa pasi**	koopeegeewa pasee
washed	**kufuliwa**	koofooleewa
When will they be ready?	**Zitakuwa tayari lini?**	zeetakoowa tayaree **leenee**
I need them...	**Ninazihitaji...**	neenazeeheetajee
today	**leo**	**le**-o
tonight	**leo usiku**	**le**-o ooseekoo
tomorrow	**kesho**	**kesho**
before Friday	**kabla ljumaa**	kabla eejoomaa
Can you... this?	**Unaweza... hii?**	oonaweza... hee-ee
mend	**kutengeneza**	kootengeneza
patch	**kutia kiraka**	kooteeya keeraka
stitch	**kushona**	kooshona
Can you sew on this button?	**Unaweza kutia kifungo hiki?**	oonaweza kooteeya keefoongo heekee
Can you get this stain out?	**Unaweza kutoa dowa hili?**	oonaweza kootowa dowa heelee
Is my laundry ready?	**Nguo zangu zishafuliwa?**	**ngoo-o** zangoo zeeshafooleewa
This isn't mine.	**Hii si yangu.**	hee-ee see yangoo
There's something missing.	**Kuna nguo impungua.**	**koona ngoowo** eemepoongoowa
There's a hole in this.	**Kuna tundu humu.**	**koona toondoo hoomoo**

Hairdresser–Barber *Mtegenezaji nywele–Kinyozi*

Is there a hairdresser/ beauty salon in the hotel?	**Lipo kuna duka la kutengeneza nywele/duka la urembo?**	leepo koona dooka la kootengeneza n'weleh/ dooka la oorembo
Can I make an appointment for Thursday?	**Naweza kufanya miadi kwa Alhamisi? [Naweza kuja Alhamisi?]**	naweza koofan'a meeyadee kwa alhameesee [naweza kooja alhameesee]
I'd like a cut and blow dry.	**Ningependa kukata na kuseti nywele.**	neengependa kookata na koosetee n'weleh
I'd like a haircut, please.	**Ningependa kukata nywele, tafadhali.**	neengependa kookata n'weleh tafaðalee
blow-dry	**bloo drai**	bloo draee
colour rinse	**kutia rangi ya muda tu**	kooteeya rangee ya mooda too
dye	**rangi**	rangee
hair gel	**mafuta ya nywele**	mafoota ya n'weleh
manicure	**kutengeneza makucha ya mikono**	kootengeneza makoocha ya meekono
setting lotion	**mafuta ya kuseti nywele**	mafoota ya koosetee n'weleh
shampoo and set with a fringe (bangs)	**kuosha na kuchana ziteremke kwenye kipaji kidogo**	koo-osha na koochana zeeteremkeh kwen'eh keepajee keedogo
I'd like a shampoo for... hair.	**Nitapenda shampuu ya nywele...**	neetapenda shampoo-oo ya n'weleh
normal/dry/greasy (oily)	**za kawaida/kavu/ zenye mafuta**	za kawaeeda/kavoo/zen'eh mafoota
Don't cut it too short.	**Usikate fupi sana.**	ooseekateh foopee sana
A little more off the...	**Kata zaidi kidogo...**	kata zaeedee keedogo
back	**nyuma**	n'ooma
neck	**shingoni**	sheengonee
sides	**pembeni**	pembenee
top	**juu**	joo-oo
I don't want any hairspray.	**sitaki sprei ya nywele.**	seetakee spre-ee ya n'weleh
I'd like a shave.	**Ningependa kunyoa ndevu.**	neengependa koon'owa ndevoo
Would you trim my..., please?	**Unaweza kutengeneza... zangu tafadhali?**	oonaweza kootengeneza... zangoo tafaðalee

DAYS OF THE WEEK, see page 151

beard	**ndevu**	ndevoo
moustache	**masharubu**	masharooboo
sideboards (sideburns)	**nywele za pembeni**	n'weleh za pembenee

Checking out *Malipo*

May I have my bill, please?	**Nipatie hesabu yangu, tafadhali?**	neepatee-eh hesaboo yangoo tafaðalee
I'm leaving early in the morning.	**Nitaondoka asubuhi mapema kesho.**	neetaondoka asooboohee mapema kesho
Please have my bill ready.	**Tafadhali weka hesabu [bili] yangu tayari.**	tafaðalee weka hesaboo [beelee] yangoo tayaree
We'll be checking out around noon.	**Tutaondoka kama sa-a sita mchana.**	tootaondoka kama saa seeta mchana
I must leave at once.	**Lazima niende haraka.**	lazeema nee-endeh haraka
Is everything included?	**Je umetia kila kitu katika hesabu?**	jeh oometeeya keela keetoo kateeka hesaboo
Can I pay by credit card?	**Naweza kulipa kwa kadi ya benki?**	naweza kooleepa kwa kadee ya benkee
I think there's a mistake in the bill.	**Nafikiri kuna kosa katika hesabu.**	nafeekeeree koona kosa kateeka hesaboo
Can you get us a taxi?	**Tupatie teksi tafadhali? [Unaweza kutupatia teksi?]**	toopatee-eh teksee tafaðalee [oonaweza kootoopateeya teksee]
Could you have our luggage brought down?	**Tuletee mizigo yetu chini tafadhali? [Unaweza kutuletea mizigo yetu chini?]**	tooleteeh meezeego yetoo cheenee tafaðalee [oonaweza kootooletea meezeego yetoo cheenee]
Here's the forwarding address.	**Hii ni anwani ya huko niendako.**	hee-ee nee anwanee ya hooko nee-endako
You have my home address.	**Unayo anwani yangu ya nyumbani.**	conayo anwanee yangoo ya n'oombanee
It's been a very enjoyable stay.	**Kwa kweli tumestarehe sana na makaazi yetu.**	kwa kwelee toomestareheh sana na makaazee yetoo

TIPPING, see inside back-cover

Camping *Kupiga kambi*

Camping has become an increasingly popular way of seeing the region in recent years. Camp sites can be booked on the spot or from the town hall. Ask at the local tourist office for a list of sites. Be sure to find a site well before sunset, as it gets dark very rapidly in this part of the world.

Is there a camp site near here?	**Kuna mahali pa kupiga kambi karibu na hapa?**	koona mahalee pa koopeega kambee kareeboo na hapa
Can we camp here?	**Tunaweza kupiga kambi hapa?**	toonaweza koopeega kambee hapa
Do you have room for a tent/caravan (trailer)?	**Ipo nafasi ya kuweka hema/ karavani?**	eepo nafasee ya kooweka hema/karavanee
What's the charge...?	**Malipo ni kiasi gani kwa...?**	maleepo nee keeyasee ganee kwa
per day	**siku moja**	seekoo moja
per person	**mtu mmoja**	mtoo mmoja
for a car	**gari**	garee
for a tent	**hema**	hema
for a caravan (trailer)	**karavani**	karavanee
Is tourist tax included?	**Ni pamoja na ijara ya utalii?**	nee pamoja na eejara ya ootalee-ee
Is there/Are there (a)...?	**Kuna...?**	koona
drinking water	**maji ya kunywa**	majee ya koon^{y}wa
electricity	**umeme**	oomemeh
playground	**uwanja wa kuchezea/michezo**	oowanja wa koochezea/meechezo
restaurant	**mkahawa/hoteli**	mkahawa/hotelee
shopping facilities	**maduka**	madooka
swimming pool	**bwawa la kuogelea**	bwawa la koowogelea
Where are the showers/toilets?	**Wapi mahali pa kuogea/vyoo?**	wapee mahalee pa koowogea/vyoo
Where can I get butane gas?	**Wapi nitapata gesi ya butane?**	wapee neetapata gesee ya bootaneh
Is there a youth hostel near here?	**Iko hosteli ya vijana hapa karibu?**	eeko hostelee ya veejana hapa kareeboo

CAMPING EQUIPMENT, see page 106

Eating out

East Africa has a wide variety of eating and drinking places, ranging from the more familiar Western-style restaurants to more colourful establishments serving local food and drink.

Baa (baa)	Bar which serves drinks and snacks
Baraza (baraza)	Balcony of a café or a front porch of a house, serving hot drinks and sweet snacks. A place where the locals meet to exchange gossip and jokes over tea or coffee.
Mkahawa (mkahawa)	A small café which serves various local dishes and non-alcoholic drinks. You can sit at the counter or at a table and enjoy the recorded local music while you eat.
Vioski (veeoskee)	Serves cooked local dishes, salads and non-alcoholic hot and cold drinks. Usually located in working areas especially in the suburbs.
Baa ya dansi (baa ya dansee)	A dance bar which plays recorded music or has live music in the evening and at weekends. It serves alcoholic and non-alcoholic drinks as well as snacks and light meals. Normally located in the city centre.
Mahali pa mishikaki (mahalee pa meesheekakee)	An open-air eating place serving a variety of roasted meats – beef, lamb or chicken – with spicy sauces. A good place to meet local people.
Mkahawa wa kibaniani (mkahawa wa keebaneeyanee)	An Indian restaurant serving a wide variety of vegetarian dishes using local produce.
Pcarnivro (pcarneevro)	Indoor or outdoor eating place found in Nairobi, serving all sorts of barbecued game, accompanied by dips.

Eating habits *Dasturi za chakula*

Although hotels and most restaurants generally cater for a European style of dining, in homes and in many smaller local

restaurants people still use their fingers for eating. A spoon is generally provided, but you may need to ask for a knife and fork.

Breakfast usually consists of bread and butter, although boiled eggs and omelets are sometimes served. Fresh fruit, too, is often eaten. But beware – tea (*chai*) is often brewed with milk, sugar and cardamon seeds, and coffee (*kahawa*) may be served black, sprinkled with ginger powder!

Lunch is the main meal of the day and may consist of meat or fish, accompanied by vegetable dishes or rice. You will find beef and chicken on the menu throughout the region, but if you are staying near the coast, the local fish and seafood is highly recommended. Beans and sweet potatoes are common, as are cassava, maize and plantains.

Afternoon tea usually consists of tea and cake.

The evening meal is a lighter affair than lunch, and may consist of flat bread or rice fritters. Fish, chicken or vegetable dishes may also be served.

Meal times *Nyakati za chakula*

Breakfast (*chakula cha asubuhi* – cha**koo**la cha asoo**boo**hee) is usually served from 7 a.m. to 9.30 a.m. in restaurants, but in homes between 7 a.m. and 8 a.m.

Lunch (*chakula cha mchana* – cha**koo**la cha m**cha**na) is served in restaurants from noon until 2.30 p.m., in homes between 1 p.m. and 2 p.m.

Afternoon tea (*chai ya alasiri* – chaee ya alaseeree) is served between 3.30 p.m. and 5.30 p.m. in restaurants, but between 4.30 p.m. and 5 p.m. in homes.

Evening meal (*chakula cha usiku* – cha**koo**la cha ooseekoo) is generally served in restaurants from 7 p.m. to 9.30 p.m. but at home between 8 p.m. and 9.30 p.m.

East African cuisine *Mapishi ya Afrika mashariki*

Although many hotels cater for Western tastes, do try the local cuisine, which, in the cities particularly, is an interesting mixture of African, Indian and Arab influences.

The traditional African staples of maize (corn), cassava, plantains, beans and okra feature heavily in East African cooking. However, the Tanzanians in particular tend to be more versatile than the rest of the continent in their use of ingredients.

Inland is a cattle-rearing area and the local beef is recommended. It is often served roasted or barbecued. If you're staying near the coast then don't miss out on the superb fish and seafood – especially lobsters and prawns.

Ungependa kula nini?	What would you like?
Mimi naona bora ule...	I recommend this.
Ungependa kunywa nini?	What would you like to drink?
Hakuna [Hatuna]...	We don't have...
Ungependa...?	Would you like...?

Hungry? *Una njaa?*

I'm hungry/thirsty.	**Nina njaa/Nina kiu.**	**nee**na **n**jaa/**nee**na **kee**oo
Can you recommend a good restaurant?	**Nielekeze mkahawa unaouza chakula kizuri?**	nee-**elekeze**h mkahawa oonaoo**oza** chakoola keezooree
Are there any inexpensive restaurants around here?	**Kuna mikahawa ya rahisi karibu na hapa?**	koona meekahawa ya raheesee kareeboo na hapa

If you want to be sure of getting a table in a well-known restaurant, it may be better to book in advance.

I'd like to reserve a table for 4.	**Nataka kuekesha meza kwa watu wanne, tafadhali.**	nataka kooekesha meza kwa watoo wanneh tafaɑalee
We'll come at 8.	**Tutakuja saa mbili usiku.**	tootakooja saa ᵐbeelee ooseekoo

Could we have a table...?	**Tunaweza kupata meza?**	toonaweza koopata meza
in the corner	**iliyo pembeni**	eeleeyo pembenee
by the window	**karibu na dirisha**	kareeboo na deereesha
outside	**nje**	njeh
on the terrace	**barazani**	barazanee
in a non-smoking area	**kwenye sehemu isiyovutwa sigara**	kwen'eh sehemoo eeseeyovootwa seegara

Asking and ordering *Kuuliza na kuagiza*

Waiter/Waitress!	**Bwana!/Bibi!**	bwana/beebee
I'd like something to eat/drink.	**Nataka chakula/ kinywaji, tafadhali.**	nataka chakoola/ keen'wajee tafaðalee
May I have the menu, please?	**Nipatie orodha ya chakula, tafadhali?**	neepatee-eh oroða ya chakoola tafaðalee
Do you have a set menu/local dishes?	**Iko orodha maalumu ya chakula/ chakula cha kienyeji?**	eeko oroða maaloomoo ya chakoola/chakoola cha kee-en'ejee
What do you recommend?	**Chakula gani unakiona kizuri, niambie?**	chakoola ganee oonakeeona keezooree neeyambee-eh
Do you have anything ready quickly?	**Kiko chakula kiliyo tayari, sasa hivi?**	keeko chakoola keeleeyo tayaree sasa heevee
I'm in a hurry.	**Nina haraka [ninakimbilia]**	neena haraka [neenakeembeeleeya]
I'd like...	**Ningependa...**	neengependa
Could we have a/ an..., please?	**Tupatie [Tunaomba]...**	toopatee-eh [toonaomba]
ashtray	**eshtrei**	eshtre-ee
cup	**kikombe**	keekombeh
fork	**uma**	ooma
glass	**gilasi [bilauli]**	geelasee [beelaoolee]
knife	**kisu**	keesoo
napkin (serviette)	**kitambaa cha kulia**	keetambaa cha kooleeya
plate	**sahani**	sahanee
spoon	**kijiko**	keejeeko
May I have some...?	**Nipatie [Naomba] ..., tafadhali?**	neepatee-eh [naomba]... tafaðalee
bread	**mkate**	mkateh
butter	**siagi**	seeyagee
ketchup	**tomato sosi**	tomato sosee
lemon	**limau**	leemaoo

oil	**mafuta**	mafoota
pepper	**pilipili manga**	peeleepeelee manga
salt	**chumvi**	choomvee
seasoning	**viungo**	veeoongo
sugar	**sukari**	sookaree
vinegar	**siki**	seekee

Special diet *Chakula maaluum*

Some useful expressions for those with special requirements:

I'm on a diet.	**Nafanya dayat.**	nafan'a dayat
I'm vegetarian.	**Nakula vyakula vya mboga mboga.**	nakoola vyakoola vya ᵐboga ᵐboga
I don't drink alcohol.	**Silewi [sitimii pombe].**	seelewee [seeteemee-ee pombeh]
I don't eat meat.	**Sili nyama.**	seelee n'ama
I mustn't eat food containing...	**Nisile chakula chenye...**	neeseeleh chakoola chen'eh
flour/fat	**unga/mafuta**	oonga/mafoota
salt/sugar	**chumvi/sukari**	choomvee/sookaree
Do you have... for diabetics?	**Una... kwa wagonjwa wa kisukari?**	oona kwa wagonjwa wa keesookaree
cakes	**keki**	kekee
fruit juice	**maji [jus] ya matunda**	majee [joos] ya matoonda
a special menu	**chakula maalumu**	chakoola maaloomoo
Do you have any vegetarian dishes?	**Kuna vyakula vya mboga mboga?**	koona vyakoola vya ᵐboga ᵐboga
Could I have... instead of dessert?	**Naweza kupata... badala ya vitamutamu?**	naweza koopata... badala ya veetamootamoo

And...

I'd like some more.	**Ningependa zaidi.**	neengependa zaeedee
Can I have more..., please?	**Nipatie... zaidi, tafadhali?**	neepatee-eh... zaeedee tafaðalee
Just a small portion.	**Kidogo tu.**	keedogo too
Nothing more, thanks.	**Sitaki kitu zaidi, asante.**	seetakee keetoo zaeedee asanteh
Where are the toilets?	**Choo kiko wapi? [Vyoo vi wapi?]**	choo keeko wapee [vyoo vee wapee]

What's on the menu? *Mna chakula gani?*

Under the headings below you'll find alphabetical lists of dishes that might be offered on an East African menu with their English equivalents. You can simply show the book to the waiter. If you want some fruit for example, let *him* point to what's available on the appropriate list. Use pages 36 and 37 for ordering in general.

	Page	
Breakfast	39	**Chakula cha asubuhi**
Snacks	41	**Vitafunio**
Egg dishes	42	**Vyakula vya mayai**
Salads	43	**Saladi**
Soups	43	**Supu**
Fish and seafood	43	**Samaki wa aina mbali mbali**
Meat	47	**Nyama**
Game and poultry	49	**Nyama na kuku**
Vegetables	51	**Mboga**
Pasta	54	**Pasta**
Herbs and spices	54	**Viungo**
Fruit	55	**Matunda**
Desserts—Pastries	57	**Vitamu tamu**
Drinks	58	**Vinywaji**
Beer	58	**Biya**
Wine	59	**Mvinyo**
Local alcoholic beverages	60	**Ulevi**
Non-alcoholic drinks	61	**Vinywaji**
Snacks—Picnic	64	**Vitafunio—Mandari**

Reading the menu *Kusoma oradha ya chakula*

aina moja tu	set menu
kwa kuagiza tu	made to order
spesheli ya leo	dish of the day
spesheli yetu	speciality of the house
... zaidi	... extra

aiskrimu	aeeskreemoo	ice cream
baga	baga	burgers
bia [pombe]	beeya [pombeh]	beer
kuku	kookoo	poultry
matunda	matoonda	fruit
mboga	ᵐboga	vegetables
nyama	nʸama	game
saladi	saladee	salads
samaki	samakee	fish
supu	soopoo	soups
vitamutam	veetamootam	desserts
vyakula vya bahari	vyakoola vya baharee	seafood
vyakula vya mayai	vyakoola vya mayaee	egg dishes

Breakfast *Chakula cha asubuhi*

An East African breakfast consists simply of bread and butter, sometimes beans and tea. However, most hotels also provide an English or American breakfast.

On the coast, soup is a popular breakfast meal. Restaurants will offer "special morning soup", generally made from goat meat.

I'd like breakfast, please.	**Nataka chakula cha asubuhi, tafadhali.**	nataka chakoola cha asoo**boo**hee tafaᵈalee
I'll have a/an/ some...	**Nataka...**	nataka
bacon and eggs	**nyama ya nguruwe na mayai**	nʸama ya ngoo**roo**weh na mayaee
beans	**maharagwe**	maharagweh
boiled egg	**yai la kuchemsha**	yaee la koo**chem**sha
hard/soft	**gumu/laini**	**goo**moo/la**ee**nee
medium	**uji**	**oo**jee
cereal	**la kiasi**	la keeyasee

eggs	**mayai**	mayaee
fried eggs	**ya kukaanga**	ya kooka-anga
scrambled eggs	**ya kuvuruga**	ya koovoorooga
poached eggs	**ya kupika bila**	ya koopeeka beela
omelet	**mfuta kiwanda**	mfoota keewanda
(fruit) juice	**maji (ya matunda)**	majee (ya matoonda)
coconut	**... madafu**	madafoo
grapefruit	**... ya balungi**	ya baloongee
lime	**... ya ndimu**	ya ndeemoo
mango	**... ya embe**	ya embeh
orange	**... ya machu-ngwa**	ya machoongwa
tamarind	**... ya ukwaju**	ya ookwajoo
ham and eggs	**nyama ya nguruwe na mayai**	nʸama ya ngoorooweh na mayaee
jam	**jamu**	jamoo
marmalade	**mamiledi**	mameeledee
omelet	**kimanda/kiwanda**	keemanda/keewanda
toast	**tosti**	tostee
yoghurt	**maziwa ya kuganda/lala**	mazeewa ya kooganda/lala
May I have some...?	**Nipatie [Naomba]... tafadhali?**	neepatee-eh [naomba]... tafaðalee
bread	**mkate**	mkateh
butter	**siagi**	seeyagee
coffee	**kahawa**	kahawa
decaffeinated	**isiyokuwa kali**	eeseeyokoowa kalee
black/with milk	**bila maziwa/na maziwa**	beela mazeewa/na mazeewa
without sugar	**bila sukari**	beela sookaree
with ginger	**na tangawizi**	na tangaweezee
honey	**asali**	asalee
hot chocolate	**chokleti ya ya kunywa**	chokletee ya ya koonʸwa
milk	**maziwa**	mazeewa
cold/hot	**ya baridi/ya moto**	ya bareedee/ya moto
pepper	**pilipili manga**	peeleepeelee manga
rolls	**mikate**	meekateh
salt	**chumvi**	choomvee
tea	**chai**	chaee
with milk	**ya maziwa**	ya mazeewa
with lemon	**na limau**	na leemaoo
without milk	**bila maziwa**	beela mazeewa
lemon grass	**mchaichai**	mchaeechaee
(hot) water	**maji (ya moto)**	majee (ya moto)

Snacks *Vitafunio*

Starters or appetizers are not common in East African cuisine, since dishes are usually brought to the table all at once. However, you will find a wide range of snacks available at the many open-air snack bars. For a further list of items suitable for a picnic, see page 64.

I'd like...	**Nitapenda...**	neetapenda
What would you recommend?	**Wewe unaona nile nini?**	weweh oonaona neeleh neenee
bajia	bajeeya	spiced fried balls made from bean flour
biringani	beereenganee	egg plant
chaza	chaza	oysters
chipsi za muhogo	cheepsee za moohogo	cassava chips
embe	embeh	mango
mbichi	ᵐbeechee	unripe
kaa	kaa	crab meat
kababu	kababoo	meat balls
kamba	kamba	prawns/shrimp/lobster/crayfish
korosho	korosho	cashew nuts
maini ya kuku	maeenee ya kookoo	chicken liver
mayai yaliotokoswa sana	mayaee yaleeotokoswa sana	hard boiled eggs
mayai ya samaki	mayaee ya samaki	caviar
mbatata za urojo	ᵐbatata za oorojo	potatoes in tamarind sauce
mhogo	mhogo	cassava
mhogo wa kuchoma	mhogo wa koochoma	roast cassava
mkate wa kusukuma	mkateh wa koosookooma	fried flat wheat bread
mkunga	mkoonga	eel
mkunga aliokaushwa	mkoonga aleeokaooshwa	dried eel
nyama baridi	nʸama bareedee	cold meat
paja la nguruwe	paja la ngoorooweh	pig's thigh
paja la nguruwe liliotokoswa	paja la ngoorooweh leeleeotokoswa	boiled pig's thigh
samaki tamvu	samakee tamvoo	herring
samaki tamvu na ukwaju	samakee tamvoo na ookwajoo	herring marinated in citrus juice
samaki tamvu waliokaushwa	samakee tamvoo waleeokaooshwa	smoked herring

tikiti maji	teekeetee majee	melon
tini (kavu)	teenee (kavoo)	(dry) figs
uyoga	ooyoga	mushrooms
zeituni	ze-eetoonee	olives
zeituni zenye pilipili	ze-eetoonee zen'eh peeleepeelee	stuffed olives

mkate wa ufuta (mkateh wa oofoota)	flat wheat bread, sprinkled with sesame seeds and baked
mshikaki (msheekakee)	shish kebab; pieces of meat roasted on a skewer and often served in a roll
sambusa (samboosa)	*sambusa* or *samosa* is a triangular, spiced meat/vegetable pastry popular throughout East Africa; on the coast, it's often served with lime

Egg dishes *Vyakula vya mayai*

I'd like an omelet.	**Nataka kiwanda.**	nataka keewanda
kiwanda cha jibini	keewanda cha jeebeenee	cheese omelet
kiwanda cha kamba kamba	keewanda cha kamba kamba	shrimp omelet
kiwanda chenye viungo	keewanda chen'eh veeoongo	spiced omelet
kiwanda na nyanya	keewanda na n'an'a	tomato omelet
mayai ya bata	mayaee ya bata	duck eggs
mayai ya kukaangwa	mayaee ya kookaa-ngwa	fried eggs
mayai ya kuchemshwa	mayaee ya koochemshwa	boiled eggs
mayai ya kuvuruga	mayaee ya koovooroogwa	scrambled eggs
mayai yaliyotokoswa laini	mayaee yaleeyotokoswa laeenee	soft-boiled eggs

mayai mabichi tumboni (mayaee mabeechee toombonee)	unlaid eggs: a rare dish of eggs removed from the hen before they are laid

Salads *Saladi*

What salads do you have?	**Una saladi aina gani?**	oona saladee aeena ganee
Can you recommend a local speciality?	**Unaweza kunifisia saladi ya mahali?**	oonaweza kooneefeeseeya saladee ya mahalee
biringani iliyokaushwa	beereenganee eeleeyokaooshwa	smoked aubergine (eggplant)
nyanya zilizokaushwa na nanaa	n'an'a zeeleezokaooshwa na nanaa	smoked tomato and mint
saladi ya figili	saladee ya feegeelee	lettuce salad
saladi ya majani	saladee ya majanee	green salad
saladi ya mbatata	saladee ya ᵐbatata	potato salad
saladi ya mzizi wa figili	saladee ya mzeezee wa feegeelee	radish salad, with onions and lemon

embe mbichi (embeh ᵐbeechee)	grated green mango, with onions, garlic, pepper and lemon
kachumbari (kachoombaree)	sliced onions and chopped tomatoes, with salt, pepper and lemon juice
matango (matango)	cucumber salad, with onions, tomatoes and lemon juice
nanaa (nanaa)	mint salad (with garlic, black pepper, salt and lemon

Soups *Supu*

Soups are common in hotels, but are less popular in local cuisine. However, you will find "local soup" in the many open-air bars. Made from beef, bones and cartilages, this highly spiced soup goes down very well with beer.

Do you have...?	**Unayo...?**	oonayo
kisusio	keesooseeo	goat meat soup
konsome	konsomeh	consommé
mchuzi mwepesi wa mbonga	mchoozee mwepesee wa ᵐbonga	vegetable soup
mchuzi mwepesi wa ngombe	mchoozee mwepesee wa ngombeh	consommé
mchuzi mzito wa kuku	mchoozee mzeeto wa kookoo	cream of chicken soup

mchuzi mzito wa ngano ya kusagwa	mchoozee mzeeto wa ngano ya koosagwa	semolina soup
mchuzi wa malenge	mchoozee wa malengeh	pumpkin soup
mchuzi wa nazi	mchoozee wa nazee	cream of coconut soup
mchuzi wa ngano	mchoozee wa ngano	barley soup
mchuzi wa nyanya	mchoozee wa n'an'a	tomato soup
mchuzi wa pojo	mchoozee wa pojo	green pea soup
mchuzi wa viazi vya mviringo	mchoozee wa veeyazee vya ᵐveereengo	potato soup
mchuzi wa wali	mchoozee wa walee	cream of rice soup
mtori	mtoree	cream of plantain or banana soup
supu ya raizoni	soopoo ya raeezonee	calf's foot soup
supu ya mafupa	soopoo ya mafoopa	cow bone soup
supu ya kuku	soopoo ya kookoo	chicken soup
supu ya njiwa	soopoo ya njeewa	pigeon soup
supu ya papai	soopoo ya papaee	paw-paw soup

Fish and seafood *Samaki wa aina mbali mbali*

Fish and seafood are plentiful and good in the coastal regions. The shellfish such as lobster and crab is particularly recommended.

Inland, you may come across freshwater fish around Lake Victoria and other large lakes.

I'd like some fish.	**Ningetaka samaki.**	neengetaka samakee
What kind of seafood do you have?	**Mna aina gani ya chakula cha baharini?**	mna aeena ganee ya chakoola cha bahareenee
aina ya kaa	aeena ya kaa	crayfish
changu	changoo	white mackerel
chaza	chaza	oysters
dagaa	dagaa	sardines
jodari	jodaree	salmon
kaa	kaa	crab
kamba	kamba	lobster
kamba kamba	kamba kamba	shrimp
kibuwa	keeboowa	mackerel

kolekole	kolekoleh	trevally (a local game fish)
mkizi	mkeezee	cod
mkunga	mkoonga	eel
mkunga wa kukaushwa	mkoonga wa kookaooshwa	smoked eel
nguru	ngooroo	king fish
nguru wa kukaushwa	ngooroo wa kookaooshwa	smoked king fish
papa	papa	trout
perege	peregeh	herring
peshi	peshee	perch
samoni	samonee	salmon
samoni wa kukaushwa	samonee wa kookaooshwa	smoked salmon
sumbururu	soomboorooroo	tunny (tuna)
tasi	tasee	herring
tilapia	teelapeeya	tilapia (a local salt-water fish)

There are many ways of preparing fish:

baked	**aliyepalizwa**	aleeyepaleezwa
barbecued	**aliyechomwa kwa makaa**	aleeyechomwa kwa makaa
fried	**aliyekaangwa**	aleeyekaangwa
deep fried	**aliyekaangwa mafutani**	aleeyekaangwa mafootanee
grilled	**aliyechomwa**	aleeyechomwa
poached	**aliyechemshwa**	aleeyechemshwa
raw	**mbichi**	ᵐbeechee
smoked	**aliyekaushwa**	aleeyekaooshwa
steamed	**aliyepikwa**	aleeyepeekwa
stewed	**aliyetokoswa**	aleeyetokoswa

Your fish may also be prepared with different ingredients:

bia [pombe]	beeyah [pombeh]	beer
mayai	mayaee	eggs
maziwa	mazeewa	milk
siki	seekee	vinegar
unga	oonga	flour

Fish and seafood specialities *Mapishi spesheli ya samaki*

aina ya kaa wa kuchemshwa	aeena ya kaa wa koochemshwa	local dish of crayfish or lobster
kaa wa kuchemshwa	kaa wa koochemshwa	crab dish with local seasoning
kamba wa kukaanga mafutani	kamba wa kookaanga mafootanee	deep-fried prawns
katlesi	katlesee	fish cutlet
kombe	kombeh	shellfish
mchuzi wa chaza	mchoozee wa chaza	oyster sauce in coconut milk
mchuzi wa kamba	mchoozee wa kamba	lobster/crayfish sauce
mkunga wa kukaanga	mkoonga wa kookaanga	deep-fried eel
ngisi wa kukaanga	ngeesee wa kookaanga	fried squid
pweza mkavu	pweza mkavoo	dried octopus
pweza wa kuchoma	pweza wa koochoma	roast octopus
samaki mkavu	samakee mkavoo	dried fish
samaki wa kukaanga	samakee wa kookaanga	fried fish, often served with chips
samaki wa kukausha	samakee wa kookaoosha	fish stewed or baked with spices
tango ya papa	tango ya papa	dried fish with cucumbers and pickles
tilapia wa kukaangwa mafutani	teelapeeya wa kookaa-ngwa mafootanee	deep-fried tilapia
papa mbichi (papa ᵐbeechee)	sun-dried trout, marinated and served with lemon, raw onions and tomatoes	
samaki wa chukuchuku (samakee wa chookoochookoo)	fish cooked in curry sauce, served with rice	
samaki wa kupaka (samakee wa koopaka)	fish baked in coconut milk with spices. Often served with chapatis or pancakes.	
samaki wa nazi (samakee wa nazee)	coconut fish curry. Made with salmon, tuna or trevally, this creamy curry is a popular dish along the Tanzanian coast, served with boiled or fried rice.	

Meat *Nyama*

The inland part of East Africa is known for its cattle raising and it is well worth seeking out a beef steak. You can order pork in major cities but areas with predominantly Moslem population won't offer it due to religious reasons.

Lamb is popular in the northern part of Kenya as well as throughout Uganda and certain parts of Tanzania.

What kind of meat do you have?	**Aina gani ya nyama unayo?**	aeena ganee ya nʸama oonayo
beef	**nyama ya ngombe**	nʸama ya ngombeh
lamb	**nyama ya kondoo**	nʸama ya kondoo
pork	**nyama ya nguruwe**	nʸama ya ngoorooweh
veal	**nyama ya ndama**	nʸama ya ndama
baga ya bifu	baga ya beefoo	beef burger
baga ya jibini	baga ya jeebeenee	cheese burger
kondoo	kondoo	mutton
mafigo	mafeego	kidneys
mbuzi	ᵐboozee	goat
maini	maeenee	liver
nyama ya kuponda	nʸama ya kooponda	minced meat
nyama ya nguruwe iliyohifadhiwa	nʸama ya ngoorooweh eeleeyoheefaᵭeewa	bacon
paja la nguruwe	paja la ngoorooweh	(smoked) ham
soseji	sosejee	sausage
steki	stekee	steak
steki ya mbuzi	stekee ya ᵐboozee	goat steak
steki ya ngombe	stekee ya ngombeh	beef steak
ubongo	oobongo	brains
ulimi	ooleemee	tongue

baked	**iliyookwa**	eeleeyookwa
barbecued	**iliyochomwa kwa makaa**	eeleeyochomwa kwa makaa
boiled	**iliyochemshwa**	eeleeyochemshwa
braised	**iliyopashwa**	eeleeyopashwa
fried	**iliyokaangwa**	eeleeyokaangwa
grilled	**iliyochomwa**	eeleeyochomwa
roast	**iliyokaushwa**	eeleeyokaooshwa
stewed	**mchuzi**	mchoozee
stuffed	**iliyojazwa**	eeleeyojazwa
underdone (rare)	**iliyoiva kidogo**	eeleeyoeeva keedogo
medium	**ya kuiva kiasi**	ya kooeeva keeyasee
well-done	**iliyoiva sawa sawa**	eeleeyoeeva sawa sawa

East African meat dishes *Vyakula vya nyama vya Afrika mashariki*

kababu	kababoo	meatballs
kima iliyokaangwa	**kee**ma eeleeyo-**kaangwa**	fried minced meat
matumbo	ma**too**mbo	tripe with seasonings
mchuzi wa kima	m**choo**zee wa **kee**ma	curried minced meat
mchuzi wa kondoo	m**choo**zee wa **kon**doo	lamb curry
mshikaki wa maini	msheekakee wa maeenee	liver kebabs
ndama aliyechomwa	**nda**ma aleeyechomwa	roast veal
ngombe aliyechomwa	**ngom**beh aleeyechomwa	roast beef
nyama ya kuponda	**n'a**ma ya koo**pon**da	minced meat
soseji na mkate wa tanuri	sosejee na mkateh wa tanooree	sausage wrapped in a pancake

biriani (beereeanee) — fried meat in a thick sauce of spices, tomatoes and yoghurt, served on a bed of saffron rice

katlesi ya ngombe (katlesee ya ngombeh) — beef fillet covered with hashed brown potatoes

mchicha na nyama (mcheecha na n'ama) — beef and spinach, flavoured with ginger and sweet peppers and served with *ugali*

msanif (msaneef) — small batter pancakes filled with spicy minced meat

mtabak (mtabak) — pie filled with spicy meat, onions and slices of egg

ndizi ya na nyamo (ndeezee ya na n'amo) — a filling stew of diced beef, tomatoes, coconut milk and plantain cubes

pilau (peelaoo) — fried rice mixed with meat and different spices; cummin, cardamom, cinammon, garlic, onions and fresh ginger

sukuma wiki (sookooma weekee) — a stew of leftover meat, onions, sweet peppers and spinach, served with *ugali*, rice or plantain. A popular traditional dish, also available in most Kenyan restaurants.

viazi vya nyama (veeazee vya n'ama) — sweet potatoes cooked in coconut milk and served with chunks of beef

Game and poultry *Nyama na kuku*

Chicken is very often on the menu throughout the region, though its quality can vary. A wide variety of game is also eaten. However, the more exotic dishes may not be available in the westernized restaurants on the coast and in major cities. For a full list of game, see page 86.

I'd like some game/ fowl.	**Ninataka nyama ya mwituni/kanga.**	neenataka n'ama ya mwee mweetoonee/kanga
baga ya kuku	baga ya kookoo	chicken burger
bata	bata	duck
bata mchanga	bata mchanga	duckling
bata mzinga	bata mzeenga	goose
bata mzinga wa kukausha	bata mzeenga wa kookaoosha	roast duck
dikidiki	deekeedeekee	dikdiki (a kind of antelope)
kanga	kanga	guinea fowl
kongoni	kongonee	hartebeest (a kind of antelope)
kuku	kookoo	chicken
kuru	kooroo	waterbuck (a kind of antelope)
maini ya kuku	maeenee ya kookoo	chicken liver
mbuni	m'boonee	pheasant
mguu wa paa	mgoo wa paa	leg of venison
ndege	ndegeh	bird
ndege wa pwani	ndegeh wa pwanee	seagull
nguruwe dume	ngoorooweh doomeh	wild boar
njiwa	njeewa	pigeon
nyati	n'atee	buffalo
paa	paa	venison
pavu la paa	pavoo la paa	venison tenderloin
pofu	pofoo	antelope
pugi	poogee	a kind of pigeon
sungura wa mjini	soongoora wa mjeenee	rabbit
sungura wa pori	soongoora wa poree	hare
swala	swala	impala (a kind of antelope)
tandala mkubwa	tandala mkoobwa	kudu (a kind of antelope)

Game and fowl dishes *Vyakula vya nyama na kuku*

Due to Indian influence, East Africa is renowned for its curry specialities, such as chicken curry (*mchuzi wa kuku*), which is normally prepared with carrots, onions and tomatoes. Genuine curry comprises no less than seventy different spices.

bata wa kukaanga	bata wa kookaanga	fried duck
bata wa kukausha	bata wa kookaoosha	roast duck
bata mzinga wa kukausha	bata mzeenga wa kookaoosha	roast goose
biriani ya kuku	beereeyanee ya kookoo	delicately spiced chicken with rice
kuku aliyejazwa	kookoo aleeyejazwa	baked chicken stuffed with rice
kuku mchanga	kookoo mchanga	spring chicken
kuku na mayai yake	kookoo na mayaee yakeh	roast chicken stuffed with eggs
kuku wa kuchemsha	kookoo wa koochemsha	boiled chicken
kuku wa kuchoma	kookoo wa koochoma	roast chicken
kuku wa kukaanga	kookoo wa kookaanga	fried chicken
kuku wa kupaka	kookoo wa koopaka	chicken cooked in spicy coconut milk
mchuzi wa kuku	mchoozee wa kookoo	chicken curry
njiwa aliyekaangwa	njeewa aleeye kaangwa	fried pigeon
njiwa aliyekaushwa	njeewa aleeyekaooshwa	roast chicken
paa aliyekaangwa	paa aleeyekaangwa	fried venison steaks
pavu la paa	pavoo la paa	venison tenderloin
pilau ya kuku	peelaoo ya kookoo	spicy fried rice with chicken

katlesi ya kuku (katlesee ya kookoo) — breast of chicken covered with hashed brown potatoes

kuku aliyepakwa (kookoo aleeyepakwa) — roast chicken with a sauce of coconut milk, often served with pancakes

Vegetables *Mboga*

Maize (corn) is widely grown in East Africa and forms the basis of *ugali*, a stiff porridge or semolina and a cheap staple part of the diet. It's prepared in such a way that the cook is able to gather a ball of it in his hand, make a hole inside and serve it with a broth or a sauce; sometimes, it's also sliced like cake.

Another prevalent vegetable is *mchicha*, similar to spinach and often used in soups, casseroles, salads and pies or served with *ugali*.

aina ya mzizi	aeena ya mzeezee	turnips
bamiya	bameeya	okra
biringani	beereenganee	aubergine (eggplant)
bitiruti	beeteerootee	beetroot
dengu	dengoo	peas
dodoki	dodokee	pumpkin
hadesi	hadesee	lentils
kabeji	kabejee	cabbage
karoti	karotee	carrots
kaulifulawa	kaooleefoolawa	cauliflower
kiukamba ya tango	keeookamba ya tango	gherkins
liki	leekee	leeks
mahindi	maheendee	corn
mhogo	mhogo	cassava
mtama	mtama	millet
mumunye	moomoonʸeh	vegetable marrow
nyanya za mshumaa	nyanya za mshumaa	green tomatoes
mboga	ᵐboga	spinach
majimbi	majeembee	sweet potatoes (yams)
nyanya	nʸanʸa	tomatoes
tango	tango	cucumber
tungule	toongoole	cherry tomatoes
seleri	seleree	celery
uyoga	ooyoga	mushrooms
viazi vitamu	veeyazee veetamoo	sweet potatoes (yams)
viazi vya kiingereza	veeyazee vya kee-eengereza	potatoes
viazi vyekundu	veeyazee vyekoondoo	radishes
vitunguu	veetoongoo-oo	onions
wali	walee	rice
wanga	wanga	arrowroot

Vegetable dishes *Vyakula vya mboga*

Since meat is rather expensive for the average East African, vegetable dishes form the main constituent of the local diet. This means that there is a wide choice available, particularly in Indian restaurants and small local eating places.

bamiya	bameeya	okra boiled with spices
chipsi za mhogo	cheepsee za mhogo	cassava chips
dodoki la sukari	dodokee la sookaree	pumpkin cooked in coconut milk
kachori ya samaki [nyama]	kachoree ya samakee [n'ama]	cassava dumplings with fish or meat
makopa ya tangawizi	makopa ya tangaweezee	sun-dried cassava cooked with ginger
matoke na achari	matokeh na acharee	cooked green bananas with pickles
matoke na matumbo ya mbuzi	matokeh na matoombo ya ᵐboozee	green bananas cooked with lamb tripe
mbaazi	ᵐbaazi	peas cooked in coconut milk
mchicha wa maji	mcheecha wa majee	boiled spinach
mhogo wa kuchoma na nanaa	mhogo wa koochoma na nanaa	fried cassava with mint
mkono wa tembo	mkono wa tembo	ripe plantain cooked in coconut milk
mseto na samaki	mseto na samakee	mixed rice and lentils with fish
sambusa ya vitunguu	samboosa ya veetoongoo-oo	onion samosas (pastries)
viazi vya kuchemshwa kwa nyanya na nanaa	veeyazee vya koochemshwa kwa n'an'a na nanaa	boiled potatoes with tomatoes and mint
vitumbua	veetoombooa	fritters made from ground rice

Keep a look out for these specialities:

iriyo (eereeyo)	potato, cabbage and beans mashed together, sometimes flavoured with herbs and spices; can be stuffed into vegetables, served by itself or as an addition to fish or meat dishes

kisamvu (keesamvoo)	pounded cassava leaves cooked in coconut milk with onions and spices
maharagwe (maharagweh)	kidney beans cooked with onins and tomatoes
mboga ya kisamvu [mayugwa] (ᵐboga ya keesamvu [mayoogwa])	cassava leaves mixed with tomatoes and cooked in yoghurt
mayugwa (mayoogwa)	yam leaves cooked in coconut milk with onions and spices
mchicha (mchicha)	spinach cooked with onions and tomatoes
mchicha wa nazi (mcheecha wa nazee)	spinach cooked in coconut milk and fried with onions, tomatoes and curry powder
mtori (mtoree)	green bananas or plantains steamed with a touch of oil, cooked with beef
mtoriro (mtoreero)	sweet potato leaves cooked with beans and sardines
sukuma wiki (sookooma weekee)	a kind of cabbage boiled with tripe and spices
ugali [sima] na mtoriro (oogalee [seema] na mtoreero)	cassava and maize meal with yam (sweet potato) leaves

Sauces *Mchuzi*

East African sauces (*mchuzi*) are similar to curries or soups, rather than what we might expect.

mchuzi wa ngombe	mchoozee wa ngombeh	beef sauce
mchuzi wa kuku	mchoozee wa kookoo	chicken sauce
mchuzi wa kamba	mchoozee wa kamba	lobster sauce

Pasta *Pasta*

makaronya	makaron^{y}a	macaroni
mkate wa tambi	mkateh wa tambee	vermicelli cake
tambi	tambee	vermicelli
tambi za kukaanga	tambee za kookaanga	fried vermicelli with sultanas
tambi za mchele	tambee za mcheleh	rice flour vermicelli
tambi za nazi	tambee za nazee	vermicelli in coconut milk with cardamon seeds

Herbs and spices *Viungo*

East Africa is famous for its spices – Zanzibar is the largest producer of cloves in the world. Different kinds of peppers and curry spices are also grown and used widely.

With cold plates, but sometimes also with other dishes, a selection of pickled vegetables and spices are provided – to which you help yourself. However, before heaping them joyfully onto your plate you'd better take just a tiny sample of each first, to make sure they aren't too hot for you . . . and don't overestimate your possibilities.

Mango, lemon, paprika with lemon slices in vinegar, Indian spices (curry, Cayenne pepper, cardimom, dried pepper), cloves, are all known under the generic name of *viungo*.

achari	acharee	mixed pickles
chatne ya embe	chatneh ya embeh	grated coconut and sour-mango chutney
chatne ya karoti na ndimu	chatneh ya karotee na ndeemoo	carrot and lemon chutney
haradali	haradalee	strong local mustard
karafuu	karafoo-oo	cloves
mastadi	mastardee	mustard
mchuzi	mchoozee	curry
pilipili	peeleepeelee	pepper
pilipili isiyokali	peeleepeelee eeseeyokalee	black
pilipili kali	peeleepeelee kalee	chilli
siki	seekee	vinegar
zafarani	zafaranee	saffron

Fruit and nuts *Matunda na njugu mbali mbali*

Fresh fruit is found in abundance throughout East Africa. Take the opportunity to try some of the more exotic varieties.

In Tanzania, fruit is often used to add an exotic taste to dishes. Plantains, which resemble large bananas, are particularly common in cooking but are best not eaten raw.

Do you have any fresh fruit?	**Unayo matunda freshi?**	oonayo matoonda freshee
I'd like very ripe ones.	**Nataka yaliyoiva sana.**	nataka yaleeyoeeva sana
Not too ripe, please.	**Yasiyoiva sana, tafadhali.**	yaseeyoeeva sana tafaðalee
I'd like some sugar, please.	**Nataka sukari pamoja na tunda.**	nataka sookaree pamoja na toonda

aprikoti	apreekotee	apricots
balungi	baloongee	grapefruit
chenza	chenza	tangerine
chungwa	choongwa	orange
doriani	doreeyanee	dorian fruit
embe	embeh	mango
embe za boribo	embeh za boreebo	large mango
embe za kufyonza	embeh za koofyonza	small sweet mango
kangaja	kangaja	clementine
komamanga	komamanga	pomegranate
korosho	korosho	cashews
kunazi	koonazee	jujube fruit
lozi	lozi	almonds
mapera	mapera	guavas
matufaha	matoofaha	Swahili apples
muwa	moowa	sugar cane
nanasi	nanasee	pineapple
nazi	nazee	coconut
ndimu	ndeemoo	lemon
ndimu tamu	ndeemoo tamoo	sweet lemon
njugu karanga	njoogoo karanga	groundnuts
ndizi	ndeezee	banana
njugu nyasa	njoogoo n^{y}asa	peanuts
peya	peya	avocado
strawberi	strawberee	strawberries

tende	tendeh	dates
tikiti	teekeetee	watermelon
tini	teenee	figs
zabibu mbichi	zabeeboo ᵐbeechee	grapes
zabibu nyekundu	zabeeboo nʸekoondoo	sultanas
zambarau	zambaraoo	velvet plums

These are some of the more exotic fruits you may encounter:

dafu (dafoo)	unripe coconut; often sold in streets on the coast, its sweet juice is refreshing in the hot climate and the thin fleshy part can be eaten.
fenesi (fenesee)	jack-fruit (a kind of large melon). Inside the texture is chewy and pleasantly astringent in small doses.
mzuzu (mzoozoo)	plantain; a kind of green-skinned banana. Used green and cooked as a vegetable, their taste resembles that of mashed potatoes.
papai (papaee)	paw paw (papaya) – fairly well known and readily available in the West; large yellow-skinned fruit tasting a little like mango but is more solid.
satafeli (satafelee)	custard apple; contains a tangy, soft interior under a warty hide. They are ripe when they give slightly under the pressure of your thumb.
shelisheli (sheleeshelee)	bread-fruit; usually eaten baked or roasted, it has a texture like bread, as the name suggests.
shokishoki (shokeeshokee)	rambutan; a small fruit with red chunky skin; eat the flesh inside and throw away the pit; juicy and sweet like a lychee.
stafeli (stafelee)	mango-shaped fruit with a hard skin; it is sweet with plenty of seeds inside.
ubuyu (oobooyoo)	baobaob fruit; gourd-like with an edible pulp called monkey bread.

Desserts—Pastries *Vitamu tamu*

In addition to Western desserts served in hotel restaurants, you may be tempted by the local specialities. Some Asian restaurants also serve delicious desserts.

I'd like a dessert, please.	**Tafadhali ningependa chakula cha mwisho.**	tafaðalee neengependa chakoola cha mweesho
What do you recommend?	**Unapendekeza kitu gani?**	oonapendekeza keetoo ganee
Something light, please.	**Kitu chepesi tafadhali.**	keetoo chepesee tafaðalee
Just a small portion.	**Kiasi kidogo tu.**	keeyasee keedogo too
Nothing more, thanks.	**Imetosha, asante.**	eemetosha asanteh

aiskrimu ya embe	aeeskreemoo ya embeh	mango ice cream
aiskrimu ya vanila	aeeskreemoo ya vaneela	vanilla ice cream
barafu ya kirimu	barafoo ya keereemoo	ice-cream
biskuti	beeskootee	biscuits
farne	farneh	ground rice with milk
keki	kekee	cakes
keki ya tunda	kekee ya toonda	apple pie
miksi	meeksee	ice cream with fruit salad
mkate wa kumimina [sinia]	mkateh wa koomeemeena [seeneeya]	rice cake
mkate wa mayai	mkateh wa mayaee	sponge cake
ndizi za kukaanga	ndeezee za kookaanga	fried plantains
pudini	poodeenee	cream caramel
pudini ya mchele	poodeenee ya mcheleh	rice pudding, served with either sugar or jam
tunda ndani ya asali	toonda ndanee ya asalee	fruit in syrup
tunda ndani ya asali na speriti	toonda ndanee ya asalee na spereetee	fruit in syrup laced with liquor
vileja	veeleja	rice biscuits
visheti	veeshetee	sugar-coated pastry

chapati ya ndizi tamu (chapatee ya **ndeezee tamoo**)	fritters made from hot, mashed bananas; common throughout Africa
faluda (**falooda**)	a kind of jelly, made of milk or watter, jelly leaves and cardamom or rose essence
haluwa (**haloowa**)	sweetmeat, similar to Turkish delight, generally eaten with coffee
kaimati (**kaeematee**)	a kind of doughnut rolled in small balls and soaked in syrup
kashata (**kashata**)	swahili fudge made of nuts, almonds or grated coconut
kitumbua (**keetoomboowa**)	oily cakes made of rice flour and palm sap
ndizi tamu za kupika (**ndeezee tamoo za koopeeka**)	sweet bananas cooked in coconut milk; especially good are the large variety, called *mkono wa tembo* (elephant's leg)

Drinks *Vinywaji*

The locals tend to drink beer or spirits with their meals, rather than wine, although tourist hotels obviously cater for Western tastes.

Beer *Biya*

East African beer is excellent and inexpensive. The local brands include *Tusker*, *Premium*, *White Cap* and *Safari*. *Tusker* lager was so named by a brewery founder back in the 1920s in memory of his brother, who was killed by a stampeding elephant.

There are also some local brews (*pombe*), made from less conventional ingredients. In particular, look out for *moshi*, made of millet, maize or banana. These potent tipples can be found in rural villages, rather than cities.

I'd like a (cold) beer.	**Tafadhali nataka bia [pombe] (baridi).**	tafaθalee nataka beeya [pombeh] (bareedee)
local beer	**bia [pombe] ya kienyeji**	beeya [pombeh] ya keeenʸejee
imported beer	**bia [pombe] ya nje**	beeya [pombeh] ya njeh
non-alcoholic beer	**bia isiyo ya kulevya**	beeya eeseeyo ya koolevya
palm-tree beer	**bia ya mnazi**	beeya ya mnazee

KARIBU, TUNYWE
CHEERS

Wine *Mvinyo/Divai*

Many tourist restaurants do serve imported wine, but this very often expensive, and not always kept under the best conditions. There are some locally produced wines, particularly from the area around Dodoma, which you might like to try.

For those of a more adventurous nature, why not try the local wines made with papaya, plantain, pineapple or passion fruit, or even the very potent palm wine.

I would like a bottle of white/red wine.	**Nataka chupa ya divai nyeupe/nyekundu.**	nataka choopa ya deevaee nʸeoopeh/nʸekoondoo
How much is a bottle of...?	**Kima [Kiasi] gani chupa ya...?**	keema [keeyasi] ganee choopa ya
Please bring me another...	**Tafadhali niletee... zaidi.**	tafaθalee neelete-eh... zayeedee
glass/carafe/bottle	**bilauri/jagi/chupa**	beelaooree/jagee/choopa
Where does this wine come from?	**Divai hii imetoka wapi?**	deevaee hee-ee eemetoka wapee
red/white wine	**mvinyo [divai] nyeupe/nyekundu**	ᵐveenʸo [deevaee] nʸeoopeh/nʸekoondoo

Local alcoholic beverages *Ulevi*

There are a few interesting national specialities, including *Kenya Cane* (a kind of rum), *Tanzanian Konyagi* (a kind of brandy) and *Waragi*, a spirit from Uganda. But beware – they can be very strong!

In some banana-growing areas you will also find a kind of banana brandy. For drinking after dinner, you could also try a local coffee liqueur called *Kenya Gold*.

The consumption of certain drinks, such as *chang'aa* (usually made from the fruit of the loofah plant), *kanga* (distilled from local grain and/or vegetables) and *mutukuru* (distilled from maize or wheat), is prohibited in Kenya because of their high alcoholic content.

Are there any local specialities?	**Je, kipo kinywaji cha hapa kwenu?**	jeh keepo keenʸwajee cha hapa kwenoo
Please bring me a bottle of palm-tree toddy.	**Tafadhali niletee chupa ya tembo.**	tafadalee neelete-eh choopa ya tembo
single (shot)	**pegi moja**	pegee moja
double (shot)	**pegi mbili**	pegee ᵐbeelee
glass	**bilauri**	beelaooree
bottle	**chupa**	choopa
Africoco	afreecocoa	liqueur from Tanzania
buzaa (kanga)	booza-a (kanga)	Nubian gin
Kenya Cane	kenʸa cayn	white rum
waragi	waragee	Ugandan brandy

chibuku (cheebookoo)	a drink made from millet (Tanzania)
konyagi (konʸagee)	a kind of brandy made from a mixture of fruit (Tanzania)
tembo (tembo)	literally "elephant": palm-tree toddy, often very hot, due to the spices which are added to it
tende (tendeh)	a strong, fermented drink (contents vary from region to region)

Non-alcoholic drinks *Vinywaji*

Try *sharubati* (milk-coloured sherbet with herbs) or *maziwa ya lozi* (fresh milk with almonds).

fizzy drink (soda)	**soda**	soda
lemonade	**soda ya ndimu**	soda ya ndeemoo
orangeade	**soda ya machungwa**	soda ya machoongwa
fruit juice	**maji ya matunda [jus]**	majee ya matoonda [joos]
grapefruit juice	**maji ya mabalungi**	majee ya mabaloongee
iced tea	**chai baridi**	chaee bareedee
lemon juice	**maji ya ndimu**	majee ya ndeemoo
mango juice	**maji ya maembe**	majee ya maembeh
milk	**maziwa**	mazeewa
orange juice	**maji ya machungwa**	majee ya machoongwa
tomato juice	**maji ya nyanya**	majee ya nʸanʸa
tonic water	**maji ya tonik**	majee ya toneek
maji ya mapeya	majee ya mapeya	avocado juice
maji ya mapera	majee ya mapera	guava juice
maji ya ndimu	majee ya ndeemoo	lime juice
maji ya ukwaju	majee ya ookwajoo	tamarind juice
togwa	togwa	cold millet drink
uji wa kunde	oojee wa koondeh	porridge made from *aduki* beans
uji wa ngano	oojee wa ngano	porridge made from cracked wheat
uji wa tapo	oojee wa tapo	porridge made from *tapo* nuts

Hot beverages *Vinywaji vimoto*

Tea is the national beverage, drunk at breakfast and as refreshment throughout the day: a brew of milk, hot water, tea leaves and lots of sugar.

Kenya has a well-developed coffee industry and its beans are exported all over the world. Amongst coastal people in both Kenya and Tanzania, the Arab influence has made coffee popular. Up country, though, coffee drinking is not common.

(hot) chocolate	**chakleti**	chakletee
coffee	**kahawa**	kahawa
with cream	**kahawa na maziwa mtindi**	kahawa na mazeewa mteendee
espresso coffee	**kahawa ya espresso**	kahawa ya espresso
tea	**chai**	chaee
with milk/lemon	**na maziwa/ndimu**	na mazeewa/ndeemoo
without milk	**chai kavu**	chaee kavoo

Or you may come across:

tangawizi	tangaweezee	hot ginger drink

Complaints *Nung'uniko*

That's not what I ordered.	**Hicho sicho nilichoagiza.**	heecho seecho neeleechowageeza
I asked for...	**Niliomba nipatiwe...**	neeleeomba neepateeweh
May I change this?	**Naweza kubadilisha hii?**	naweza koobadeeleesha hee-ee
The meat is...	**Hyama hii...**	hyama hee-ee
overdone	**imepikwa sana**	eemepeekwa sana
underdone	**imepikwa kidogo**	eemepeekwa keedogo
too rare	**haijapikwa sana**	haeejapeekwa sana
too tough	**ngumu sana**	ngoomoo sana
This is too... bitter/salty/sweet	**Hii ni... sana. kakasi/chungu/tamu mno**	hee-ee nee... sana kakasee/choongoo/tamoo mno
The food is cold.	**Chakula kimepoa.**	chakoola keemepowa
This isn't fresh.	**Hii si safi.**	hee-ee see safee
What's taking you so long?	**Nini kinachokuweka muda wote huo?**	neenee keenachokooweka mooda woteh hoo-oo
Have you forgotten our drinks?	**Vipo wapi vinywaji vyetu?**	veepo wapee veen'wajee vyetoo
This isn't clean.	**Hii si safi.**	hee-ee see safee
Would you ask the head waiter to come over?	**Unaweza kumwita msimamizi wa utumishi aje hapa?**	oonaweza koomweeta mseemameezee wa ootoomeeshee ajeh hapa

The bill (check) *Hesabu*

I'd like to pay.	**Nataka kulipa.**	nataka kooleepa
May I please have the bill (check)?	**Unaweza kunipa jumla ya hesabu?**	oonaweza kooneepa joomla ya hesaboo
We'd like to pay separately.	**Fanya hesabu kila mtu pekee.**	fan'a hesaboo keela mtoo peke-eh
I think there's a mistake in this bill.	**Nafikiri umefanya makosa katika hesabu hii.**	nafeekeeree oomefan'a makosa kateeka hesaboo hee-ee
What's this amount for?	**Jumla hii ni ya kitu gani?**	joomla hee-ee nee ya keetoo ganee
Is service included?	**Je, ni pamoja na malipo ya utumishi?**	jeh nee pamoja na maleepo ya ootoomeeshee
Is the cover charge included?	**Pamoja na malipo ya mwanzo?**	pamoja na maleepo ya mwanzo
Is everything included?	**Hiyo ni jumla vyote?**	heeyo nee joomla vyoteh
Do you accept traveller's cheques?	**Utakubali malipo kwa hawala ya safari?**	ootakoobalee maleepo kwa hawala ya safaree
Do you accept credit cards?	**Unapokea kadi za benki?**	oonapokea kadee za benkee
Thank you, this is for you.	**Asante, na hii kwaajili yako.**	asanteh na hee-ee kwaajeelee yako
Keep the change.	**Chukua hizo zilobakia.**	chookoowa heezo zeelobakeeya
That was delicious.	**Chakula hicho kilikua kizuri sana.**	chakoola heecho keeleekooa keezooree sana
We enjoyed it, thank you.	**Tumefurahi, asante.**	toomefoorahee asanteh

PAMOJA NA UTUMISHI
SERVICE INCLUDED

TIPPING, see inside back-cover

Snacks—Picnic *Vitafunio—Mandari*

I'll have one of those, please.	**Tafadhali nipe ile moja.**	tafaaalee **neepeh eeleh moja**
to the left/right	**kushoto/kulia**	kooshoto/kooleeya

Here's a basic list of food and drink that might come in useful when shopping for a picnic. For traditional East African snacks, found at snack bars throughout the region, see page 41.

I'd like a/an/some...	**Nipe...**	**neepeh**
biscuits (Br.)	**biskuti**	beeskootee
beer	**bia**	**beea**
bread	**mkate**	mkateh
brown bread	**mkate wa ngano nzima**	mkateh wa ngano nzeema
butter	**siagi**	seeagee
candy	**peremende**	peremendeh
canned beef	**nyama ya ng'ombe ya mkebeni**	n'ama ya ng'ombe ya mkebenee
cheese	**jibini**	jeebeenee
chocolate bar	**kipande cha chakleti**	keepandeh cha chakletee
cookies	**biskuti**	beeskootee
ice-cream	**sikirimu**	seekeereemoo
milk	**maziwa**	mazeewa
rolls	**andazi**	andazee
salt	**chumvi**	chumvee
soft drink (soda)	**soda**	soda
sugar	**sukari**	sookaree
toast	**tosti**	tostee

1 kilogram or kilo (kg.) = 1000 grams (g.)

100 g. = 3.5 oz. ½ kg. = 1.1 lb.

200 g. = 7.0 oz. 1 kg. = 2.2 lb.

1 oz. = 28.35 g.

1 lb. = 453.60 g.

1 litre (l.) = 0.88 imp. quarts = 1.06 U.S. quarts

1 imp. quart = 1.14 l. 1 U.S. quart = 0.95 l.

1 imp. gallon = 4.55 l. 1 U.S. gallon = 3.8 l.

Travelling around

There are many package tours to East Africa nowadays, some of which include full safari itineraries, whereas others are based mainly on the coast. For the independent traveller in addition to the regular scheduled flights it is sometimes possible to buy flight-only tickets on holiday charter flights.

Buses are the main form of public transport across most of the region, but some of the main cities are linked by railways or internal flights.

Plane *Ndege*

Internal air services operate on a fairly regular basis across East Africa. Kenya boasts the busiest domestic flight network in Africa, with over 200 scheduled flights a week arriving from 15 destinations.

Is there a flight to Mombasa?	**Kuna [Iko] ndege ya kwenda Mombasa?**	koona [eeko] ndegeh ya kwenda mombasa
Is it a direct flight?	**Iko [Kuna] ndege ya moja kwa moja?**	eeko [koona] ndegeh ya moja kwa moja
When's the next flight to Zanzibar?	**Saa ngapi [Wakati gani] iko ndege nyengine ya kwenda Zanzibar?**	saa ngapee [wakatee ganee] eeko ndegeh n'engeeneh ya kwenda zanzeebar
Is there a connection to Entebbe?	**Iko [Kuna] ndege inayoelekea Entebe?**	eeko [koona] ndegeh eenayoelekea entebeh
I'd like to book a ticket to Kampala.	**Nataka [Ningependa] kuekesha tikti ya kwenda Kampala?**	nataka [neengependa] kooekesha teektee ya kwenda kampala
single (one-way)	**kwenda tu**	kwenda too
return (round trip)	**kwenda na kurudi**	kwenda na kooroodee
business class	**daraja ya pili**	daraja ya peelee
aisle seat	**kiti cha ujiani**	keetee cha oojeeyanee
window seat	**kiti cha dirishani**	keetee cha deereeshanee
What time do we take off?	**Kuruka saa ngapi? [Tutaruka saa ngapi?]**	koorooka saa ngapee [tootarooka saa ngapee]

What time should I check in?	**Saa ngapi nifike uwanja wa ndege? [Saa ngapi kufika kiwanjani?]**	saa ngapee neefeekeh oowanja wa ndegeh [saa ngapee koofeeka keewanjanee]
Is there a bus to the airport?	**Liko basi la [Kuna matatu/daladala] kwenda uwanja wa ndege?**	leeko basee la [koona matatoo/daladala] kwenda oowanja wa ndegeh
What's the flight number?	**Nambari ya flaiti ni ngapi? [Flaiti nambari ngapi?]**	nambaree ya flaeetee nee ngapee [flaeetee nambaree ngapee]
What time do we arrive?	**Saa ngapi tutafika [kufika]?**	saa ngapee tootafeeka [koofeeka]
I'd like to... my reservation.	**Nataka ku... safari yangu.**	nataka koo... safaree yangoo
cancel	**kukensel [kuvunja]**	kookensel [koovoonja]
change	**kubadilisha**	koobadeeleesha
confirm	**kuhakikisha [kuthibitisha]**	koohakeekeesha [kootheebeeteesha]

KUWASILI [KUFIKA] ARRIVAL	KUONDOKA DEPARTURE

Train *Treni*

There are two main railway lines in the region. One links Mombasa on the coast with the inland cities of Nairobi, Kampala and Kasese. The other runs inland across Tanzania, from Dar es Salaam to Dodoma, Tabora and Kigoma.

There is usually a choice of first, second and third class. In Kenya, modern first- and second-class rolling stock provide comfortable accommodation convertible for night travel.

The first class service is good and reasonably priced. The trains are normally well provided with dining cars and sleeping cars, but thefts on trains are common, so keep an eye on your luggage. Time-tables, though, are of variable reliability.

Comparatively low rail fares ensure the popularity of certain routes, which require you to pre-book at least one week in advance by calling the ticket office.

To the railway station *Kwenda stesheni ya reli [treni]*

Where's the railway station?	**Iko wapi stesheni ya reli [treni]?**	eeko wapee steshenee ya relee [trenee]
Taxi!	**Teksi!**	teksee
Take me to the...	**Tafadhali nipeleke...**	tafadalee neepelekeh
main railway station	**kituo kikuu cha reli [steshini kuu ya reli]**	keetoo-o keekoo-oo cha relee [stesheenee koo-oo ya relee]
What's the fare?	**nauli ni kiasi gani?**	naoolee nee keeyasee ganee

KUINGIA	ENTRANCE
KUTOKA	EXIT
MAJUKWA/MAPLETFOM	TO THE PLATFORMS
MAELEZO	INFORMATION

Where's the...? *Iko wapi...?*

Where is/are (the)...?	**Iko wapi...? Ziko wapi...?**	eeko wapee/zeeko wapee
bar	**baa**	baa
booking office	**ofisi ya kuekesha tikti**	ofeesee ya kooekesha teektee
currency exchange office	**ofisi ya kubadilisha [kuvunja] pesa**	ofeesee ya koobadeeleesha [koovoonja] pesa
left-luggage office (baggage check)	**ofisi ya kuweka mizigo**	ofeesee ya kooweka meezeego
lost property (lost and found) office	**ofisi ya mizigo iliyopotea [ofisi ya mizigo iliyoonekana]**	ofeesee ya meezeego eeleeyopotea [ofeesee ya meezeego eeleeyoonekana]
luggage lockers	**makabati ya kuweka mizigo**	makabatee ya kooweka meezeego
newsstand	**mahali pa kununua magazeti**	mahalee pa koonoonoowa magazetee
platform 7	**jukwaa [pletfom] 7**	jookwaa [pletfom] saba

TAXI see page 21

reservations office	**ofisi ya kuekesha tikiti za safari**	ofeesee ya kooekesha teekeetee za safaree
restaurant snack bar	**mkahawa** **mahali wanauza vitafunio [vyakula vidogo vidogo]**	mkahawa mahalee wanaooza veetafoonee-o [vyakoola veedogo veedogo]
ticket office waiting room	**ofisi ya tikti** **chumba cha kungojea [chumba cha kusubiri]**	ofeesee ya teektee choomba cha koongojea [choomba cha koosoobeeree]
Where are the toilets?	**Choo kiko wapi?/ Msalani ni wapi?**	choo keeko wapee/ msalanee nee wapee

Inquiries *Uliza hapa [Maulizo]*

When is the... train to Kasese?	**Saa ngapi [Wakati gani]... treni ya kasese?**	saa ngapee [wakatee ganee]... trenee ya kaseseh
first/last/next	**ya kwanza/ya mwisho/nyengine**	ya kwanza/ya mweesho/ n'engeeneh
What time does the train to Nairobi leave?	**Wakati gani huondoka [Saa ngapi inaondoka] treni ya Nairobi?**	wakatee ganee hoondoka [saa ngapee eenaondoka] trenee ya naeerobee
What's the fare to Dar es Salaam?	**Nauli ya Daresalam ni shilingi ngapi? [Kiasi gani nauli ya Dar?]**	naoolee ya daresalam nee sheeleengee ngapee [keeyasee ganee naoolee ya dar]
Is it a through train?	**Treni hii inakwenda moja kwa moja?**	trenee hee-ee eenakwenda moja kwa moja
Is there a connection to...?	**Hubadilishi mahali...?**	hoobadeeleeshee mahalee
Do I have to change trains?	**Lazima nibadilishe treni?**	lazeema neebadeeleesheh trenee
Is there enough time to change?	**Kuna wakati wa [saa ya] kutosha kubadilisha treni?**	koona wakatee wa [saa ya] kootosha koobadeeleesha trenee
Is the train running on time?	**Treni inakwenda kwa wakati? [Treni inachelewa?]**	trenee eenakwenda kwa wakatee [trenee eenachelewa]
What time does the train arrive in Kigoma?	**Saa ngapi treni itafika Kigoma?**	saa ngapee trenee eetafeeka keegoma

Is there a dining car/ sleeping car on the train?	**Kuna behewa la chakula/behewa la kulala?**	koona behewa la chakoola/ behewa la koolala
Does the train stop in Tabora?	**Treni husimama Tabora?**	trenee hooseemama tabora
I'd like a time-table.	**Nipatie saa za [Nipatie ratiba ya] safari, tafadhali.**	neepateeeh saa za [neepatee-eh rateeba ya] safaree tafadalee

Lazima ubadilishe utapofika...	You have to change at...
Badilisha utapofika... na panda treni nyengine.	Change at... and get a local train.
Jukwaa nambari 7 liko...	Platform 7 is...
kule/juu [panda ngazi]	over there/upstairs
kushoto/kulia	on the left/on the right
Iko treni ya kwenda... saa...	There's a train to... at...
Treni yenu itaondoka kutoka pletfomu nambari nane.	Your train will leave from platform 8.
Itachelewa kwa dakika...	There will be a delay of... minutes.
Klasi [daraja] kwanza iko mbele/ kati kati/nyuma.	First class at the front/in the middle/at the rear.

Tickets *Tikti*

I'd like a ticket to Tabora.	**Nataka tikti ya kwenda Tabora.**	nataka teektee ya kwenda tabora
single (one-way) return (round trip) first/second class half price	**ya kwenda tu** **kwenda na kurudi** **klasi ya kwanza/pili** **nusu bei**	ya kwenda too kwenda na kooroodee klasee ya kwanza/peelee noosoo bee-e

Reservation *Kuekesha tikti*

I'd like to reserve a...	**Nataka kuekesha...**	nataka kooekesha
seat (by the window)	**kiti (karibu na dirisha)**	keetee (kareeboo na deereesha)
berth upper middle lower	**kitanda** **cha juu** **cha kati** **cha chini**	keetanda cha joo-oo cha katee cha cheenee

All aboard *Pandeni nyote*

Is this the right train to Kampala?	**Hii ndiyo treni inayokwenda Kampala?**	hee-ee **ndeeyo trenee** eenayo**kwenda** kampala
Excuse me. Could I get past?	**Samahani, nataka kupita [Hebu nipishe].**	samahanee nataka koopeeta [heboo neepeesheh]
Is this seat taken?	**Kuna mtu kwenye kiti hiki?**	**koona** mtoo **kwen'eh keetee heekee**

WAVUTAO SIGARA
SMOKER

WASIOVUTA SIGARA
NONSMOKER

I think that's my seat.	**Unafikiri hicho ni kiti changu.**	oonafeekeeree **heecho** nee **keetee changoo**
Would you let me know before we get to Jinja?	**Tafadhali niambie kabla kufika Jinja?**	tafa∂alee neeyam**bee-eh kabla koofeeka jeenja**
What station is this?	**Ni stesheni gani hii? [Ni kituo gani hiki?]**	nee **steshenee ganee** hee-ee [nee **keetoo-o ganee heekee**]
How long does the train stop here?	**Kwa muda gani treni husimama hapa?**	kwa **mooda ganee trenee** hooseemama **hapa**
When do we arrive in Nairobi?	**Wakati gani tutafika Nairobi?**	wakatee **ganee tootafeeka** naeerobee

Sleeping *Kulala*

Are there any free compartments in the sleeping car?	**Kuna nafasi kwenye behewa la kulala?**	**koona** nafasee **kwen'eh** behewa la koolala
Where's the sleeping car?	**Liko wapi behewa la kulala?**	**leeko** wapee behewa la koolala
Where's my berth?	**Kitanda changu kiko wapi?**	keetanda changoo **keeko** wapee
I'd like a lower berth.	**Nitapenda kitanda cha chini.**	neetapenda keetanda cha **cheenee**

Would you make up our berths?	**Tafadhali tutandikie kitanda chetu?**	tafa∂alee tootandeekee-eh keetanda **chetoo**
Would you wake me at 7 o'clock?	**Tafadhali niamshe saa moja asubuhi?**	tafa∂alee neeyamsheh saa **moja** asoo**boohee**

Eating *Kula*

There's usually a dining-car on long-distance trains where meals and drinks are available. On many trains, depending on the class, an attendant comes around with snacks, biscuits and soft drinks. However, on certain services restaurant cars can be unpredictable, so it may be advisable to carry your own food.

Where's the dining-car?	**Liko wapi behewa la chakula?**	**leeko** wapee behewa la chakoola

Baggage—Porters *Mizigo–Wachukuzi*

Porter!	**Bwana! [Mzee!]/ Bibi! [Mama!]**	**bwana** [mze-eh]/**beebee** [mama]
Can you help me with my luggage?	**Tafadhali nisaidie mizigo?**	tafa∂alee neesaeedee-eh meezeego
Where are the luggage trolleys (carts)?	**Viko wapi vigari vya kuchukulia mizigo?**	**veeko** wapee veegaree vya koochookooleeya meezeego
Where are the luggage lockers?	**Yako wapi makabati ya mizigo?**	yako wapee makabatee ya meezeego
Where's the left-luggage office (baggage check)?	**Iko wapi ofisi ya kuweka mizigo?**	**eeko** wapee ofeesee ya kooweka meezeego
I'd like to leave my luggage, please.	**Nataka kuweka mizigo yangu, tafadhali.**	**naataka** kooweka meezeego yangoo tafa∂alee
I'd like to register (check) my luggage.	**Nataka kuandikisha mizigo yangu.**	nataka koowandee**keesha** meezeego yangoo

KUANDIKISHA MIZIGO
REGISTERING (CHECKING) BAGGAGE

PORTERS, see also page 18

Coach (long-distance bus) *Basi*

Many bus companies and transport operators run inter-city buses and express passenger saloon car services. These are swift and economic in well-maintained vehicles.

For long-distance coach journeys you need to book in advance in order to reserve a seat.

When's the next coach/matatu to...?	**Wakati gani kuna basi jengine/ matatu nyengine...?**	wakatee ganee koona basee jengeeneh/matatoo n'engeeneh
Does this coach stop at...?	**Basi hili linasimama...?**	basee heelee leenaseemama
Does this coach go to Mount Kilimanjaro?	**Basi hili linakwenda Kilimanjaro?**	basee heelee leenakwenda keeleemanjaro
Where do I change for...?	**Wapi nibadilishe...?**	wapee neebadeeleesheh
How long does the journey (trip) take?	**Safari inachukua masaa mangapi [muda gani?]**	safaree eenachookoowa masaa mangapee [mooda ganee]
Which platform does the coach to the Maasai Mara National Reserve leave from?	**Basi la Masai Mara linaondokea wapi [pletfomu gani]?**	basee la masaee mara leenaondokea wapee [pletfomoo ganee]
Which platform does the coach from Kisumu arrive at?	**Basi kutoka Kisumu linasimama wapi?**	basee kootoka keesoomoo leenaseemama wapee
Is this the right platform for the coach to Lamu?	**Hapa ndipo basi la Lamu linapoondokea?**	hapa ndeepo basee la lamoo leenapoondokea

Note: Most of the phrases on the previous pages can be used or adapted for travelling on local transport.

Bus *Basi*

The bus is the cheapest form of domestic transport. For local journeys you can buy your ticket on the bus. Just give the conductor your destination and he'll tell you the fare. Departure begins once the bus is overcrowded, and the use of bus services between 9.30 a.m. and 3.00 p.m. may have you fighting to get on and off.

Matatus are privately owned adapted mini vans which augment the overstretched bus services. Fares are generally more expensive and they are often poorly maintained and driven at terrifying speeds.

I'd like a booklet of tickets.	**Nataka kijitabu cha tikti.**	nataka keejeetaboo cha teektee
Which bus goes to the town centre?	**Basi gani linakwenda mjini?**	basee ganee leenakwenda mjeenee
Where can I get a bus to the National Museum?	**Wapi nitapata basi la kwenda Makumbusho ya Taifa?**	wapee neetapata basee la kwenda makoomboosho ya taeefa
Which bus do I take to Parliament Square?	**Nipande basi gani kwenda Parliament Square?**	neepandeh basee ganee kwenda parlament skweh
Where's the bus stop?	**Kituo cha basi kiko wapi?**	keetoo-o cha basee keeko wapee
When is the... bus to Machakos?	**Saa ngapi... basi la Machakos?**	saa ngapee... basee la machakos
first/last/next	**la kwanza/ mwisho/lingine [jengine]**	la kwanza/mweesho/ leengeeneh [jengeeneh]
How much is the fare to...?	**Shilingi ngapi [Kiasi gani] nauli...?**	sheeleengee ngapee [keeyasee ganee] naoolee
Do I have to change buses?	**Jee, nibadilishe basi?**	je-eh neebadeeleesheh basee
How many bus stops are there to...?	**Kuna vituo vingapi kabla ya...?**	koona veetoo-o veengapee kabla ya
How often do buses go to Bagamoyo?	**Mara ngapi mabasi huenda Bagamoyo?**	mara ngapee mabasee hooenda bagamoyo
Every 20 minutes.	**Baada ya kila dakika ishirini.**	baada ya keela dakeeka eesheereenee
Will you tell me when to get off?	**Utaniambia wapi niteremke?**	ootaneeyambeeya wapee neeteremkeh
I want to get off at the Aga Khan mosque.	**Nataka kuteremka msikiti wa Agakhan.**	nataka kooteremka mseekeetee wa agakhan

KITUO CHA BASI BUS STOP

Boat service *Safari za meli [boti]*

The are regular coastal services to Zanzibar, Pembu and the Lama islands. Ferries also operate across Lake Victoria. Ask a travel agent for details.

An alternative way of travelling between the islands is by *dhow*, a large sailing-boat typical of this part of Africa.

When does the next boat for Zanzibar leave?	**Meli nyengine ya Zanzibar itaondoka saa ngapi?**	melee n'engeeneh ya zanzeebar eetaondoka saa ngapee
Where's the embarkation point?	**Wapi mahali pa kupandia?**	wapee mahalee pa koopandeeya
How long does the crossing take?	**Muda gani huchukua kuvuka?**	mooda ganee hoochookoowa koovooka
Which port(s) do we stop at?	**Bandari gani tunasimama?**	bandaree ganee toonaseemama
I'd like to take a cruise/ tour of the harbour.	**Ningependa kusafiria meli/kutembelea bandarini.**	neengependa koosafeereeya melee/ kootembelea bandareenee
boat	**meli**	melee
cabin single/double	**kebin/chumba cha mtu moja/ cha watu wa wawili**	kebeen/choomba cha mtoo moja/cha watoo wa waweelee
deck	**deki**	dekee
ferry	**feri [pantoni]**	feree [pantonee]
hydrofoil	**meli ya haidrofoili**	melee ya haeedrofoeelee
life belt/boat	**laif belti/boti**	laeef beltee/botee
port	**bandari**	bandaree
reclining seat	**kiti cha kukunja**	keetee cha kookoonja
river cruise	**matembezi ya mtoni**	matembezee ya mtonee
ship	**meli**	melee
steamer	**stima**	steema

Other means of transport *Usafiri wa aina nyengine*

Hitch-hiking is not the most practical way of getting around in the region, as lifts may be few and far between in some areas.

to hitchhike	**kuomba usafiri [lifti]**	koo-omba oosafeeree [leeftee]
to walk	**kutembea [kwenda] kwa miguu**	kootembea [kwenda] kwa meegoo-oo

Can you give me/us a lift, please?	**Naomba usafiri? [Nisaidie lifti, tafadhali?]**	naomba oosafeeree [neesaeedee-eh leeftee tafaθalee]

Or perhaps you prefer:

cable car	**gari ya kebul**	garee ya kebool
donkey riding	**kupanda punda**	koopanda poonda
helicopter	**helikopta**	heleekopta
horseback riding	**kupanda farasi**	koopanda farasee
moped	**kipikipiki**	keepeekeepeekee
motorbike/scooter	**pikipiki/skuta**	peekeepeekee/skoota
sailing-boat	**boti ya safari**	botee ya safaree

Bicycle hire *Kukodi baskeli*

I'd like to hire a... bicycle.	**Nataka kukodi baskeli...**	nataka kookodee baskelee
5-gear	**5 giya**	tano geeya
mountain	**mlima**	mleema

Car *Gari*

Driving conditions in this part of the world are not good, although roads are being improved all the time. Apart from the main highways, many of the roads are dirt tracks which can quickly turn to mud when it rains.

If you do hire a car, check it over before setting out on a long journey – make sure you have a good spare tyre and a set of tools – as breakdowns in remote areas can be at best inconvenient, at worst dangerous. If you're planning any off-road driving, a four-wheel drive vehicle is the best choice.

In Kenya, motorists drive on the left and overtake (pass) on the right.

In national parks, speed limits are restricted to 20-30 m.p.h so as not to frighten the animals.

Where's the nearest (self-service) filling station?	**Kiko wapi kituo cha karibu cha petroli?**	keeko wapee keetoo-o cha kareeboo cha petrolee
Fill it up, please.	**Jaza, tafadhali.**	jaza tafaθalee

CAR HIRE, see page 20

Give me ... litres of petrol (gasoline).	**Nipatie ... lita za petroli.**	neepatee-eh ... leeta za petrolee
super (premium)/ regular	**ya supa [daraja ya kwanza]/kawaida**	ya soopa [daraja ya kwanza]/kawaeeda
unleaded/diesel	**ambayo haina lead/dizeli**	ambayo haeena led/ deezelee
Please check the ...	**Tafadhali [Hebu] angalia ...**	tafaðalee [heboo] angaleeya
battery	**betri**	betree
brake fluid	**fluid ya breki**	flooeed ya brekee
oil/water	**mafuta/maji**	mafoota/majee
Would you check the tyre pressure?	**Tafadhali pima pumzi ya taya?**	tafaðalee peema poomzee ya taya
1.6 front, 1.8 rear.	**1.6 mbele, 1.8 nyuma**	1.6 ᵐbele 1.8 nʸooma
Please check the spare tyre, too.	**Tafadhali angalia taya ya speya.**	tafaðalee angaleeya taya ya speya
Can you mend this puncture (fix this flat)?	**Tafadhali nifiksiye pancha.**	tafaðalee neefeekseeyeh pancha
Would you change the ... please?	**Tafadhali badilisha ...**	tafaðalee badeeleesha
bulb	**globu**	globoo
fan belt	**fenibelti**	feneebeltee
spark(ing) plugs	**spaki plagi**	spakee plagee
tyre (tire)	**taya/tairi**	taya/taeeree
wipers	**waipa**	waeepa
Would you clean the windscreen (windshield)?	**Tafadhali safisha windiskrini [kiyoo]?**	tafaðalee safeesha weendeeskreenee [keeyoo]

Asking the way—Street directions *Kuuliza njia–Kuelekezwa mtaa*

Can you tell me the way to ...?	**Tafadhali niambie njia ya kwenda ...?**	tafaðalee neeyambee-eh njeeya ya kwenda
In which direction is ...?	**... iko upande gani?**	eeko oopandeh ganee
How do I get to ...?	**Vipi unafika ...?**	veepee oonafeeka
Are we on the right road for ...?	**Hii ndiyo barabara ya kwenda ...?**	hee-ee ndeeyo barabara ya kwenda
How far is the next village?	**Umbali gani kufika kijiji cha pili?**	oombalee ganee koofeeka keejeejee cha peelee
How far is it to ... from here?	**Umbali gani kwenda ... kutoka hapa?**	oombalee ganee kwenda ... kootoka hapa

Is there a motorway (expressway)?	**Iko barabara kuu [kubwa]?**	eeko barabara koo-oo [koobwa]
How long does it take by car/on foot?	**Masaa mangapi kwa gari/kwa miguu?**	masaa mangapee kwa garee/kwa meegoo-oo
Can you tell me where ... is?	**Tafadhali niambie ... iko wapi?**	tafaðalee neeyambee-eh ... eeko wapee
How can I find this place/address?	**Vipi nitafika mahali hapa/anwani hii?**	veepee neetafeeka mahalee hapa/anwanee hee-ee
Where's this?	**Ni wapi hapa? [Tuko wapi?]**	nee wapee hapa [tooko wapee]
Can you show me on the map where I am?	**Hebu nionyeshe niko wapi kwenye ramani hii?**	heboo nee-onʸesheh neeko wapee kwenʸeh ramanee hee-ee
Where are the nearest public toilets?	**Kiko wapi choo cha serikali kilio karibu?**	keeko wapee choo cha sereekalee keeleeo kareeboo

Uko kwenye barabara siyo.	You're on the wrong road.
Nenda moja kwa moja.	Go straight ahead.
Iko kule chini kushoto/kulia.	It's down there on the left/ right.
mbele yako/nyuma yako ...	opposite/behind ...
karibu na .../baada ya ...	next to/after ...
kaskazini/kusini	north/south
mashariki/magharibi	east/west
Nenda kwenye njia panda ya kwanza/ya pili.	Go to the first/second crossroads (intersection).
Pinda kushoto kwenye taa za trafik.	Turn left at the traffic lights.
Nenda kulia kwenye kona ya pili.	Turn right at the next corner.
Nenda njia hii ...	Take the ... road.
Barabara ya upande mmoja.	It's a one-way street.
Lazima urudi nyuma ...	You have to go back to ...
Fuata alama ya Nakuru.	Follow signs for Nakuru.

Parking *Kuegesha gari*

Where can I park?	**Niegeshe wapi gari? [Wapi naweza kuegesha gari?]**	neeegesheh wapee garee [wapee naweza kooegesha garee]
Is there a car park nearby?	**Kuna mahala pa karibu pa kuegesha gari?**	koona mahala pa kareeboo pa kooegesha garee
May I park here?	**Niegeshe gari hapa?**	nee-egesheh garee hapa
How long can I park here?	**Kwa muda gani naweza kuegesha gari hapa?**	kwa mooda ganee naweza kooegesha garee hapa
What's the charge per hour?	**Unalipa shilingi ngapi kwa saa?**	oonaleepa sheeleengee ngapee kwa saa
Do you have some change for the parking meter?	**Una chenji [pesa ndogo ndogo] za kutia kwenye mita?**	oona chenjee [pesa ndogo ndogo] za kooteeya kwenʸeh meeta

Breakdown—Road Assistance *Kuharibika gari*

If you're planning a long-distance car journey, it's well worth contacting the local Automobile Association who will give you useful advice on road conditions, and information on how to obtain help in case of a breakdown.

Where's the nearest garage?	**Gareji ya karibu iko wapi?**	garejee ya kareeboo eeko wapee
My car has broken down.	**Gari yangu imeharibika.**	garee yangoo eemehareebeeka
Where can I make a phone call?	**Wapi ntaweza kupata simu?**	wapee ntaweza koopata seemoo
I've had a breakdown at...	**Gari langu limeharibika...**	garee langoo leemehareebeeka
Can you send a mechanic?	**Tafadhali nipatie fundi [makenika]?**	tafaðalee neepatee-eh foondee [makeneeka]
My car won't start.	**Gari langu halitaki kuingia moto.**	garee langoo haleetakee kooeengeeya moto
The battery is dead.	**Betri imekufa.**	betree eemekoofa
I've run out of petrol (gasoline).	**Petroli imeniishia.**	petrolee eemeneeesheeya

I have a flat tyre.	**Tairi limetoboka.**	taeeree leemetoboka
The engine is overheating.	**Injini inafoka.**	eenjeenee eenafoka
There's something wrong with the...	**Kuna kitu kimeharibika katika...**	koona keetoo keemehareebeeka kateeka
brakes	**breki**	brekee
carburettor	**kabureta**	kabooreta
exhaust pipe	**egsozi paipu**	egsozee paeepoo
radiator	**rediyeta**	redeeyeta
wheel	**gurudumu**	gooroodoomoo
Can you send a break-down van (tow truck)?	**Unaweza kuniletea gari la kukokota?**	oonaweza kooneeletea garee la kookokota
How long will you be?	**Muda gani utachukua kufika?**	mooda ganee ootachookoowa koofeeka
Can you give me an estimate?	**Unaweza kuniambia itafika shilingi ngapi?**	oonaweza kooneeyambeeya eetafeeka sheeleengee ngapee

Accident—Police *Ajali—Polisi*

Please call the police.	**Tafadhali mwite polisi.**	tafaðalee mweeteh poleesee
There's been an accident. It's about 2 km. from...	**Kumetokea ajali. Imetokea kiasi cha kilomita mbili kutoka...**	koometokea ajalee. eemetokea keeyasee cha keelomeeta ᵐbeelee kootoka
Where's there a telephone?	**Simu iko wapi?**	seemoo eeko wapee
Call a doctor/an ambulance quickly.	**Mwite daktari/ambalesi haraka, tafadhali.**	mweeteh daktaree/ambalesee haraka tafaðalee
There are people injured.	**Kuna watu wameumia[wamejeruhiwa].**	koona watoo wameoomeeya [wamejerooheewa]
Here's my driving licence.	**Hii leseni yangu.**	hee-ee lesenee yangoo
What's your name and address?	**Jina lako ni nani/na anwani yako?**	jeena lako nee nanee/na anwanee yako
What's your insurance company?	**Kampuni yako ya bima ni ipi?**	kampoonee yako ya beema nee eepee

Sightseeing

It's a good idea to visit your local tourist office to see if they have any useful maps or information on local attractions. If you want to go on a sightseeing tour or excursion, many hotels will organise these, or call in at a reputable local travel agent.

Where's the tourist office?	**Ofisi ya watalii iko wapi?**	ofeesee ya watalee-ee eeko wapee
What are the main points of interest?	**Mahali gani kuzuri kwa mtu kwenda kutembea?**	mahalee ganee koozooree kwa mtoo kwenda kootembea
We're here for...	**Tuko hapa kwa...**	tooko hapa kwa
only a few hours	**saa chache**	sa-a chache
a day	**siku moja**	seekoo moja
a week	**wiki moja**	weekee moja
Can you recommend a sightseeing tour/an excursion?	**Tafadhali nipatie jina la kampuni ya utaalii?**	tafadalee neepatee-eh jeena la kampoonee ya ootaalee-ee
Where do we leave from?	**Tutaondokea wapi?**	tootaondokea wapee
Will the bus pick us up at the hotel?	**Basi litakuja kutuchukua kutoka hotelini?**	basee leetakooja kootoochookoowa kootoka hoteleenee
How much does the tour cost?	**Kiasi gani malipo ya safari?**	keeyasee ganee maleepo ya safaree
What time does the tour start?	**Saa ngapi safari itaanza?**	saa ngapee safaree eetaanza
Is lunch included?	**Malipo ni pamoja na chakula cha mchana?**	maleepo nee pamoja na chakoola cha mchana
What time do we get back?	**Saa ngapi tutarejea? [Kurudi saa ngapi?]**	saa ngapee tootarejea [kooroodee saa ngapee]
Do we have free time in...?	**Tutakuwa na wakati wetu...?**	tootakoowa na wakatee wetoo
Is there an English-speaking guide?	**Yuko mtu wa kutuongoza anayesema Kizungu [Kiingereza]?**	yooko mtoo wa kootoo-ongoza anayesema keezoongoo [kee-eengereza]
Do I need to hire a ranger/scout?	**Itanilazimu nimkodi mtu wa kutuongoza?**	eetaneelazeemoo neemkodee mtoo wa kootoo-ongoza

Where is/Where are the...?	**Iko/Ziko wapi...?**	eeko/zeeko wapee
aquarium	**tangi la kuweka samaki**	tangee la kooweka samakee
art gallery	**jumba la sanaa**	joomba la sanaa
botanical gardens	**bustani ya mimeya ya kila aina**	boostanee ya meemeya ya keela aeena
building	**jengo [jumba]**	jengo [joomba]
business district	**madukani [sehemu ya biashara]**	madookanee [sehemoo ya beeyashara]
castle	**kasri [jumba la mfalme]**	kasree [joomba la mfalmeh]
cathedral	**kanisa kuu**	kaneesa koo-oo
cave	**pango**	pango
cemetery	**kiunga cha kuzikia [makaburini]**	keeoonga cha koozeekeeya [makabooreenee]
city centre	**mjini**	mjeenee
church	**kanisa**	kaneesa
concert hall	**jumba la muziki**	joomba la moozeekee
court house	**mahakama [korti]**	mahakama [kortee]
cultural centre	**jumba la utamaduni**	joomba la ootamadoonee
downtown area	**mitaani**	meetaanee
exhibition	**maonyesho**	maon'esho
factory	**kiwanda**	keewanda
fair	**maonyesho**	maon'esho
flea market	**soko la mitumba**	soko la meetoomba
fortress	**ngome**	ngomeh
fountain	**chemchem**	chemchem
game sanctuary	**mahali pa kutunza wanyama**	mahalee pa kootoonza wan'ama
gardens	**bustani**	boostanee
harbour	**gati [bandari]**	gatee [bandaree]
library	**maktaba**	maktaba
market	**soko**	soko
monument	**ukumbusho**	ookoomboosho
mosque	**msikiti**	mseekeetee
museum	**makumbusho**	makoomboosho
national park	**bustani**	boostanee
park	**bustani ya kupunga upepo**	boostanee ya koopoonga oopepo
parliament building	**Jengo la bunge**	jengo la boongeh
planetarium	**pleniterium**	pleneetereeoom
presidential palace	**Ikulu [jumba la rais]**	eekooloo [joomba la raees]
royal palace	**kasri la mfalme**	kasree la mfalme
ruins	**magofu**	magofoo

shopping area	**madukani [sehemu ya maduka]**	madookanee [sehemoo ya madooka]
stadium	**uwanja wa michezo [stediyum]**	oowanja wa meechezo [stedeeyoom]
statue	**sanamu**	sanamoo
stock exchange	**soko la fedha**	soko la feda
temple	**hekalu**	hekaloo
tomb	**kaburi**	kabooree
tower	**mnara**	mnara
town hall	**ofisi ya baraza la mji**	ofeesee ya baraza la mjee
university	**chuo kikuu**	choo-o keekoo-oo
zoo	**bustani ya wanyama**	boostanee ya wanʸama

Admission *Kiingilio*

Is... open on Sundays?	**...hufunguliwa Jumapili?**	hoofoongooleewa joomapeelee
What are the opening hours?	**Saa gani hufunguliwa? [Saa za kazi?]**	saa ganee hoofoongooleewa [saa za kazee]
When does it close?	**Saa ngapi hufungwa?**	saa ngapee hoofoongwa
How much is the entrance fee?	**Kiingilio kiasi gani?**	kee-eengeelee-o keeyasee ganee
Is there any reduction for...?	**Iko bei nafuu kwa...?**	eeko be-ee nafoo-oo kwa
children	**watoto**	watoto
disabled	**vilema/walemavu**	veelema/walemavoo
groups	**vikundi**	veekoondee
pensioners	**wazee**	wazee
students	**wanafunzi**	wanafoonzee
Do you have a guidebook (in English)?	**Unacho kitabu cha uwongozi cha Kizungu/Kiingereza?**	oonacho keetaboo cha oowongozee cha keezoongoo/kee-eengereza
Can I buy a catalogue?	**Nataka kununua katalogi?**	nataka koonoonoowa katalogee
Is it all right to take pictures?	**Ni ruhusa kupiga picha?**	nee roohoosa koopeega peecha

KIINGILIO BILA MALIPO [BURE]	ADMISSION FREE
SI RUHUSA KUPIGA PICHA	NO CAMERAS ALLOWED

Who—What—When? *Nani?–Nini?–Lini?*

What's that building?	**Ni jengo [jumba] gani lile?**	nee jengo [joomba] ganee leeleh
Who was the...?	**Nani aliye...?**	nanee aleeyeh
architect	**chora ramani ya majengo [majumba]**	chora ramanee ya majengo [majoomba]
artist	**msanii**	msanee-ee
painter	**mchora picha**	mchora peecha
sculptor	**mchongaji masanamu [vinyago]**	mchongajee masanamoo [veenʸago]
When was it built?	**Lilijengwa [ilijengwa] lini?**	leeleejengwa [eeleejengwa] leenee
Where's the house where... lived?	**Nyumba aliyoishi... iko wapi?**	nʸoomba aleeyoeeshee... eeko wapee
We're interested in...	**Tunapenda...**	toonapenda
antiques	**vitu vya zamani**	veetoo vya zamanee
archaeology	**magofu [athari za kale]**	magofoo [atharee za kaleh]
art	**sanaa**	sanaa
botany	**mambo ya mimea**	mambo ya meemea
ceramics	**vigae vya kila aina**	veegaeh vya keela aeena
coins	**sarafu**	sarafoo
fine arts	**sanaa za kila aina**	sanaa za keela aeena
geology	**sayansi ya mawe udongo na ardhi**	sayansee ya maweh oodongo na ardee
handicrafts	**vitu vilivotengenezwa kwa mkono [sanaa]**	veetoo veeleevotengenezwa kwa mkono [sanaa]
history	**historia**	heestoreeya
music	**muziki [ngoma]**	moozeekee [ngoma]
national costume	**nguo za kitaifa**	ngoo-o za keetaeefa
natural history	**historia ya viumbe/wanyama wa kale**	heestoreeya ya veeoombeh/wanʸama wa kaleh
ornithology	**sayansi ya ndege**	sayansee ya ndegeh
painting	**picha za kuchora**	peecha za koochora
pottery	**ufinyanzi**	oofeenʸanzee
religion	**dini**	deenee
sculpture	**kuchonga vinyago/sanamu**	koochonga veenʸago/sanamoo
wild life	**wanyama pori**	wanʸama poree
wood carving	**vinyago**	veenʸago
zoology	**sayansi ya wanyama**	sayansee ya wanʸama

It's...	**Ni...**	nee
amazing	**inashangaza**	eenashangaza
awful	**mbaya**	ᵐbaya
beautiful	**safi/nzuri**	safee/nzooree
gloomy	**imejiinamia**	eemejee-eenameeya
impressive	**inavutia**	eenavooteeya
interesting	**inapendeza**	eenapendeza
pretty	**nzuri**	nzooree
strange	**ya ajabu**	ya ajaboo
superb	**ya hali ya juu**	ya halee ya joo-oo
terrifying	**inatisha [inaogo-pesha]**	eenateesha [eenaogopesha]
tremendous	**kabambe**	kabambe
ugly	**haipendezi/mbaya**	haeependezeeᵐbaya

Churches—Religious services *Makanisa ibada za kidini*

Roughly half the population of East Africa are Christian, with both Protestant and Catholic traditions more or less equally represented. In the towns, many of the services are conducted in English. Details of church services can be found in the newspaper on Saturdays.

There are large Moslem communities, particularly in the coastal regions, with other faiths also represented in the cities. Inland, especially in the country areas, traditional local religious practices are often followed.

Is there a... near here?	**Liko/Uko... karibu na hapa?**	leeko/ooko... kareeboo na hapa
Catholic church	**kanisa la kikatoliki**	kaneesa la keekatoleekee
Protestant church	**kanisa la kiprotesenti**	kaneesa la keeprotesentee
mosque	**msikiti**	mseekeetee
synagogue	**hekalu la kiyahudi**	hekaloo la keeyahoodee
What time is...?	**... ni saa ngapi?**	nee saa ngapee
mass/the service	**misa/sala**	meesa/sala
Where can I find a... who speaks English?	**Wapi naweza kupata... anayesema Kizungu [Kiingereza]?**	wapee naweza koopata... anayesema keezoongoo [kee-eengereza]
priest/minister/rabbi	**kasisi [fadhai]/rabai**	kaseesee [faðaee]/rabaee
I'd like to visit the church.	**Nataka kutembelea kanisani.**	nataka kootembelea kaneesanee

In the countryside *Mashamba [Mikoani]*

How far is it to...?	**Ni umbali gani kwenda...?**	nee oombalee ganee kwenda
Is it safe to walk there?	**Ni salama kwenda kwa miguu huko? [Ni salama kutembea huko?]**	nee salama kwenda kwa meegoo-oo hooko [nee salama kootembea hooko]
What kind of... is that?	**Ni kitu gani kile...?[Ni nini ile...?]**	nee keetoo ganee keeleh [nee neenee eeleh]
animal/bird	**mnyama/ndege**	mnʸama/ndegeh
flower/tree	**mauwa/mti**	maoowa/mtee

bridge	**daraja**	daraja
cliff	**mlima mdogo**	mleema mdogo
farm	**shamba**	shamba
field	**konde**	konde
footpath	**njia ya miguu**	njeeya ya meegoo-oo
forest	**msitu**	mseetoo
garden	**bustani**	boostanee
hill	**bonde [kilima]**	bondeh [keeleema]
house	**nyumba**	nʸoomba
jungle	**pori**	poree
lake	**ziwa**	zeewa
mountain	**mlima**	mleema
mountain range	**milimani**	meeleemanee
nature reserve	**hifadhi ya mazingira**	heefaðee ya mazeengeera
oasis	**kijiji kati ya jangwa**	keejeejee katee ya jangwa
path	**njia**	njeeya
peak	**kilele**	keeleleh
plantation	**shamba**	shamba
pond	**kidimbwi**	keedeembwee
river	**mto**	mto
road	**barabara**	barabara
savannah	**mbuga**	ᵐbooga
sea	**bahari**	baharee
spring	**chemchem**	chemchem
swamp	**mikoko**	meekoko
track	**njia**	njeeya
village	**kijiji**	keejeejee
volcano	**jabali la volkeno**	jabalee la volkeno
wall	**ukuta**	ookoota
waterfall	**mporomoko wa maji**	mporomoko wa majee
wood	**mbao**	ᵐbao

On safari *Kwenda safari*

Wildlife parks and game reserves are numerous in East Africa and safaris are very popular. Organized trips offer many opportunities for photographing and filming. The independent traveller will require a ticket or permit.

Here is a list of some of the animals you may spot.

antelope	**pofu**	pofoo
baboon	**nyani**	n'anee
boar	**nguruwe dume**	ngoorooweh doomeh
buffalo	**nyati**	n'atee
bushbaby	**kombo**	kombo
cheetah	**duma**	dooma
crocodile	**mamba**	mamba
duck	**bata**	bata
elephant	**tembo [ndovo]**	tembo [ndovo]
flamingo	**korongo**	korongo
gazelle	**swala**	swala
gecko	**mjusi**	mjoosee
giraffe	**twiga**	tweega
hartebeest	**kongoni**	kongonee
hippopotamus	**koboko**	koboko
honey badger	**nyerege**	n'eregeh
hyena	**fisi**	feesee
impala	**swala**	swala
jackal	**mbweha**	m'bweha
kudu	**tandala**	tandala
leopard	**chui**	chooee
lion/lioness	**simba/simba jike**	seemba/seemba jeeke
lizard	**kenge**	kengeh
mongoose	**nguchiro**	ngoocheero
monkey	**nyani**	n'anee
ostrich	**mbuni**	m'boonee
porcupine	**nungunungu**	noongoonoongoo
python	**chatu**	chatoo
rhinoceros	**kifaru**	keefaroo
serval cat	**mondo**	mondo
snake	**nyoka**	n'oka
steinbok	**tondoro**	tondoro
tortoise/turtle	**kobe/kasa**	kobeh/kasa
warthog	**ngiri**	ngeeree
waterbuck	**kuku**	kookoo
wildebeest	**nyumbu**	n'oomboo
wild cat	**paka wa mwitu**	paka wa mweetoo
zebra	**punda milia**	poonda meeleeya

Relaxing

Cinema (movies)—Theatre *Sinema—Thiyeta*

Most films screened in cinemas are in English, though some may be in Swahili with English subtitles. You can find out what's on from newspapers and billboards.

What's on at the cinema tonight?	**Leo wanaonyesha filam [mchezo] gani snema?**	leo wanaon'esha feelam [mchezo] ganee snema
What's playing at the... Theatre?	**Kuna mchezo gani katika thiyeta ya...?**	koona mchezo ganee kateeka theeyeta ya
What sort of play is it?	**Ni mchezo wa aina gani?**	nee mchezo wa aeena ganee
Who's it by?	**Nani kauandika-[kautunga]?**	nanee kaoooandeeka [kaootoonga]
Can you recommend a...?	**Nielekeze...?**	nee-elekezeh
good film (movie)	**filam nzuri**	feelam nzooree
comedy	**mchezo wa kuchekesha**	mchezo wa koochekesha
musical	**mchezo wenye nyimbo**	mchezo wen'eh n'eembo
pantomime	**mchezo wa watoto**	mchezo wa watoto
Is there a pantomime show on somewhere?	**Kuna mchezo wa watoto-popote?**	koona mchezo wa watoto-popoteh
What time does it begin?	**Saa ngapi unaanza?**	saa ngapee oonaanza
Are there any seats for tonight?	**Kuna tikiti zozote kwa leo usiku?**	koona teekeetee zozoteh kwa leo ooseekoo
How much are the seats?	**Kiasi gani tikiti?**	keeyasee ganee teekeetee
I'd like to reserve 2 seats for the show on Friday evening.	**Nataka kuekesha tikti mbili za mchezo wa ljumaa.**	nataka kooekesha teektee m'beelee za mchezo wa eejoomaa
Can I have a ticket for the matinée on Tuesday?	**Nataka tikiti za mchezo wa ljumaa mchana.**	nataka teekeetee za mchezo wa eejoomaa mchana
I'd like a seat in the stalls (orchestra).	**Nataka tikiti ya kukaa sehemu ya chini.**	nataka teekeetee ya kookaa sehemoo ya cheenee
Not too far back.	**Isiwe nyuma sana.**	eeseeweh n'ooma sana

DAYS OF THE WEEK, see page 151

Somewhere in the middle.	**Iwe ya katikati.**	eeweh ya kateekatee
How much are the seats in the circle (mezzanine)?	**Kiasi gani tikti ukitaka kukaa sehemu ya juu?**	keeyasee ganee teektee ookeetaka kookaa sehemoo ya joo-oo
May I have a programme, please?	**Nipatie ratiba [programu] tafadhali?**	neepateeeh rateeba [programoo] tafaðalee
Where's the cloakroom?	**Choo kiko wapi?**	choo keeko wapee

Samahani, tikiti zimekwisha. [Samahani hakuna tikiti kabisa.]	I'm sorry, we're sold out.
Viko viti vichache tu vimebaki sehemu ya juu kabisa.	There are only a few seats left in the circle (mezzanine).
Hebu niangalie tikiti yako.	May I see your ticket?
Hiki ni kiti chako.	This is your seat.

Opera—Concert *Nyimbo na ngoma za kienyeji [utamaduni]*

As you would expect, this kind of entertainment is not common in the region, but is occasionally found in the larger cities.

Can you recommend a(n)...?	**Hebu nielekeze kwenye...?**	heboo nee-elekezeh kwenʸeh
concert	**muziki**	moozeekee
opera	**tarabu**	taraboo
Where's the opera house/the concert hall?	**Wapi wanapiga tarabu/muzik?**	wapee wanapeega taraboo/moozeek
Who's singing/dancing?	**Nani anayeimba/cheza?**	nanee anaye-eemba/cheza
Which orchestra is playing?	**Kikundi gani kinapiga leo?**	keekoondee ganee keenapeega leo
What are they playing?	**Wanatoa mpya gani leo?**	wanatowa mpya ganee leo

Local dances *Ngoma za kienyeji*

Many of the traditional local dances are performed to celebrate special occasions. You may be lucky enough to come across the following.

beni	benee	wedding dance
bomu	bomoo	fancy dress dance prior to the wedding night
unyago	oonʸago	initiation dance for girls
ndege (ndegeh)	umbrella dance; women in colourful outfits, waving matching umbrellas, sing and dance their way round town	
May I photograph you?	**Naweza kukupiga picha?**	naweza kookoopeega peecha

Nightclubs–Discos *Vilabu–Madisko*

Found mainly in the larger cities, nightclubs often feature local professional bands performing Western-style pop music.

Can you recommend a good nightclub?	**Hebu niambie klabu gani nzuri kwenda?**	heboo neeyambee-eh klaboo ganee nzooree kwenda
Is there a floor show?	**Kuna maonyesho leo usiku?**	koona maonʸesho leo ooseekoo
What time does the show start?	**Maonyesho huanza saa ngapi?**	maonʸesho hoowanza saa ngapee
Is evening dress required?	**Lazima kuvaa nguo rasmi?**	lazeema koovaa ngoo-o rasmee
Where can we go dancing?	**Wapi tunaweza kwenda kudansi?**	wapee toonaweza kwenda koodansee
Is there a discotheque in town?	**Kuna disko mjini?**	koona deesko mjeenee
Would you like to dance?	**Utapenda kudansi?**	ootapenda koodansee

Sports *Michezo*

Football is the main spectator sport in this part of the world. Golf and tennis facilities are available at many large hotels.

With many spectacular mountains and hills spread across the region, hill walking is an increasingly popular activity, holding the special attraction of the still untamed gretat outdoors.

Is there a football (soccer) match anywhere this Saturday?	**Kuna mechi ya futboli popote Jumamosi hii?**	koona mechee ya footbolee popoteh joomamosee hee-ee

basketball	**mpira wa mikono**	mpeera wa meekono
boxing	**ndondi**	ndondee
car racing	**mbio za magari**	ᵐbee-o za magaree
cycling	**kuendesha baskeli**	kooendesha baskelee
football (soccer)	**futboli [kandanda]**	footbolee [kandanda]
hill walking	**kutembea kwenye milima**	kootembea kwen'eh meeleema
horse racing	**mashindano ya farasi**	masheendano ya farasee
(horse-back) riding	**kupanda farasi**	koopanda farasee
mountaineering	**kupanda milima**	koopanda meeleema
swimming	**kuogelea**	koo-ogelea
tennis	**kucheza tenis**	koocheza tenees
volleyball	**kucheza voliboli**	koocheza voleebolee

Which teams are playing?	**Timu zipi zinacheza?**	teemoo zeepee zeenacheza
Can you get me a ticket?	**Unaweza kunipatia tikti?**	oonaweza kooneepateeya teektee
What's the admission charge?	**Kiingilio kiasi gani?**	kee-eengeeleeo keeyasee ganee
Where's the nearest golf course?	**Uwanja wa gofu wa karibu uko wapi?**	oowanja wa gofoo wa kareeboo ooko wapee
Where are the tennis courts?	**Uwanja wa tenis uko wapi?**	oowanja wa tenees ooko wapee
What's the charge per...?	**Malipo kiasi gani kwa...?**	maleepo keeyasee ganee kwa
day/round/hour	**siku/duru/saa**	seekoo/dooroo/saa
Can I hire (rent) rackets?	**Naweza kukodi reket?**	naweza kookodee reket
Where's the race course (track)?	**Uwanja wa mshindano uko wapi?**	oowanja wa msheendano ooko wapee
Is there any good fishing/hunting around here?	**Kuna mahali pazuri pa kuvua/kuwinda karibu na hapa?**	koona mahalee pazooree pa koovoowa/kooweenda kareeboo na hapa
Do I need a permit?	**Nahitaji kibali [ruhusa]?**	naheetajee keebalee [roohoosa]
Where can I get one?	**Nitakipata wapi?**	neetakeepata wapee
Can one swim in the lake/river?	**Mtu anaweza kuogelea kwenye ziwa/mto?**	mtoo anaweza koo-ogelea kwen'eh zeewa/mto
Is there a swimming pool here?	**Kuna bwawa la kuogelea hapa?**	koona bwawa la koo-ogelea hapa

Is it open-air or indoor?	**Liko nje au ndani?**	leeko njeh aoo ndanee
Is it heated?	**Maji yake ni ya moto?**	majee yakeh nee ya moto
What's the temperature of the water?	**Maji yake yana umoto gani?**	majee yakeh yana oomoto ganee
Is there a sandy beach?	**Kuna pwani yenye mchanga safi?**	koona pwanee yen'eh mchanga safee

On the beach *Pwani*

The coastal waters are perfect for swimming and watersports. Unlike the inland rivers and lakes, they are largely unpolluted. Snorkelling and scuba-diving is popular on the Kenyan coral reefs – the sharks tend to stay outside the reef! Some resorts also offer water-skiing and windsurfing.

Note that nudity is illegal and topless sunbathing acceptable, possibly, only in the close vicinity of your hotel.

Is it safe to swim here?	**Hakuna hatari kuogelea humo?**	hakoona hataree koo-ogelea hoomo
Is there a lifeguard?	**Yuko mtu wa kukuokoa [kukusaidia] ukizama?**	yooko mtoo wa kookoo-okowa [kookoosaeedeeya] ookeezama
Is it safe (for children)?	**Ni salama kwa watoto?**	nee salama kwa watoto
I want to hire (rent) a/an/ some...	**Nataka kukodi...**	nataka kookodee
bathing hut (cabana)	**kibanda cha kuoga [kabana]**	keebanda cha koo-oga [kabana]
deck chair	**kiti cha kukunja**	keetee cha kookoonja
motorboat	**mataboti**	matabotee
rowing-boat	**ngarawa**	ngarawa
sailing boat	**mashua**	mashoowa
skin-diving equipment	**vifaa vya kuzamia mbizi**	veefaa vya koozameeya ᵐbeezee
sunshade (umbrella)	**mwavuli**	mwavoolee
water-skis	**wota-skis**	wota-skees
windsurfer	**windsufa**	weendsoofa

PWANI YA MTU BINAFSI	PRIVATE BEACH
SI RUHUSA KUOGELEA	NO SWIMMING

Making friends

Introductions *Kujulishana*

On the whole, East Africans are very friendly and easy-going. In the cities people are rather more formal than in the smaller towns and countryside. In the more remote country areas you may find yourself a bit of a curiosity.

May I introduce...?	**Hebu nikujulishe na...?**	heboo neekoojooleesheh na
John, this is...	**Joni, huyu ni...**	jonee hooyoo nee
My name is...	**Jina langu ni [Naitwa]...**	jeena langoo nee [naeetwa]
Pleased to meet you!	**Nimefurahi kukutana nawe!**	neemefoorahee kookootana naweh
What's your name?	**Jina lako nani? [Unaitwaje?]**	jeena lako nanee [oonaeetwajeh]
How are you?	**Hujambo? [Habari gani?]**	hoojambo [habaree ganee]
Fine, thanks. And you?	**Sijambo, wewe? [Nzuri, habari zako/yako?]**	seejambo weweh [nzooree habaree zako/yako]

Follow up *Kuendeleza mazungumzo*

How long have you been here?	**Muda gani mko hapa?**	mooda ganee mko hapa
We've been here a week.	**Tuko hapa wiki sasa.**	tooko hapa weekee sasa
Is this your first visit?	**Hii ni safari yako ya kwanza?**	hee-ee nee safaree yako ya kwanza
No, we came here last year.	**A-a, tulifika mwaka jana.**	a-a tooleefeeka mwaka jana
Are you enjoying your stay?	**Mnastareke? [Mnapapenda?]**	mnastareheh [mnapapenda]
Yes, I like it very much.	**Ndiyo, ninapapenda sana.**	ndeeyo neenapapenda sana
I like the scenery a lot.	**Naipenda sana mandhari ilivyo.**	naeependa sana mandaree eeleevyo
What do you think of the country?	**Unaionaje nchi hii na watu wake?**	oonaee-onajeh nchee hee-ee na watoo wakeh

Where do you come from?	**Unatoka wapi [nchi gani]?**	oonatoka wapee [nchee ganee]
I'm from...	**Natoka...**	natoka
What nationality are you?	**U mwananchi wa wapi wewe?**	oo mwananchee wa wapee weweh
I'm...	**Mimi ni [Miye]...**	meemee nee [meeyeh]
American	**Mmarekani [Mwamerika]**	mmarekanee [mwamereeka]
British	**Raiya wa Uingereza**	raeeya wa ooeengereza
Canadian	**Mkanada**	mkanada
English	**Mwingereza**	mweengereza
Irish	**Mwairish**	mwaeereesh
Where are you staying?	**Umefikia wapi?**	oomefeekeeya wapee
Are you on your own?	**Uko peke yako?**	ooko pekeh yako
I'm with my...	**Niko pamoja na... wangu/yangu.**	neeko pamoja na... wangoo/yangoo
wife	**mke [bibi]**	mkeh [beebee]
husband	**mume [bwana]**	moomeh [bwana]
family	**familia**	fameeleeya
children	**watoto**	watoto
parents	**wazazi**	wazazee
boyfriend/girlfriend	**rafiki yangu**	rafeekee yangoo
father/mother	**baba/mama**	baba/mama
son/daughter	**mtoto/mtoto**	mtoto/mtoto
brother/sister	**kaka/dada**	kaka/dada
uncle/aunt (paternal)	**mjomba/shangazi**	mjomba/shangazee
uncle/aunt (maternal)	**baba mdogo/mama mdogo**	baba mdogo/mama mdogo
nephew/niece	**mtoto wa dada/kaka**	mtoto wa dada/kaka
cousin	**jamaa**	jamaa
Are you married?	**Umeoa/Umeolewa?**	oomeowa/oomeolewa
Are you single?	**Hujaoa/Hujaolewa?**	hoojaowa/hoojaolewa
Do you have children?	**Una watoto?**	oona watoto
What do you do?	**Unafanya kazi gani?**	oonafan'a kazee ganee

COUNTRIES, see page 146

I'm a student.	**(Mimi) mwana-funzi.**	(meemee) mwanafoonzee
What are you studying?	**Unasomea nini?**	oonasomea neenee
I'm here on a business trip/on holiday.	**Niko hapa kwa kazi [biashara]/likizo?**	neeko hapa kwa kazee [beeyashara]/leekeezo
Do you travel a lot?	**Unasafiri sana?**	oonasafeeree sana
Do you play cards/chess?	**Unacheza karata/dama?**	oonacheza karata/dama

The weather *Hali ya hewa*

What a lovely day!	**Leo kuzuri!**	leo koozooree
What awful weather!	**Hali ya hewa mbaya! [Kubaya leo!]**	halee ya hewa ᵐbaya [koobaya leo]
Isn't it cold/hot today?	**Si baridi/joto [moto] leo?**	see bareedee/joto [moto] leo
Is it usually as dusty as this?	**Siku zote huwa vumbi namna hii?**	seekoo zoteh hoowa voombee namna hee-ee
Do you think it's going to... tomorrow?	**Unafikiri itakuwa... kesho?**	oonafeekeeree eetakoowa... kesho
be a nice day	**siku nzuri**	seekoo nzooree
be hot	**joto**	joto
rain	**mvua**	ᵐvoowa
What's the weather forecast?	**Nini utabiri wa hali ya hewa?**	neenee ootabeeree wa halee ya hewa

cloud	**mawingu**	maweengoo
frost	**umande**	oomande
ice	**barafu**	barafoo
lightning	**umeme**	oomemeh
moon	**mwezi**	mwezee
rain	**mvua**	ᵐvoowa
long rains	**mvua kali [masika]**	ᵐvoowa kalee [maseeka]
short rains	**mvua kidogo [vuli]**	ᵐvoowa keedogo [voolee]
sky	**mbingu**	ᵐbeengoo
star	**nyota**	nʸota
sun	**jua**	joowa
thunder	**radi**	radee
thunderstorm	**dharuba**	darooba
wind	**upepo**	oopepo

Invitations *Mialiko [Kualikwa]*

Would you like to have dinner with us on...?	**Karibu kwetu kwa chakula cha usiku...?**	kareeboo kwetoo kwa chakoola cha ooseekoo
May I invite you to lunch?	**Nakualika chakula cha mchana?**	nakoowaleeka chakoola cha mchana
Can you come round for a drink this evening?	**Utaweza kuja nyumbani leo usiku tujiburudishe?**	ootaweza kooja nʸoombanee leo ooseekoo toojeeboorooodeesheh
There's a party. Are you coming?	**Kuna karamu [pati]. Utaweza kuja?**	koona karamoo [patee]. ootaweza kooja
That's very kind of you.	**Asante sana. [Nakushukuru.]**	asanteh sana [nakooshookooroo]
Great. I'd love to come.	**Uzuri, ntapenda sana kuja.**	oozooree ntapenda sana kooja
What time shall we come?	**Saa ngapi tuje?**	saa ngapee toojeh
May I bring a friend?	**Ni sawa nikija na rafiki yangu?**	nee sawa neekeeja na rafeekee yangoo
I'm afraid we have to leave now.	**Samahani lazima twende sasa hivi.**	samahanee lazeema twendeh sasa heevee
Next time you must come to visit us.	**Lazima ututembelee mara nyingine.**	lazeema ootootembele-eh mara nʸeengeeneh
Thanks for the evening. It was great.	**Asante sana. Tumefurahi sana.**	asanteh sana. toomefoorahee sana

Dating *Kupangana*

Do you mind if I smoke?	**Ni Sawa nikivuta sigara? [Hujali nikivuta sigara?]**	nee sawa neekeevoota seegara [hoojalee neekeevoota seegara]
Would you like a cigarette?	**Utapenda sigara?**	ootapenda seegara
Do you have a light, please?	**Unacho kibiritri, kwa hisani yako?**	oonacho keebeereetree kwa heesanee yako
Why are you laughing?	**Mbona unacheka? [Unacheka nini?]**	ᵐbona oonacheka [oonacheka neenee]
Is my Swahili that bad?	**Hivi kiswahili changu kibaya hivyo?**	heevee keeswaheelee changoo keebaya heevyo

DAYS OF THE WEEK, see page 151

Do you mind if I sit here?	**Ni sawa nikikaa hapa?**	nee sawa neekeekaa hapa
Can I get you a drink?	**Nikupatie kinywaji?**	neekoopatee-eh keenʸwajee
Are you waiting for someone?	**Unamngoja [Unamsubiri] mtu?**	oonamngoja [oonamsoobeeree] mtoo
Are you free this evening?	**Una nafasi [Unafanya nini] leo jioni?**	oona nafasee [oonafanʸa neenee] leo jee-onee
Would you like to go out with me tonight?	**Utapenda tutoke pamoja leo usiku?**	ootapenda tootokeh pamoja leo ooseekoo
Would you like to go dancing?	**Utapenda kwenda kwenye dansa?**	ootapenda kwenda kwenʸeh dansa
I know a good discotheque.	**Nakujua kwenye disko zuri.**	nakoojoowa kwenʸeh deesko zooree
Shall we go to the cinema (movies)?	**Twende snema?**	twendeh snema
Would you like to go for a drive?	**Utapenda kweda kutembea kwa gari?**	ootapenda kweda kootembea kwa garee
Where shall we meet?	**Tukutane wapi?**	tookootaneh wapee
I'll pick you up at your hotel.	**Nitakupitia hoteli.**	neetakoopeeteeya hotelee
I'll call for you at 8.	**Nitakupigia simu saa mbili usiku.**	neetakoopeegeeya seemoo saa ᵐbeelee ooseekoo
May I take you home?	**Nikupeleke nyumbani?**	neekoopelekeh nʸoombanee
Can I see you again tomorrow?	**Tunaweza kukutana tena, kesho?**	toonaweza kookootana tena kesho
I hope we'll meet again.	**Natumai tutakutana tena.**	natoomaee tootakootana tena

. . .and you might answer:

I'd love to, thank you.	**Nitafurahi, asante.**	neetafoorahee asanteh
Thank you, but I'm busy.	**Asante, sina nafasi. [nina kazi]**	asanteh seena nafasee [neena kazee]
No, I'm not interested, thank you.	**A-a, sitapendelea, asante.**	a-a seetapendelea asanteh
Leave me alone, please!	**Usinisumbue, tafadhali!**	ooseeneesoombooeh tafaðalee
Thank you, it's been a wonderful evening.	**Asante, nimefurahi sana jioni hii.**	asanteh neemefoorahee sana jee-onee hee-ee
I've enjoyed myself.	**Nimestarehe.**	neemestareheh

Shopping Guide

This shopping guide is designed to help you find what you want with ease, accuracy and speed. It features:

1. A list of all major shops, stores and services (p.98).
2. Some general expressions required when shopping to allow you to be specific and selective (p.100).
3. Full details of the shops and services most likely to concern you. Here you'll find advice, alphabetical lists of items and conversion charts listed under the headings below.

		Page
Bookshop/ Stationer's	books, magazines, newspapers, stationery	104
Camping and sports equipment	useful items for camping and other leisure activities	106
Chemist's (drugstore)	medicine, first-aid, cosmetics, toilet articles	107
Clothing	clothes and accessories, shoes	111
Electrical appliances	radios, cassette recorders, shavers	118
Grocery	some general expressions, weights, measures and packaging	119
Household articles	useful items for the house: tools, crockery, cutlery	120
Jeweller's/ Watchmaker's	jewellery, watches, watch repairs	121
Optician	glasses, lenses, binoculars	123
Photography	cameras, films, developing, accessories	124
Tobacconist's	smoker's supplies	126
Miscellaneous	souvenirs, records, cassettes, toys	127

LAUNDRY, see page 29/HAIRDRESSER'S, see page 30

Shops, stores and services *Aina ya maduka na huduma zake*

Smaller shops are usually open from around 8.30. a.m. to 8.00 p.m., often closing for lunch between noon and 3.00 p.m. Larger stores in the cities normally stay open at lunch time. All shops are open on Saturdays until 2.00 p.m., but very few shops open on Sundays.

The outdoor markets are well worth a visit, and here haggling over prices is expected. Bargaining can well bring prices down by at least half. However, marked prices generally indicate that prices are fixed—*bei moja*.

Where's the nearest...?	**... ya [la] karibu liko [iko] wapi?**	ya [la] kareeboo leeko [eeko] wapee
antique shop	**duka la vitu vya kizamani**	dooka la veetoo vya keezamanee
art gallery	**jumba la sanaa**	joomba la sanaa
baker's	**duka la mikate**	dooka la meekateh
bank	**benki**	benkee
barber's	**kinyozi**	keen'ozee
beauty salon	**duka la urembo wa kike**	dooka la oorembo wa keekeh
bookshop	**duka la vitabu**	dooka la veetaboo
butcher's	**duka la nyama**	dooka la n'ama
camera shop	**duka la kamera**	dooka la kamera
chemist's	**duka la dawa**	dooka la dawa
dairy	**duka la maziwa**	dooka la mazeewa
dentist	**daktari wa meno**	daktaree wa meno
department store	**duka kubwa [dipatment stoo]**	dooka koobwa [deepatment sto-o]
drugstore	**duka la dawa**	dooka la dawa
dry cleaner's	**dobi**	dobee
fishmonger's	**duka la samaki**	dooka la samakee
florist's	**duka la mauwa**	dooka la maoowa
furrier's	**duka la vitu vya manyoya**	dooka la veetoo vya man'oya
greengrocer's	**duka la mboga**	dooka la mboga
grocer's	**duka la chakula**	dooka la chakoola
hairdresser's (ladies/men)	**mtengenezaji nywele (wanawake/wanaume)**	mtengenezajee n'weleh (wanawakeh/wanaoomeh)
hardware store	**duka la vitu vya ujenzi**	dooka la veetoo vya oojenzee
health food shop	**duka la vyakula vya siha**	dooka la vyakoola vya seeha

hospital	**hospitali**	hospeetalee
ironmonger's	**duka la vyombo vya chuma**	dooka la vyombo vya chooma
jeweller's	**sonara**	sonara
launderette	**mahali pa kufulia**	mahalee pa koofooleeya
laundry	**dobi**	dobee
library	**maktaba**	maktaba
market	**soko**	soko
newsstand	**muuza magazeti**	moo-ooza magazetee
optician	**mpima miwani**	mpeema meewanee
pastry shop	**duka la keki**	dooka la kekee
photographer	**mpiga picha**	mpeega peecha
police station	**kituo cha polisi**	keetoo-o cha poleesee
post office	**posta**	posta
second-hand shop	**duka la mitumba**	dooka la meetoomba
shoemaker's (repairs)	**mshonaji viatu (mtengenezaji viatu)**	mshonajee veeyatoo (mtengenezajee veeyatoo)
shoe shop	**duka la viatu**	dooka la veeyatoo
shopping centre (mall)	**madukani**	madookanee
souvenir shop	**duka la kitalii**	dooka la keetalee-ee
sporting goods shop	**duka la vitu vya michezo**	dooka la veetoo vya meechezo
stationer's	**muuzaji kalamu nakaratasi**	moo-oozajee kalamoo nakaratasee
supermarket	**supamaket**	soopamaket
sweet shop	**duka la peremende**	dooka la peremendeh
tailor's	**mshoni**	mshonee
telegraph office	**ofisi ya simu**	ofeesee ya seemoo
tobacconist's	**muuza sigara**	moo-ooza seegara
toy shop	**duka la vitu vya kuchezea**	dooka la veetoo vya koochezea
travel agency	**wakala**	wakala
vegetable store	**duka la mboga**	dooka la ᵐboga
veterinarian	**daktari wa wanyama**	daktaree wa wan'ama
watchmaker's	**fundi wa saa**	foondee wa saa
wine merchant	**muuza mvinyo [pombe]**	moo-ooza ᵐveen'o [pombeh]

KUINGIA	ENTRANCE
KUTOKA	EXIT
MLANGO WA DHARURA	EMERGENCY EXIT

General expressions *Masuala ya kawaida [kufaa]*

Where? *Wapi?*

Where's there a good...?	**Wapi kuna... zuri/nzuri/mzuri/kizuri*?**	wapee **koona... zooree/**nzooree/m**zooree/keezooree**
Where can I find a...?	**Wapi naweza kupata...?**	wapee naweza **koopata**
Where's the main shopping area?	**Madukani ni wapi?**	madookanee nee wapee
Is it far from here?	**Ni mbali kutoka hapa?**	nee ᵐbalee kootoka **hapa**
How do I get there?	**Nitafikaje huko?**	neetafeekajeh **hooko**

SELI SALE

Service *Huduma*

Can you help me?	**Nisaidie tafadhali?**	neesaeedee-eh tafaðalee
I'm just looking.	**Naangalia [Natazama] tu.**	na-angaleeya [natazama] too
Do you sell...?	**Unauza...?**	oonaooza
I'd like to buy...	**Nataka kununua...**	nataka koonoonoowa
I'd like...	**Ningependa...**	neengependa
Can you show me some...?	**Unaweza kuniionesha...?**	oonaweza kooneeonesha
Do you have any...?	**Kuna...?**	**koona**
Where's the... department?	**Sehemu ya... iko wapi?**	sehemoo ya... **eeko** wapee
Where is the lift (elevator)?	**Lifti iko wapi?**	**leeftee eeko** wapee

That one *Ile pale*

Can you show me...?	**Unaweza kuniionesha...?**	oonaweza kooneeonesha
this/that	**hii/ile**	hee-ee/**eeleh**
the one in the window/in the display case	**ile iliyomo dirishani/katika sanduku**	**eeleh eeleeyomo deereeshanee/kateeka sandookoo**

* See GRAMMAR, page 160

Defining the article *Kuelezea vyema*

I'd like a... one.	**Nitapenda...**	neetapenda
big	**kubwa**	**koobwa**
cheap	**rahisi**	**raheesee**
dark	**nyeusi**	n'**eoosee**
good	**nzuri**	nzooree
heavy	**nzito**	**nzeeto**
large	**kubwa**	**koobwa**
light (weight)	**nyepesi**	n'epesee
light (colour)	**ya mwangaza**	ya mwangaza
oval	**ya mviringo**	ya ᵐveereengo
rectangular	**ya pembe nne**	ya pembeh nneh
round	**ya duwara**	ya doowara
small	**ndogo**	**ndogo**
square	**pembe nne**	pembeh nneh
sturdy	**pana**	**pana**
I don't want anything too expensive.	**Sitaki kitu cha ghali.**	seetakee **keetoo** cha RHalee

Preference *Chagua [Kuchagua]*

Can you show me some others?	**Unaweza kuniionesha nyenginezo?**	oonaweza kooneeonesha n'engeenezo
Don't you have anything...?	**Unayo...?**	oonayo...
cheaper/better	**ya rahisi/bora zaidi**	ya **raheesee/bora zaeedee**
larger/smaller	**kubwa zaidi/ndogo zaidi**	**koobwa zaeedee/ndogo zaeedee**

How much *Kiasi gani?*

How much is this?	**Hii bei gani?**	hee-ee **be-ee ganee**
How much are they?	**Hizo bei gani?**	**heezo be-ee ganee**
I don't understand.	**Sifahamu [Sielewi].**	seefahamoo [see-elewee]
Please write it down.	**Tafadhali niandikie.**	tafaðalee neeyandee**kee**-eh
That's too much.	**Bei yako ghali.**	**be-ee yako** RHalee
I don't want to spend more than... shillings.	**Sitaki kutumia zaidi ya shilingi...**	seetakee kootoo**meeya** zaeedee ya sheeleengee

Decision *Kukata shauri*

It's not quite what I want.	**Hii siyo ninayoitaka.**	hee-ee **seeyo** neenayoeetaka

COLOURS, see page 113

No, I don't like it.	**A-a, siipendi hii.**	a-a see-eependee hee-ee
I'll take it.	**Nitainunua.**	neetaeenoonoowa

Ordering *Kuagiza*

Can you order it for me?	**Unaweza kuniagizishia?**	oonaweza kooneeyageezeesheeya
How long will it take?	**Itachukua muda gani?**	eetachookoowa mooda ganee

Delivery *Kupeleka*

I'll take it with me.	**Nitaichukua mwenyewe.**	neetaeechookoowa mwen'eweh
Deliver it to the... Hotel.	**Ipeleke hoteli ya...**	eepelekeh hotelee ya
Please send it to this address.	**Tafadhali ipeleke anwani hii.**	tafaðalee eepelekeh anwanee hee-ee
Will I have any difficulty with the customs?	**Nitapata matatizo na watu wa forodha?**	neetapata matateezo na watoo wa foroða

Paying *Kulipa*

How much is it?	**Bei gani? [Kiasi gani?]**	be-ee ganee [keeyasee ganee]
Can I pay by traveller's cheque?	**Naweza kulipa kwa hundi za msafiri?**	naweza kooleepa kwa hoondee za msafeeree
Do you accept dollars/pounds?	**Unapokea dala/pauni?**	oonapokea dala/paoonee
Do you accept credit cards?	**Unapokea kadi za benki?**	oonapokea kadee za benkee
Do I have to pay the VAT (sales tax)?	**Lazima nilipe kodi [ijara] ya mauzo?**	lazeema neeleepeh kodee [eejara] ya maoozo
I think there's a mistake in the bill.	**Nafikiri mna makosa katika hesabu [bili] hiyo.**	nafeekeeree mna makosa kateeka hesaboo [beelee] heeyo

Anything else? *Unataka kitu kingine [Nini zaidi]*

No, thanks, that's all.	**A-a, asante, inatosha.**	a-a asanteh eenatosha
Yes, I'd like...	**Asante, ningependa...**	asanteh neengependa

Can you show me...?	**Unaweza kunionesha...?**	oonaweza kooneeonesha
May I have a bag, please?	**Nipatie mfuko tafadhali? [Naomba mfuko?]**	neepatee-eh mfooko tafaðalee [naomba mfooko]
Could you wrap it up for me, please?	**Nifungie kwa hisani yako(tafadhali)?**	neefoongee-eh kwa heesanee yako (tafaðalee)
May I have a receipt?	**Nipatie risiti.**	neepatee-eh reeseetee

Dissatisfied? *Kutoridhisha*

Can you exchange this, please?	**Unaweza kunibadilishia hii, tafadhali?**	oonaweza kooneebadeeleesheeya hee-ee tafaðalee
I want to return this.	**Nataka kurudisha hii.**	nataka kooroodeesha hee-ee
I'd like a refund. Here's the receipt.	**Nataka munirejeshee pesa zangu. Hii risiti.**	nataka mooneerejesheeh pesa zangoo. hee-ee reeseetee

Nikusaidie nini?	Can I help you?
Utapenda nini?	What would you like?
... gani utapenda?	What... would you like?
rangi/shepu/kwaliti	colour/shape/quality
Samahani hatuna kabisa.	I'm sorry, we don't have any.
Zimetuishia.	We're out of stock.
Tukuagizishie?	Shall we order it for you?
Utaichukua mweyewe au tukutumie?	Will you take it with you or shall we send it?
Nini zaidi? [Unataka kitu kingine?]	Anything else?
Hizo ni shilngi..., tafadhali.	That's... shillings, please.
Sehemu ya malipo ile pale.	The cash desk is over there.

Bookshop–Stationer's *Duka la vitabu vya kusomea na kuandikia*

English-language newspapers and magazines are readily available in the cities. They can be bought either from newsagents' shops or from one of the many newsstands.

Where's the nearest...?	**Liko wapi... la karibu?**	**leeko wapee... la** kareeboo
bookshop	**duka la vitabu**	**dooka** la veetaboo
stationer's	**duka la vitabu vya kuandikia**	**dooka** la veetaboo vya koowandeekeeya
newsstand	**duka la magazeti**	**dooka** la magazetee
Where can I buy an English-language newspaper?	**Wapi naweza kununua gazeti la Kizungu [Kiingereza]?**	wapee naweza koonoonoowa gazetee la keezoongoo [kee-eengereza]
Where's the guidebook section?	**Iko wapi sehemu ya vitabu vya mwongozo?**	**eeko** wapee sehemoo ya veetaboo vya mwo**ngo**zo
Where do you keep the English books?	**Wapi unaweka vitabu vya Kiingereza [kizungu]?**	wapee oonaweka veetaboo vya kee-eengereza [keezoongoo]
Have you any of...'s books in English?	**Kuna vitabu vya... kwa Kiingereza ?**	**koona** veetaboo vya... kwa kee-eengereza
Do you have second-hand books?	**Kuna vitabu vilivyoshatumiwa?**	**koona** veetaboo veeleevyoshato**omee**wa
I want to buy a/an/some...	**Nataka kununua...**	nataka koonoonoowa
address book	**kitabu cha anwani**	keetaboo cha anwanee
adhesive tape	**gundi**	**goondee**
ball-point pen	**kalamu (peni)**	kalamoo (**penee**)
book	**buku [kitabu]**	**bookoo** [keetaboo]
calendar	**kalenda**	**kalenda**
carbon paper	**karatasi ya kukopia**	karatasee ya kookopeeya
crayons	**penseli za rangi**	penselee za rangee
dictionary	**kamusi**	**kamoosee**
Swahili-English	**kamusi la Kiswahili kwa Kiingereza**	**kamoosee** la keeswa**heelee** kwa kee-eengereza
pocket	**kamusi dogo**	**kamoosee dogo**
drawing paper	**karatasi za kuchorea**	karatasee za koochorea
drawing pins	**pini za kupachikia**	**peenee** za koopacheekeeya
envelopes	**bahasha za barua**	bahasha za ba**roowa**
eraser	**raba**	raba

exercise book	**daftari [kitabu cha kuandikia]**	daftaree [**keetaboo** cha koowandeekeeya]
fountain pen	**peni ya wino**	**penee** ya **weeno**
glue	**gundi**	**goondee**
grammar book	**kitabu cha sarufi**	keetaboo cha sa**roofee**
ink	**wino**	**weeno**
black/red/blue	**mweusi/mwekundu/bluu**	mwe**oosee**/mwe**koondoo**/bloo-oo
magazine	**magazeti**	magazetee
map	**ramani [mepu]**	ramanee [**mepoo**]
street map	**ramani ya mji**	ramanee ya **mjee**
road map of...	**ramani ya barabara**	ramanee ya barabara
newspaper	**gazeti**	gazetee
American/English	**la kimarekani/la kiingereza**	la keemarekanee/la kee-eengereza
notebook	**kijidaftari [kijitabu]**	keejeedaftaree [keejeetaboo]
note paper	**karatasi ya kuandikia**	karatasee ya koowandee**keeya**
paintbox	**kisanduku cha rangi**	**keesandookoo** cha **rangee**
paper	**karatasi**	karatasee
paperback	**karatasi [gamba] laini**	karatasee [**gamba**] la**eenee**
paperclips	**vibanio vya karatasi**	veeba**neeo** vya karatasee
paste	**gundi**	**goondee**
pen	**kalamu [peni]**	kalamoo [**penee**]
pencil	**penseli**	penselee
pencil sharpener	**cha kuchongea penseli**	cha koo**chongee**a penselee
playing cards	**karata**	karata
pocket calculator	**kalkuleta ndogo**	kalkooleta **ndogo**
postcard	**postkadi**	postkadee
propelling pencil	**penseli maalumu**	penselee ma-**aloomoo**
refill (for a pen)	**kalamu ya kujalizia**	kalamoo ya koojaleezeeya
rubber	**raba**	raba
ruler	**rula**	**roola**
string	**uzi**	**oozee**
travel guide	**kitabu cha maelezo ya safari**	keetaboo cha maelezo ya safaree
wrapping paper	**karatasi za kufungia vitu**	karatasee za koo**foongee** a **veetoo**
writing pad	**karatasi za kuandikia**	karatasee za koowan**deekeeya**

Camping and sports equipment *Vifaa vya michezo na kupigia kambi*

I'd like a/an/ some...	**Nataka...**	nataka
air bed (mattress)	**kitanda (godoro)**	keetanda (godoro)
axe	**shoka**	shoka
backpack	**shanta [mfuko wa safari]**	shanta [mfooko wa safaree]
butane gas	**gesi ya kibutane**	gesee ya keebootaneh
campbed	**kitanda cha kambini**	keetanda cha kambeenee
(folding) chair	**kiti (cha kukunja)**	keetee (cha kookoonja)
charcoal	**mkaa [makaa]**	mkaa [makaa]
compass	**dira**	deera
cool box	**sanduku la kuhifadhi chakula cha baridi**	sandookoo la kooheefadee chakoola cha bareedee
deck chair	**viti vya deki**	veetee vya dekee
fire lighters	**vibiriti [kuni]**	veebeereetee [koonee]
fishing tackle	**mshipi**	msheepee
flashlight	**taa**	taa
groundsheet	**turubali**	tooroobalee
hammock	**kitanda cha wavu [kamba]**	keetanda cha wavoo [kamba]
ice pack	**kifuko cha barafu**	keefooko cha barafoo
insect spray (killer)	**dawa ya wadudu**	dawa ya wadoodoo
kerosene	**mafuta ya taa**	mafoota ya taa
lamp/lantern	**taa/kandili**	taa/kandeelee
mallet	**nyundo**	n'oondo
matches	**vibiriti**	veebeereetee
(rubber) mattress	**godoro**	godoro
mosquito net	**chandarua**	chandaroowa
paraffin	**mafuta ya taa**	mafoota ya ta-a
picnic basket	**kikapu cha mandar**	keekapoo cha mandar
primus stove	**jiko la mafuta**	jeeko la mafoota
pump	**pampu/bomba**	pampoo/bomba
rope	**kamba**	kamba
rucksack	**shanta**	shanta
sheathknife	**kisu chenye ala**	keesoo chen'eh ala
sleeping bag	**mfarishi**	mfareeshee
(folding) table	**meza (ya kukunja)**	meza (ya kookoonja)
tent	**hema**	hema
tent pegs	**vishikio vya hema**	veesheekeeo vya hema
tent pole	**boriti za hema**	boreetee za hema
torch	**tochi**	tochee
windsurfer	**windsufa**	weendsoofa
water flask	**chupa ya maji**	choopa ya majee

CAMPING, see page 32

Chemist's (drugstore) *Duka la dawa*

Finding a pharmacy in any of the cities is no problem, and they will usually have a rota system for staying open late. You can find out the details from local newspapers. Pharmacies at major hospitals stay open 24 hours a day.

The smaller chemist's shops often sell medical goods only, but the larger ones may well offer a full range of toiletries.

General *Mazungumzo ya jumla*

Where's the nearest (all-night) chemist's?	**Liko wapi duka la dawa (ambalo halifungwi) la karibu?**	leeko wapee dooka la dawa (ambalo haleefoongwee) la kareeboo
What time does the chemist's open/ close?	**Saa ngapi hufunguliwa/hufungwa duka la dawa?**	saa ngapee hoofoongooleewa/ hoofoongwa dooka la dawa

1—Pharmaceutical *Madawa*

I'd like something for...	**Nataka dawa ya...**	nataka dawa ya
a cold/a cough	**mafua/kikohozi**	mafoowa/keekohozee
hay fever	**kamasi**	kamasee
insect bites	**kuumwa na mdudu**	koo-oomwa na mdoodoo
sunburn	**kuunguzwa na jua kali**	koo-oongoozwa na joowa kalee
travel sickness	**mkunguru wa safari**	mkoongooroo wa safaree
an upset stomach	**maumivu ya tumbo**	maoomeevoo ya toombo
Can you prepare this prescription for me?	**Unaweza kunitayarishia dawa hii?**	oonaweza kooneetayareesheeya dawa hee-ee
Can I get it without a prescription?	**Naweza kuipata bila cheti?**	naweza kooeepata beela chetee
Shall I wait?	**Nisubiri?**	neesoobeeree
Can I have a/an/ some...?	**Naweza kupata...?**	naweza koopata...
adhesive plaster	**palasta/plasta**	palasta/plasta

analgesic	**dawa ya kupunguza maumivu**	dawa ya koopoongooza maoomeevoo
antiseptic cream	**malhamu ya kupunguza maumivu**	malhamoo ya koopoongooza maoomeevoo
aspirin	**aspirini**	aspeereenee
bandage	**bendeji**	bendejee
chlorine tablets	**vidonge vya klorin**	veedongeh vya kloreen
condoms	**makondom**	makondom
contraceptives	**dawa ya kuzuia uzazi**	dawa ya koozooeeya oozazee
corn plasters	**palasta ya ndunda**	palasta ya ndoonda
cotton wool (absorbent cotton)	**pamba**	pamba
cough drops	**dawa ya kifua**	dawa ya keefoowa
disinfectant	**dawa ya wadudu**	dawa ya wadoodoo
ear drops	**dawa ya masikio**	dawa ya maseekeeo
eye drops	**dawa ya macho**	dawa ya macho
first-aid kit	**kisanduku cha fasteid**	keesandookoo cha fasteeed
flea powder	**podari ya kiroboto**	podaree ya keeroboto
gauze	**pamba**	pamba
insect repellent/spray	**dawa ya kujikinga na vidudu**	dawa ya koojeekeenga na veedoodoo
iodine	**aidini**	aeedeenee
laxative	**haluli [msahala]**	haloolee [msahala]
mouthwash	**dawa ya kusukutua**	dawa ya koosookootoowa
nose drops	**dawa ya pua**	dawa ya poowa
quinine tablets	**vidonge vya kwinini**	veedongeh vya kweeneenee
sanitary towels (napkins)	**mapedi**	mapedee
sleeping pills	**dawa za usingizi**	dawa za ooseengeezee
suppositories	**vidonge vya kutia nyuma**	veedongeh vya kooteeya nʸooma
... tablets	**vidonge [tembe]...**	veedongeh [tembeh]
tampons	**pedi za wanawake**	pedee za wanawakeh
thermometer	**cha kupimia homa**	cha koopeemeeya homa
throat lozenges	**dawa za koo**	dawa za koo
tranquillizers	**dawa za kutuliza hali**	dawa za kootooleeza halee
vitamin pills	**vidonge vya kutia nguvu**	veedongeh vya kooteeya ngoovoo

SUMU POISON

2—Toiletries *Vitu vya urembo na usafi wa muvili*

I'd like a/an/some...	**Nitapenda...**	neetapenda
after-shave lotion	**dawa ya kunyolea**	dawa ya koonʸolea
astringent	**maji ya kusafishia uso**	majee ya koosafeesheeya ooso
bath salts	**chumvi ya kutia kwenye maji ya kuogea**	choomvee ya kooteeya kwenʸeh majee ya koowogea
blusher (rouge)	**rangi ya mashavu**	rangee ya mashavoo
bubble bath	**urembo wa kuogea**	oorembo wa koowogea
cream	**kirimu**	keereemoo
cleansing cream	**kirimu ya kusafishia ngozi**	keereemoo ya koosafeesheeya ngozee
foundation cream	**vipodozi**	veepodozee
moisturizing cream	**kirimi ya kurutubisha ngozi**	keereemee ya koorootoobeesha ngozee
night cream	**kirimu ya kujipaka unapolala**	keereemoo ya koojeepaka oonapolala
deodorant	**mafuta ya kukata jasho**	mafoota ya kookata jasho
eyebrow pencil	**wanja wa nyusi**	wanja wa nʸoosee
eyeliner	**wanja wa macho**	wanja wa macho
eye shadow	**aishedo**	aeeshedo
face powder	**podari ya uso**	podaree ya ooso
foot cream	**kirimu ya miguu**	keereemoo ya meegoo-oo
hand cream	**kirimu ya mikono**	keereemoo ya meekono
lipsalve	**kirimu ya mdomo**	keereemoo ya mdomo
lipstick	**rangi ya mdomo**	rangee ya mdomo
make-up remover	**vya kufutia vipodozi**	vya koofooteeya veepodozee
pads	**vijipamba**	veejeepamba
nail brush	**brashi ya kucha**	brashee ya koocha
nail clippers	**cha kukatia kucha**	cha kookateeya koocha
nail file	**cha kuchongea kucha**	cha koochongea koocha
nail polish	**rangi ya kucha**	rangee ya koocha
nail scissors	**mkasi wa kukatia makucha**	mkasee wa kookateeya makoocha
perfume	**mafuta mazuri**	mafoota mazooree
powder	**podari**	podaree
powder puff	**uwa la kutilia podari**	oowa la kooteeleeya podaree
razor	**wembe [kijembe]**	wembeh [keejembeh]
razor blades	**vijembe**	veejembeh
rouge	**rangi ya mashavu**	rangee ya mashavoo
safety pins	**pini**	peenee

shaving brush	**brashi ya kunyolea**	brashee ya koon'olea
shaving cream	**kirimu ya kunyolea**	keereemoo ya koon'olea
soap	**sabuni**	saboonee
sponge	**spanji**	spanjee
sun-tan cream	**dawa ya ngozi**	dawa ya ngozee
sun-tan oil	**mafuta ya ngozi**	mafoota ya ngozee
talcum powder	**podari**	podaree
tissues	**tishu**	teeshoo
toilet paper	**tishu za chooni**	teeshoo za cho-onee
toothbrush	**msuwaki**	msoowakee
toothpaste	**dawa ya meno**	dawa ya meno
towel	**taula**	taoola
tweezers	**twiza [kikoleo]**	tweeza [keekoleo]

For your hair *Kwa nyweleh zako*

colour shampoo	**shampuu ya rangi**	shampoo-oo ya rangee
comb	**kitana**	keetana
curlers	**kals**	kals
dry shampoo	**shampuu**	shampoo-oo
dye	**rangi**	rangee
hairbrush	**brashi la nywele**	brashee la n'weleh
hair gel	**kirimu ya nywele**	keereemoo ya n'weleh
hairgrips	**mafuta ya nywele maalumu**	mafoota ya n'weleh maaloomoo
hair lotion	**mafuta ya nywele**	mafoota ya n'weleh
hairpins	**pini za nywele [chupiyo]**	peenee za n'weleh [choopeeyo]
hair spray	**sprey ya nywele**	sprey ya n'weleh
shampoo for dry/greasy (oily) hair	**shampuu ya nywele kavu/za mafuta**	shampoo-oo ya n'weleh kavoo/ za mafoota
tint	**rangi ya nywele**	rangee ya n'wele
wig	**nywele za kubandika**	n'weleh za koobandeeka

For the baby *Kwa watoto*

baby food	**chakula cha watoto**	chakoola cha watoto
bib	**kitambaa cha kulishia mtoto**	keetambaa cha kooleesheeya mtoto
dummy (pacifier)	**mtoto wa sanamu**	mtoto wa sanamoo
feeding bottle	**chupa ya kumnyonyeshea mtoto**	choopa ya koomn'on'eshea mtoto
nappies (diapers)	**winda**	weenda

Clothing *Mavazi*

If you want to buy something specific, prepare yourself in advance. Look at the list of clothing on page 115. Get some idea of the colour, material and size you want. They're all listed on the next few pages.

General *Mazungumzo ya jumla*

I'd like...	**Nataka...**	nataka
I'd like... for a 10-year-old boy/girl.	**Nataka... kwa mtoto wa miaka kumi, wa kiume/kike.**	nataka... kwa mtoto wa meeyaka koomee wa keeoomeh/keekeh
I'd like something like this.	**Ningependa kitu kama hiki.**	neengependa keetoo kama heekee
I like the one in the window.	**Naipenda ya dirishani.**	naeependa ya deereeshanee
How much is that per metre?	**Mita kiasi gani?**	meeta keeyasee ganee

1 centimetre (cm)	= 0.39 in.	1 inch	= 2.54 cm
1 metre (m)	= 39.37 in.	1 foot	= 30.5 cm
10 metres	= 32.81 ft.	1 yard	= 0.91 m.

Colour *Rangi*

I'd like something in...	**Ningependa kitu cha...**	neengependa keetoo cha
I'd like a darker/lighter shade.	**Nitapenda ilokoza/ya mwangaza.**	neetapenda eelokoza/ya mwangaza
I'd like something to match this.	**Nataka kitu kiende na hiki.**	nataka keetoo kee-endeh na heekee
I don't like the colour.	**Siipendi rangi hii.**	see-eependee rangee hee-ee

beige	**kahawiya isokoza**	kahaweeya eesokoza
black	**nyeusi**	n'eoosee
blue	**bluu**	bloo-oo
brown	**kahawiya/chakleti**	kahaweeya/chakletee
fawn	**rangi ya paa**	rangee ya paa
golden	**rangi ya dhahabu**	rangee ya ðahaboo
green	**kijani**	keejanee
grey	**kijivujivu**	keejeevoojeevoo
khaki	**rangi ya kaki**	rangee ya kakee
mauve	**rangi ya urujuani**	rangee ya ooroojoowanee
orange	**rangi ya machungwa**	rangee ya machoongwa
pink	**wardi**	wardee
purple	**rangi ya zambarau**	rangee ya zambaraoo
red	**nyekundu**	n'ekoondoo
scarlet	**nyekundu ilokoza**	n'ekoondoo eelokoza
silver	**rangi ya fedha**	rangee ya feða
turquoise	**rangi ya feruzi**	rangee ya feroozee
white	**nyeupe**	n'eoopeh
yellow	**manjano**	manjano
light...	**rangi isiyokoza...**	rangee eeseeyokoza
dark...	**rangi iliyokoza...**	rangee eeleeyokoza

pleni (plenee)

vyumba vyumba (vyoomba vyoomba)

urembo (oorembo)

mistari (meestaree)

madoadoa (madowadowa)

Fabric *Kitambaa*

Do you have anything in...?	**Kuna kitu cha...?**	koona keetoo cha...
Is that...?	**Ile ni...?**	eeleh nee...
handmade	**ilotengezwa kwa mkono**	eelotengezwa kwa mkono
imported	**imetoka nchi za nje**	eemetoka nchee za njeh
made here	**imetengenezwa hapa**	eemetengenezwa hapa
I'd like something thinner.	**Nataka kitu chembamba zaidi.**	nataka keetoo chembamba zaeedee
Do you have anything of better quality?	**Unayo ya koliti bora zaidi?**	oonayo ya koleetee bora zaeedee

What's it made of?	**Imetengenezwa kwa kitu gani?**	eemetengenezwa kwa keetoo ganee
baboon skin	**kwa ngozi ya nyani**	kwa ngozee ya n'anee
cambric	**kwa bafta nyepesi**	kwa bafta n'epesee
camel-hair	**kwa manyoa ya ngamia**	kwa man'owa ya ngameeya
chiffon	**kwa shifoni**	kwa sheefonee
corduroy	**kwa kodroi**	kwa kodroee
cotton	**bafta [koton]**	bafta [koton]
crepe	**kwa kitambaa cha krepe**	kwa keetambaa cha krepeh
denim	**kwa kitambaa cha denim**	kwa keetambaa cha deneem
flannel	**kwa kitambaa cha flana**	kwa keetambaa cha flana
gabardine	**gabadini**	gabadeenee
lace	**kwa lesi**	kwa lesee
leopard skin	**kwa ngozi ya chui**	kwa ngozee ya chooee
leather	**ngozi**	ngozee
linen	**kwa kitambaa cha linen**	kwa keetambaa cha leenen
poplin	**kwa poplini**	kwa popleenee
satin	**kwa satin**	kwa sateen
silk	**kwa hariri**	kwa hareeree
suede	**kwa kitambaa cha swedi**	kwa keetambaa cha swedee
towelling	**kitambaa cha taula**	keetambaa cha taoola
velvet	**mahmeli**	mahmelee
velveteen	**kwa mahmeli**	kwa mahmelee
velvet monkey skin	**kwa mahmeli ya ngozi ya kima**	kwa mahmelee ya ngozee ya keema
wool	**kwa sufi**	kwa soofee

Is it...?	**Ni...?**	nee
pure cotton/wool	**bafta [koton]/sufi safi**	bafta [koton]/soofee soofee
synthetic	**vitambaa vya kisasa**	veetambaa vya keesasa
crease (wrinkle) resistant	**hakikunjiki**	hakeekoonjeekee
Is it hand washable/ machine washable?	**Unweza kufua kwa mkono/kwa mashine?**	oonweza koofoowa kwa mkono/kwa masheeneh
Will it shrink?	**Itaruka?**	eetarooka

Size *Kipimo*

I take size 38.	**Navaa saizi thalathini na nane.**	navaa saeezee thalatheenee na naneh
Could you measure me?	**Nipime tafadhali?**	neepeemeh tafadalee

Women *Wanawake*

	Dresses/Suits					
American	8	10	12	14	16	18
British	10	12	14	16	18	20
Continental	36	38	40	42	44	46

	Stockings						Shoes			
American / British	8½	9	9½	10	10½		6	7	8	9
Continental	0	1	2	3	4	5	37	38	40	41

Men *Wanaume*

	Suits/overcoats						Shirts			
American / British	36	38	40	42	44	46	15	16	17	18
Continental	46	48	50	52	54	56	38	40	42	44

	Shoes								
American / British	5	6	7	8	8½	9	9½	10	11
Continental	38	39	40	41	42	43	44	44	45

A good fit? *Mkato wake mzuri?*

Can I try it on?	**Niijaribu?**	nee-eejareeboo
Where's the fitting room?	**Ki wapi chumba cha kujaribia?**	kee wapee choomba cha koojareebeeya
Is there a mirror?	**Kuna kioo?**	koona keeoo
It fits very well.	**Inanifaa [Inakufaa].**	eenaneefaa [eenakoofaa]
It doesn't fit.	**Hainifai [haikufai].**	haeneefaee [haeekoofaee]
It's too...	**Ni... sana [mno].**	nee... sana [mno]
short/long tight/loose	**fupi/refu inabana/inapwaya**	foopee/refoo eenabana/eenapwaya
How long will it take to alter?	**Muda gani itachukua kuitengeneza?**	mooda ganee eetachookoowa kooeetengeneza

NUMBERS, see page 147

Clothes and accessories *Nguo na vitu vyenginevyo*

I would like a/an/some...	**Nataka...**	nataka
anorak	**rinkoti**	reenkotee
bathing cap	**kofia ya kuogea [kuogelelea]**	kofeeya ya koowogea [koowogelea]
bathing suit	**nguo ya kuogelea**	ngoowo ya koowogelea
bathrobe	**juba la msalani**	jooba la msalanee
blouse	**blauzi**	blaoozee
bow tie	**botai**	botaee
bra	**sidiria**	seedereeya
braces	**mikanda**	meekanda
cap	**kofia**	kofeeya
coat	**koti**	kotee
dress	**kanzu [gauni]**	kanzoo [gaoonee]
with long sleeves	**ya mikono mirefu**	ya meekono meerefoo
with short sleeves	**ya mikono mifupi**	ya meekono meefoopee
sleeveless	**isiyokuwa na mikono**	eeseeyokoowa na meekono
evening dress (woman's)	**gauni la usiku [kanzu ya usiku]**	gaoonee la ooseekoo [kanzoo ya ooseekoo]
fez	**tarbushi**	tarbooshee
girdle	**mkanda wa kuzuia tumbo**	mkanda wa koozooeeya toombo
gloves	**glavu**	glavoo
handbag	**mkoba**	mkoba
handkerchief	**kitambaa cha mkono [hanchifu]**	keetambaa cha mkono [hancheefoo]
hat	**kofia**	kofeeya
jacket	**koti**	kotee
jeans	**jins**	jeens
jersey	**sweta**	sweta
kaftan	**kanzu ya kiume [kanzu ya msikitini]**	kanzoo ya keeoomeh [kanzoo ya mseekeeteenee]
kneesocks	**soksi za mapajani**	soksee za mapajanee
nightdress	**nguo ya kulalia**	ngoowo ya koolaleeya
overalls	**ovaroli**	ovarolee
pair of...	**jozi ya...**	jozee ya
panties	**chupi**	choopee
pants (Am.)	**suruali**	sooroowalee
pullover	**sweta**	sweta
polo (turtle)-neck	**polo nek**	polo nek
round-neck	**la shingo ya duwara**	la sheengo ya doowara
V-neck	**la shingo ya vi**	la sheengo ya vee

pyjamas	**pajama**	pajama
raincoat	**rinkoti**	reenkotee
safari outfit	**safari suti [suti ya safari]**	safaree sootee [sootee ya safaree]
sarong	**saruni**	saroonee
scarf	**skafu [kitambaa cha kichwa]**	skafoo [keetambaa cha keechwa]
shirt	**shati**	shatee
shorts	**kaptura**	kaptoora
skirt	**skati**	skatee
slip	**shumizi [hafu]**	shoomeezee [hafoo]
socks	**soksi**	soksee
stockings	**soksi za kike**	soksee za keekeh
suit (man's)	**suti ya kiume**	sootee ya keeoomeh
suit (woman's)	**suti ya kike**	sootee ya keekeh
sun hat	**kofia ya jua**	kofeeya ya joowa
suspenders (Am.)	**vishikio vya soksi za kike**	veesheekeeo vya soksee za keekeh
sweater	**sweta**	sweta
sweatshirt	**flana**	flana
swimming trunks	**suruali ya kuogelea**	sooroowalee ya koowogelea
swimsuit	**nguo ya kuogelea ya kike**	ngoowo ya koowogelea ya keekeh
T-shirt	**tishati**	teeshatee
tie	**tai**	taee
tights	**soksi za kike**	soksee za keekeh
tracksuit	**treksut**	treksoot
trousers	**suruali**	sooroowalee
umbrella	**mwavuli**	mwavoolee
underpants	**chupi**	choopee
undershirt	**flana ya ndani**	flana ya ndanee
vest (Am.)	**flana ya mikono mifupi**	flana ya meekono meefoopee
vest (Br.)	**shumizi**	shoomeezee
waistcoat	**kizibao**	keezeebao

belt	**ukanda**	ookanda
buckle	**bakal**	bakal
button	**kifungo**	keefoongo
collar	**ukosi**	ookosee
pocket	**mfuko**	mfooko
press stud (snap fastener)	**vifungo vya chawa**	veefoongo vya chawa
zip (zipper)	**zipu**	zeepoo

Shoes *Viatu*

I'd like a pair of...	**Nataka jozi moja ya...**	nataka jozee moja ya
boots	**buti**	bootee
hiking boots	**viatu vya milimani**	veeyatoo vya meeleemanee
moccasins	**viatu vya ngozi ya paa**	veeyatoo vya ngozee ya paa
plimsolls (sneakers)	**viatu vya raba**	veeyatoo vya raba
sandals	**viatu vya ndara**	veeyatoo vya ndara
shoes	**viatu**	veeyatoo
flat	**fleti**	fletee
with a heel	**vya kisigino**	vya keeseegeeno
with leather soles	**vya soli ya ngozi**	vya solee ya ngozee
with rubber soles	**vya soli ya mpira**	vya solee ya mpeera
slippers	**sapatu**	sapatoo
These are too...	**Hizi ni... sana.**	heezee nee... sana
narrow/wide	**nyembamba/pana**	nʸembamba/pana
big/small	**kubwa/ndogo**	koobwa/ndogo
Do you have a larger/smaller size?	**Kuna iliyo kubwa zaidi/ndogo zaidi?**	koona eeleeyo koobwa zaeedee/ndogo zaeedee
Do you have the same in black?	**Unayo namna hiyo ya nyeusi?**	oonayo namna heeyo ya nʸeoosee
cloth	**kitambaa**	keetambaa
leather	**ngozi**	ngozee
rubber	**mpira**	mpeera
suede	**swed**	swed
Is it real leather?	**Ni ya ngozi kweli?**	nee ya ngozee kwelee
I need some shoe polish/shoelaces.	**Nataka rangi ya viatu/nyuzi za viatu.**	nataka rangee ya veeyatoo/nʸoozee za veeyatoo

Shoes worn out? Here's the key to getting them fixed again:

Can you stitch this?	**Unaweza kunishonea hivi?**	oonaweza kooneeshonea heevee
I want new soles and heels.	**Nataka soli mpya na visigino vipya.**	nataka solee mpya na veeseegeeno veepya
When will they be ready?	**Lini vitakuwa tayari?**	leenee veetakoowa tayaree

COLOURS, see page 113

Electrical appliances *Vyombo vya umeme*

Most major towns in East Africa have an electricity supply, and this is usually 220-volt AC current. However, some smaller towns and villages may have their own generator which may vary in voltage.

A three-pin plug is the one in general use throughout the region. Hotels often provide adaptors for 220 and 110 volts.

What's the voltage?	**Voltage gani umeme?**	"voltage" ganee oomemeh
Do you have a battery for this?	**Unayo betri ya hii?**	oonayo betree ya hee-ee
This is broken. Can you repair it?	**Hii imevunjika. Unaweza kutengeneza?**	hee-ee eemevoonjeeka. oonaweza kootengeneza
Can you show me how it works?	**Unaweza kuionesha vipi ifanyavyo kazi?**	oonaweza kooneeonesha veepee eefanʸavyo kazee
I'd like a/an/ some...	**Nataka...**	nataka
adaptor	**edepta**	edepta
amplifier	**bomba la sauti**	bomba la saootee
bulb	**globu**	globoo
CD player	**mashine ya CD**	masheene ya seedee
clock-radio	**saa ya redio**	saa ya redeeo
extension lead (cord)	**waya wa kuongezea**	waya wa koowongezea
hair dryer	**mashine ya kukaushia nywele**	masheeneh ya kookaoosheeya nʸweleh
headphones	**hedfons**	hedfons
(travelling) iron	**pasi ndogo [pasi ya kusafiria]**	pasee ndogo [pasee ya koosafeereeya]
lamp	**taa**	taa
plug	**plagi**	plagee
portable...	**... ya mkono**	... ya mkono
radio	**redio**	redeeo
(cassette) recorder	**tepu rikoda**	tepoo reekoda
record player	**rikodi pleya**	reekodee pleya
shaver	**mashine ya kunyolea**	masheeneh ya koonʸolea
speakers	**mabomba**	mabomba
(colour) television	**tivi (ya rangi)**	teevee (ya rangee)
transformer	**transfoma**	transfoma

Grocer's *Duka la chakula*

Although the larger towns have supermarkets, it's worth going to the market for your food shopping. There are usually separate sections for fish, meat, fruit and vegetables.

I'd like some bread, please.	**Nipatie mkate, tafadhali.**	neepatee-eh mkateh tafaðalee
What sort of cheese do you have?	**Kuna jibini [chizi] gani?**	koona jeebeenee [cheezee] ganee
A piece of...	**Kipande cha...**	keepandeh cha
that one	**ile [kile]**	eeleh [keeleh]
the one on the shelf	**ya [cha] kwenye shubaka [rafu]**	ya [cha] kwenʸeh shoobaka [rafoo]
I'll have one of those, please.	**Naitaka moja katika hizo, tafadhali.**	naeetaka moja kateeka heezo tafaðalee
May I help myself?	**Nichukue...? [Nijisaidie...?]**	neechookooeh [neejeesaeedee-eh]
I'd like...	**Nataka..., tafdhali.**	nataka... tafaðalee
a kilo of apples	**kilo moja ya matufaha**	keelo moja ya matoofaha
half a kilo of tomatoes	**nusu kilo ya nyanya [tungule]**	noosoo keelo ya nʸanʸa [toongooleh]
100 grams of butter	**gramu mia za siagi**	gramoo meeya za seeyagee
a litre of milk	**lita moja ya maziwa**	leeta moja ya mazeewa
half a dozen eggs	**nusu dazeni ya mayai**	noosoo dazenee ya mayaee
4 slices of ham	**vipande vinne vya nyama ya nguruwe**	veepandeh veenneh vya nʸama ya ngoorooweh
a packet of tea	**bomba [pakti] moja la majani ya chai**	bomba [paktee] moja la majanee ya chaee
a jar of jam	**mkebe mmoja wa jamu**	mkebeh mmoja wa jamoo
a tin (can) of peaches	**mkebe mmoja wa matunda ya pichi**	mkebeh mmoja wa matoonda ya peechee
a tube of mustard	**tyubu moja ya mastadi**	tyooboo moja ya mastadee
a box of chocolates	**boksi moja la chakleti**	boksee moja la chakletee
a crate of oranges	**sanduku moja la machungwa**	sandookoo moja la machoongwa

FOOD, see also page 63

Household articles *Vitu vya nyumbani*

bottle opener	**kidude cha kufungulia chupa**	keedoodeh cha koofoongooleeya choopa
bucket	**ndoo**	ndoo
can opener	**kidude cha kufungulia mkebe**	keedoodeh cha koofoongooleeya mkebeh
candles	**mishumaa**	meeshoomaa
clothes pegs (pins)	**vibanio vya kuanikia nguo**	veebaneeo vya koowaneekeeya ngoowo
food box	**sanduku la chakula**	sandookoo la chakoola
frying pan	**chuma cha kukaangia**	chooma cha kookaangeeya
matches	**vibiriti**	veebeereetee
paper napkins	**karatasi za kulia**	karatasee za kooleeya
plastic bags	**mifuko ya plastik**	meefooko ya plasteek
saucepan	**sufuria**	soofooreeya
tea towel	**kitambaa cha kufutia vyombo**	keetambaa cha koofooteeya vyombo
vacuum flask	**chupa ya chai**	choopa ya chaee
washing powder	**sabuni ya kufulia**	saboonee ya koofooleeya
washing-up liquid	**sabuni ya kuoshea vyombo**	saboonee ya koowoshea vyombo

Tools *Vifaa [Zana]*

hammer	**nyundo**	n'oondo
nails	**misumari**	meesoomaree
penknife	**kisu cha kukunja**	keesoo cha kookoonja
scissors	**mikasi**	meekasee
screws	**skurubu**	skoorooboo
screwdriver	**bisbis**	beesbees
spanner	**spana**	spana

Crockery *Vyombo vya kulia*

cups	**vikombe**	veekombeh
plates	**sahani**	sahanee
saucers	**visahani vya chai**	veesahanee vya chaee
tumblers	**glasi [bilauli]**	glasee [beelaoolee]

Cutlery (flatware) *Visu*

forks	**uma**	ooma
knives	**visu**	veesoo
spoons	**vijiko**	veejeeko
teaspoons	**vijiko vya chai**	veejeeko vya chaee

Jeweller's—Watchmaker's *Fundi wa saa*

Could I see that, please?	**Nataka kuangalia ile, tafadhali?**	nataka koowangaleeya eeleh tafaðalee
Do you have anything in gold?	**Unacho kitu chochote cha dhahabu?**	oonacho keetoo chochoteh cha ðahaboo
How many carats is this?	**Ni karati ngapi hii?**	nee karatee ngapee hee-ee
Is this real silver?	**Ni fedhal kweli hii?**	nee feðal kwelee hee-ee
Can you repair this watch?	**Unaweza kutengeneza saa hii?**	oonaweza kootengeneza saa hee-ee
I'd like a/an/some...	**Nataka..., tafadhali.**	nataka... tafaðalee
alarm clock	**saa yenye kengele ya kuamsha**	saa yen'eh kengeleh ya koowamsha
bangle	**bangili**	bangeelee
battery	**betri**	betree
bracelet	**kikuku**	keekookoo
brooch	**beji**	bejee
chain	**mkufu**	mkoofoo
charm	**hirizi**	heereezee
cigarette case	**kijaluba cha sigara**	keejalooba cha seegara
cigarette lighter	**kibiriti cha mafuta/gesi**	keebeereetee cha mafoota/gesee
clip	**kibanio [klipu]**	keebaneeo [kleepoo]
clock	**saa**	saa
cross	**msalaba**	msalaba
cuff links	**vifungo vya mikono ya shati**	veefoongo vya meekono ya shatee
cutlery	**visu na vijiko**	veesoo na veejeeko
earrings	**herini**	hereenee
gem	**vyombo vya dhahabu**	vyombo vya ðahaboo
jewel box	**kijaluba cha vyombo vya dhahabu**	keejalooba cha vyombo vya ðahaboo
music box	**kijaluba cha muziki**	keejalooba cha moozeekee
necklace	**kidani**	keedanee
pendant	**lakti**	laktee
pin	**pini**	peenee
pocket watch	**saa ya mfukoni**	sa-a ya mfookonee
powder compact	**kijaluba cha podari**	keejalooba cha podaree

ring	**pete**	peteh
engagement ring	**pete ya uchumba**	peteh ya oochoomba
signet ring	**pete yenye jina la**	peteh yenʸeh jeena la
wedding ring	**mtu mwenyewe**	mtoo mwenʸeweh
	pete ya harusi	peteh ya haroosee
rosary	**tasbihi**	tasbeehee
silverware	**vyombo vya fedha**	vyombo vya feəa
tie clip	**kibanio cha tai**	keebaneeo cha taee
tie pin	**pini ya tai**	peenee ya taee
watch	**saa**	saa
automatic	**ya automatik**	ya aootomateek
digital	**ya digital**	ya deegeetal
quartz	**ya kwatz**	ya kwatz
with a second hand	**yenye mkono wa nukta**	yenʸeh mkono wa nookta
waterproof	**isiyoharibika kwa maji**	eeseeyohareebeeka kwa majee
watchstrap	**ukanda**	ookanda ya saa
wristwatch	**saa ya mkono**	saa ya mkono

amber	**ambari**	ambaree
amethyst	**amethist**	ametheest
chromium	**krom**	krom
copper	**shaba**	shaba
coral	**marjani**	marjanee
crystal	**jiwe linalongara**	jeeweh leenalongara
cut glass	**kiyoo kilichokatwa**	keeyoo keeleechokatwa
diamond	**almasi**	almasee
emerald	**zumaride**	zoomareedeh
gold	**dhahabu**	əahaboo
gold plate	**pande la dhahabu**	pandeh la əahaboo
ivory	**pembe**	pembeh
jade	**jiwe la thamani kijani**	jeeweh la thamanee keejanee
onyx	**kito cha rangi**	keeto cha rangee
pearl	**lulu**	looloo
platinum	**madini nyeupe**	madeenee nʸeoopeh
ruby	**kito chekundu**	keeto chekoondoo
sapphire	**johari**	joharee
silver	**fedha**	feəa
silver plate	**pande la fedha**	pandeh la feəa
stainless steel	**chuma cha pua**	chooma cha poowa
topaz	**yakuti**	yakootee
turquoise	**feruzi**	feroozee

Optician *Mfanya miwani*

I've broken my glasses.	**Miwani yangu imevunjika.**	meewanee yangoo eemevoonjeeka
Can you repair them for me?	**Unaweza kunitengenezea?**	oonaweza kooneetengenezea
When will they be ready?	**Lini itakuwa tayari?**	leenee eetakoowa tayaree
Can you change the lenses?	**Unaweza kunibadilishia viyoo?**	oonaweza kooneebadeeleesheeya veeyoo
I'd like tinted lenses.	**Nataka viyoo vya rangi.**	nataka veeyoo vya rangee
The frame is broken.	**Fremu imevunjika.**	fremoo eemevoonjeeka
I'd like a spectacle case.	**Nataka kifuko cha kutilia miwani, tafadhali.**	nataka keefooko cha kooteeleeya meewanee tafaəalee
I'd like to have my eyesight checked.	**Nataka kupima macho.**	nataka koopeema macho
I'm short-sighted/ long-sighted.	**Sioni mbali/sioni karibu.**	seeonee ᵐbalee/seeonee kareeboo
I'd like some contact lenses.	**Nataka vigae vya kubandika machoni.**	nataka veegaeh vya koobandeeka machonee
I've lost one of my contact lenses.	**Nimepoteza vigae cha kubandika machoni.**	neemepoteza veegaeh cha koobandeeka machonee
Could you give me another one?	**Nipatie kingine, tafadhali.**	neepatee-eh keengeeneh tafaəalee
I have hard/soft lenses.	**Nina vigae vinene/ vyembamba.**	neena veegaeh veeneneh/ vyembamba
Do you have any contact-lens fluid?	**Unayo dawa ya kusafishia vigae vya kubandika machoni?**	oonayo dawa ya koosafeesheeya veegaeh vya koobandeeka machonee
I'd like to buy a pair of sunglasses.	**Nataka kununua miwani ya jua.**	nataka koonoonoowa meewanee ya joowa
May I look in a mirror?	**Niangalie kwenye kiyoo?**	neeyangalee-eh kwenʸeh keeyoo
I'd like to buy a pair of binoculars.	**Nataka kununua darubini.**	nataka koonoonoowa daroobeenee

Photography *Upigaji picha*

You'll need high-speed film for animal shots on safari; well-known brands are often more expensive than at home.

Your equipment will require particular protection; polythene bags are a good means of keeping dust out of cameras and lenses. And be careful to keep your camera out of the sun, whenever possible.

I'd like a(n)... camera.	**Nataka kamera ya...**	nataka kamera ya
automatic	**automatik**	aootomateek
inexpensive	**rahisi**	raheesee
simple	**isiyokuwa na mazonge**	eeseeyokoowa na mazongeh
Can you show me some..., please?	**Unaweza kuninesha...?**	oonaweza kooneeonesha
cine (movie) cameras	**kamera ya kupiga picha za snema**	kamera ya koopeega peecha za snema
video cameras	**kamera ya vidyo**	kamera ya veedyo
I'd like to have some passport photos taken.	**Nataka kupiga picha za paspoti.**	nataka koopeega peecha za paspotee

Film *Filam*

I'd like a film for this camera.	**Nataka filam ya kamera hii.**	nataka feelam ya kamera hee-ee
black and white	**isiyokuwa ya rangi**	eeseeyokoowa ya rangee
colour	**ya rangi**	ya rangee
colour negative	**negativ ya rangi**	negateev ya rangee
colour slide	**slaidi za rangi**	slaeedee za rangee
cartridge	**filam ya katrij**	feelam ya katreej
disc film	**filam ya disk**	feelam ya deesk
roll film	**filam ya roli**	feelam ya rolee
video cassette	**kanda ya vidyo**	kanda ya veedyo
24/36 exposures	**ya picha 24/36**	ya peecha 24/36
this size	**saizi hii**	saeezee hee-ee
this ASA/DIN number	**hii ni nambari ASA/DIN**	hee-ee nee nambaree asa/deen
artificial light type	**ya kutumia ndani na taa**	ya kootoomeeya ndanee na taa
daylight type	**ya kutumia nje na juani**	ya kootoomeeya njeh na joowanee
fast (high-speed)	**ya mara moja**	ya mara moja

NUMBERS, see page 147

Processing *Kusafisha picha*

How much do you charge for processing?	**Bei gani kusafisha picha?**	be-ee ganee koosafeesha peecha
I'd like... prints of each negative.	**Nataka picha... kwa kila negetiv.**	nataka peecha... kwa keela negeteev
with a mat finish	**isiyongara**	eeseeyongara
with a glossy finish	**yenye kungara**	yen'eh koongara
Will you enlarge this, please?	**Ifanye hii kubwa, tafadhali?**	eefan'eh hee-ee koobwa tafadalee
When will the photos be ready?	**Lini picha zitakuwa tayari?**	leenee peecha zeetakoowa tayaree

Accessories and repairs *Vipuli na matengenezo*

I'd like a/an/some...	**Nataka...**	nataka
battery	**betri**	betree
camera case	**mfuko wa kamera**	mfooko wa kamera
(electronic) flash	**taa ya ilektronik**	taa ya eelektroneek
filter	**filta**	feelta
for black and white	**za picha bila rangi**	za peecha beela rangee
for colour	**picha za rangi**	peecha za rangee
lens	**lensi za kamera**	lensee za kamera
telephoto lens	**lensi za aina ya telefoto**	lensee za aeena ya telefoto
wide-angle lens	**lensi za kuanua picha**	lensee za koowanoowa peecha
lens cap	**kifuniko cha lensi**	keefooneeko cha lensee
Can you repair this camera?	**Unaweza kutengeneza kamera hii?**	oonaweza kootengeneza kamera hee-ee
The film is jammed.	**Filam hii imekwama.**	feelam hee-ee eemekwama
There's something wrong with the...	**Mna kilichoharibika...**	mna keeleechohareebeeka
film winder	**kidude cha filam winda**	keedoodeh cha feelam weenda
flash attachment	**kidude cha taa**	keedoodeh cha taa
lens	**lensi**	lensee
light meter	**mita ya jua**	meeta ya joowa
rangefinder	**kiyoo**	keeyoo
shutter	**kidude cha kupigia**	keedoodeh cha koopeegeeya

Tobacconist's *Duka la sigara*

Local brands of cigarettes are inexpensive, as are foreign brands manufactured locally. Imported cigarettes are heavily taxed and therefore sold at a premium price.

Do you have any American/English cigarettes?	**Una sigara za kimarekani/kiigereza?**	oona seegara za keemarekanee/keeegereza
I'd like a carton.	**Nataka katon moja.**	nataka katon moja
Give me a/some..., please.	**Nipatie..., tafadhali.**	neepatee-eh... tafa∂alee
candy	**peremende**	peremendeh
chewing gum	**ubani wa kutafuna**	oobanee wa kootafoona
chewing tobacco	**mchuku**	mchookoo
chocolate	**chakleti**	chakletee
cigarette case	**kijaluba cha sigara**	keejalooba cha seegara
cigarette holder	**kidude cha kuvutia sigara**	keedoodeh cha koovooteeya seegara
cigarettes	**sigara**	seegara
clove-flavoured	**za karafuu**	za karafoo-oo
filter-tipped/ without filter	**za filta/bila filta**	za feelta/beela feelta
light/dark tobacco	**tumbaku nyeupe/nyeusi**	toombakoo n'eoopeh/ n'eoosee
mild/strong	**nyepesi/kali**	n'epesee/kalee
menthol	**za nanaa**	za nanaa
cigars	**sigaa**	seegaa
lighter	**kibiriti**	keebeereetee
lighter fluid/gas	**kibiriti cha mafuta/gesi**	keebeereetee cha mafoota/gesee
matches	**kibiriti cha njiti**	keebeereetee cha njeetee
pipe	**mtemba [kiko]**	mtemba [keeko]
pipe cleaners	**waya wa kusafishia mtemba**	waya wa koosafeesheeya mtemba
pipe tobacco	**tumbaku ya mtemba**	toombakoo ya mtemba
postcard	**postkadi**	postkadee
snuff	**tumbaku ya kunusa**	toombakoo ya koonoosa
stamps	**stempu**	stempoo
sweets	**peremende**	peremendeh
wick	**utambi**	ootambee

Miscellaneous *Vitu vingine*

Souvenirs *Vikumbusho*

There are lots of interesting souvenirs you can bring back – particularly popular are the wooden "makonde" carvings. These vary in quality tremendously, so look out for better hand-made carvings, rather than the mass-produced ones. Stone carvings in *kisii* soapstone and wooden pipes can also make attractive gifts or momentos.

On the coast look out for Arab brasswork and Zanzibar chests. For a more unusual souvenir you could bring back some local colourful fabrics, which make good beachwraps, bedspreads or tablecloths.

Another feature of cosmopolitan East Africa is the variety of Indian saris which you can buy. When you do your shopping in the coastal regions you'll certainly come across an Oriental goods store.

Basketwork items, too, are good value. Don't be tempted by any of the animal skins or ivory on offer – all ivory trade and most of the trade in animal skins is illegal – so your goods will be confiscated at customs.

Don't forget, haggling is customary in East African markets and small shops.

chetezo cha udongo	chetezo cha oodongo	earthenware incense burner
kanga	kanga	East African fabrics
kiyondo	keeyondo	Kenyan baskets
kofia ya mkono	kofeeya ya mkono	handmade caps
kombe	kombeh	sea shells
mabegi ya ngozi	mabegee ya ngozee	leather suitcases
makasha	makasha	zanzibar chests
mashanuo	mashanoowo	Swahili combs
mkeka	mkeka	straw mat
mkoba wa ukili	mkoba wa ookeelee	straw basket
tembo wa mti	tembo wa mtee	wooden elephant
viati vya makubadhi	veeyatee vya makoobaδee	handmade leather sandals
vinyago	veen'ago	makonde carvings

Records–Cassettes *Rikordi–Kanda*

I'd like a...	**Nataka...**	nataka
cassette	**kanda**	kanda
video cassette	**kanda ya vidyo**	kanda ya veedyo
compact disc	**diski**	deeskee
Do you have any records by...?	**Unazo rikodi za nyimbo za...?**	oonazo reekodee za n'eembo za
Can I listen to this record?	**Naweza kusikiliza rikodi hii?**	naweza kooseekeeleeza reekodee hee-ee
classical music	**muziki ya kizamani**	moozeekee ya keezamanee
folk music	**muziki wa kitamaduni**	moozeekee wa keetamadoonee
folk song	**nyimbo za utamaduni**	n'eembo za ootamadoonee
instrumental music	**muziki bila nyimbo**	moozeekee beela n'eembo
jazz	**jazi**	jazee
light music	**muziki wa kuburudisha**	moozeekee wa kooborooodeesha
orchestral music	**tarabu**	taraboo
pop music	**muziki wa kisasa**	moozeekee wa keesasa

Toys *Vitu vya kuchezea*

I'd like a toy/game...	**Nataka kitu cha kuchezea/mchezo...**	nataka keetoo cha koochezea/mchezo
for a boy	**kwa mtoto wa kiume**	kwa mtoto wa keeoomeh
for a 5-year-old girl	**kwa mtoto wa kike miaka mitano**	kwa mtoto wa keekeh meeyaka meetano
(beach) ball	**mpira wa kuchezea pwani**	mpeera wa koochezea pwanee
bucket and spade (pail and shovel)	**ndoo na kidude cha kutekea**	ndoo na keedoodeh cha kootekea
building blocks (bricks)	**matofali**	matofalee
card game	**karata**	karata
chess set	**seti ya chesi**	setee ya chesee
doll	**mtoto wa sanamu**	mtoto wa sanamoo
electronic game	**michezo ya kisasa**	meechezo ya keesasa
roller skates	**rola**	rola
snorkel	**snorkel**	snorkel

Your money: banks—currency

The best place to change money is at a bank or an authorised hotel. The unofficial deals you may be offered in the street should be avoided – they are illegal, and will often leave you with forged notes.

Banks are generally open between 9.00 a.m. and 2.00 p.m. during the week, and sometimes on a Saturday from 9.00 a.m. to 11.00 a.m. The currency exchanges of major airports, however, are open every day round the clock.

Most international credit cards are accepted in the larger towns, though Visa is more common than Access. Traveller's cheques are widely accepted in banks and international hotels.

The basic unit of currency throughout East Africa is the shilling (*shilingi*), which is divided into 100 cents (*senti*). Note that the five cent coin, written -/05, is called the *nduruu*, and in Kenya 10 cents are known as a *peni*. Although the exchange rate of all three shillings is the same, their currencies are not interchangeable.

Visitors to Zanzibar will find that they are required to pay for their services in foreign currency.

Where's the nearest bank?	**Iko wapi benki ya karibu?**	eeko wapee benkee ya kareeboo
Where's the nearest currency exchange office?	**Pako wapi mahali pa karibu pa kubadilisha pesa?**	pako wapee mahalee pa kareeboo pa koobadeeleesha pesa

At the bank *Kwenye benki [Katika benki]*

I want to change some dollars/pounds.	**Nataka kubadilisha dala/paun, tafadhali.**	nataka koobadeeleesha dala/paoon tafadalee

I want to cash a traveller's cheque.	**Nataka kubadilisha hundi za msafiri/ cheki za msafiri.**	nataka koobadeeleesha **hoon**dee za msa**feeree**/ **che**kee za msa**feeree**
What's the exchange rate?	**Kubadilisha pesa ni kiasi gani?**	koobadeeleesha **pesa** nee keeyasee **ganee**
How much commission do you charge?	**Malipo yako ni kiasi gani?**	**maleepo yako** nee keeyasee **ganee**
Can you cash a personal cheque?	**Unaweza kunibadilishia hundi [cheki] ya binafsi?**	oonaweza kooneebadeelee**shee**ya **hoon**dee [**che**kee] ya **beenafsee**
Can you fax my bank in London?	**Unaweza kunitumia feksi benki yetu London?**	oonaweza kooneetoo**mee**ya **feksee** **ben**kee **yetoo** **lon**don
I have a/an/some...	**Nina...**	**neena**
credit card	**kadi ya benki**	**ka**dee ya **ben**kee
Eurocheques	**kadi inayotumika benki za Ulaya**	**ka**dee eenayoto**oo**mee**ka** **ben**kee za **oo**laya
letter of credit	**barua ya benki**	**baroo**wa ya **ben**kee
I'm expecting some money from New York. Has it arrived?	**Nategemea pesa kutoka New York, zishafika?**	nate**gee**mea **pesa** koo**to**ka new **yo**rk zee**sha**feeka
Please give me notes (bills) and some small change.	**Tafadhali nipatie noti na chenji.**	tafa**ð**alee nee**pa**tee-eh **no**tee na **che**njee
Give me... large notes and the rest in small notes.	**Nipatie... noti kubwa na nyingine noti ndogo, tafadhali.**	nee**pa**tee-eh... **no**tee **koo**bwa na n'ee**ngee**neh notee **ndo**go tafa**ð**alee

Deposits–Withdrawals *Kuweka–Kutoa*

I want to...	**Nataka kufungua...**	nataka koofoo**ngoo**wa
open an account	**akaunti**	aka**oon**tee
withdraw... shillings	**Kutoa shilingi...**	koo**to**wa shee**lee**ngee
Where should I sign?	**Nitie sahihi wapi?**	nee**tee**-eh sa**hee**hee **wa**pee
I'd like to pay this into my account.	**Nataka kutia pesa katika akaunti yangu.**	nataka koo**tee**ya **pesa** ka**tee**ka aka**oon**tee **yan**goo

NUMBERS, see page 147

Business terms *Shuruti za kibiashara*

My name is...	**Jina langu ni...**	**jee**na **lan**goo nee
Here's my card.	**Hii ni kadi yangu.**	hee-ee nee **ka**dee **yan**goo
I have an appointment with...	**Nina miadi na...**	**nee**na **mee**yadee na
Can you give me an estimate of the cost?	**Unakisia itafika kiasi gani?**	oonakee**see**ya eeta**fee**ka keeyasee **ganee**
What's the rate of inflation?	**Bei zimeongezeka kwa kiasi gani?**	**be**-ee zeemeo**nge**zeka kwa keeyasee **ganee**
Can you provide me with a(n)...?	**Nipatie... tafadhali? [Unaweza kunipatia...?]**	nee**pa**tee-eh... tafa**ð**alee [oonaweza kooneepa**tee**ya]
interpreter	**mtu wa kufasiri/ mkalimani**	mtoo wa koofa**see**ree/ mkalee**ma**nee
personal computer	**kompyuta yangu mwenyewe [binafsi]**	kom**pyoo**ta **yan**goo mwen'**ewe** [**bee**nafsee]
secretary	**seketeri**	sekete**ree**
Where can I make photocopies?	**Wapi nitaweza kupigafotokopi [kutoa chapa]?**	**wa**pee nee**ta**weza koo**pee**gafoto**ko**pee [koo**to**wa **cha**pa]

amount	**idadi**	ee**da**dee
balance	**baki**	**ba**kee
capital	**rasilmali**	ra**see**lmalee
cheque	**hundi [cheki]**	**hoon**dee [**che**kee]
contract	**mkataba**	mka**ta**ba
discount	**punguzo la bei**	poo**ngoo**zo la **be**-ee
expenses	**matumizi**	mato**o**mee**zee**
interest	**riba**	**ree**ba
investment	**kitega uchumi**	kee**te**ga oo**choo**mee
invoice	**ankara [invoisi]**	an**ka**ra [een**voee**see]
loss	**hasara**	ha**sa**ra
mortgage	**mkopo wa kununulia nyumba**	m**ko**po wa koonoo-nooleeya n'**oo**mba
payment	**malipo**	ma**lee**po
percentage	**asilimia**	ase**ee**lee**mee**ya
profit	**faida**	fa**ee**da
purchase	**kununua**	koonoo**noo**wa
sale	**kuuza [mauzo]**	**koo**-**oo**za [ma**oo**zo]
share	**hisa [sheya]**	**hee**sa [**she**ya]
transfer	**kuhamisha**	koha**mee**sha
value	**thamani**	tha**ma**nee

At the post office

Post offices are indicated by the sign PTT (Post, Telephone and Telegraph) and postboxes are painted red. You can also often buy stamps at hotels and shops selling postcards.

Opening hours are usually from 8.00 a.m. until noon or 1.00 p.m., reopening at 2.00 p.m. until 4.30 p.m. or 5.00 p.m. On Saturdays they normally close for the day at noon.

Where's the nearest post office?	**Posta ya karibu iko wapi?**	posta ya kareeboo eeko wapee
What time does the post office open/close?	**Posta hufunguliwa/hufungwa saa ngapi?**	posta hoofoongooleewa/hoofoongwa saa ngapee
A stamp for this letter/postcard, please.	**Nipatie stempu ya barua/postkadi hii, tafadhali.**	neepatee-eh stempoo ya baroowa/postkadee hee-ee tafaðalee
A...-shilling stamp, please.	**Ya shilingi..., tafadhali.**	ya sheeleengee..., tafaðalee
What's the postage for a letter to London?	**Stempu ya London bei gani?**	stempoo ya london be-ee ganee
What's the postage for a postcard to Los Angeles?	**Stempu ya Los Angeles bei gani?**	stempoo ya los angeles be-ee ganee
Where's the letter box (mailbox)?	**Liko wapi sanduku la kupostia barua?**	leeko wapee sandookoo la kooposteeya baroowa
I want to send this parcel.	**Nataka kupeleka mzigo huu.**	nataka koopeleka mzeego hoo-oo
I'd like to send this (by)...	**Nataka kupeleka... kwa.**	nataka koopeleka... kwa
airmail	**ndege**	ndegeh
express (special delivery)	**haraka**	haraka
registered mail	**rejesta**	rejesta

At which counter can I cash an international money order?	**Kaunta ipi naweza kubadilisha manioda za nchi za nje?**	kaoonta eepee naweza koobadeeleesha maneeoda za nchee za njeh
Where's the poste restante (general delivery)?	**Iko wapi sehemu ya barua zinazongojewa na wenyewe [poste restante]?**	eeko wapee sehemoo ya baroowa zeenazongojewa na wen'eweh [posteh restanteh]
Is there any post (mail) for me? My name is...	**Kuna baruwa zangu? Jina langu ni...**	koona baroowa zangoo. jeena langoo nee

STEMPU	STAMPS
MIZIGO	PARCELS
MANIODA	MONEY ORDERS

Telegrams–Telexes–Faxes *Simu za upepo [barua]–Teleksi–Feksi*

Faxes can often be sent from your hotel. There are also facilities at most main post offices. Telexes are widely used and can be sent from any post office. Telgrams can be sent by telephone through the operator.

I'd like to send a telegram/fax.	**Nataka kupeleka simu/feksi.**	nataka koopeleka seemoo/feksee
May I have a form, please?	**Nipatie fomu tafadhali?**	neepatee-eh fomoo tafaðalee
How much is it per word?	**Kiasi gani kila neno?**	keeyasee ganee keela neno
How much will this (tele)fax cost?	**Nitalipa kiasi gani kwa feksi hii?**	neetaleepa keeyasee ganee kwa feksee hee-ee

Telephoning *Kupiga simu*

The telephone service in East Africa is a joint one, covering Kenya, Tanzania and Uganda. Numbers in any of these countries can be dialled using the correct area code. Local and international calls are usually quite dependable, but some long-distance calls can prove more difficult to make.

Phone boxes are painted red, and can be found in most towns and at major post offices. They are usually coin operated and take 2-shilling pieces. You can also make calls from hotels, but these can be considerably more expensive. Calls within East Africa are cheaper after 6 p.m.

International calls can be made from the main post office. You normally pay in advance for a call, and get a refund if you fail to connect. It is possible to dial international calls direct, using a phone card which you can get from the post office or from news-stands. International calls are cheaper after 10.00 p.m.

Where's the telephone?	**Iko wapi simu?**	eeko wapee seemoo
I'd like a telephone token.	**Nataka kadi ya kupigia simu.**	nataka kadee ya koopeegeeya seemoo
Where's the nearest telephone booth?	**Simu ya karibu iko wapi?**	seemoo ya kareeboo eeko wapee
May I use your phone?	**Naweza kutumia simu yako tafadhali?**	naweza kootoomeeya seemoo yako tafaðalee
Do you have a telephone directory for Nairobi?	**Unacho kitabu cha simu cha Nairobi?**	oonacho keetaboo cha seemoo cha naeerobee
I'd like to call... in England.	**Nataka kupiga simu... Uingereza.**	nataka koopeega seemoo... ooweengereza
What's the area code for Arusha?	**Namba ya kodi ya Arusha ni ngapi?**	namba ya kodee ya aroosha nee ngapee
How do I get the international operator?	**Vipi nitampata opereta wa simu za nchi za nje?**	veepee neetampata opereta wa seemoo za nchee za njeh

Operator *Mzee/Mama*

The appropriate term of address is *bwana* to a man and *bibi* to a woman.

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I'd like Kampala 234 567.	**Nipatie Kampala namba 234 567, tafadhali.**	neepatee-eh kampala namba 234 567 tafaðalee
Can you help me get this number?	**Nisaidie kuipata namba hii, tafadhali?**	neesaeedee-eh kooweepata namba hee-ee tafaðalee
I'd like to place a personal (person-to-person) call.	**Hasa nataka kumpigia simu mtu huyu.**	hasa nataka koompeegeeya seemoo mtoo hooyoo
I'd like to reverse the charges (call collect).	**Nataka gharama za simu zilipwe na atayepokea huko.**	nataka ʜharama za seemoo zeeleepweh na atayepokea hooko

Speaking *Ni mimi [Miye]*

Hello. This is...	**Halo, ni mimi...**	halo nee meemee
I'd like to speak to...	**Nataka kusema na... tafadhali.**	nataka koosema na... tafaðalee
Extension...	**Ekstenshan [Simu ya ndani]...**	ekstenshan [seemoo ya ndanee]
Speak louder/more slowly, please.	**Sema kwa sauti/pole pole, tafadhali.**	sema kwa saootee/poleh poleh tafaðalee

Swahili telephone alphabet

A	**Ali**	alee	N	**Nakuru**	nakooroo
B	**Banda**	banda	O	**Ona**	ona
C	**Chakechake**	chakechakeh	P	**Punda**	poonda
D	**Dodoma**	dodoma	Q	**Kyela**	kyela
E	**Entebe**	entebeh	R	**Rangi**	rangee
F	**Fumba**	foomba	S	**Simu**	seemoo
G	**Gogo**	gogo	T	**Tatu**	tatoo
H	**Homa**	homa	U	**Uganda**	ooganda
I	**Imba**	eemba	V	**Vitu**	veetoo
J	**Jambo**	jambo	W	**Wali**	walee
K	**Kenya**	ken'a	X	**Eksrei**	eksre-ee
L	**Lala**	lala	Y	**Yai**	yaee
M	**Mama**	mama	Z	**Zanzibar**	zanzeebar

Bad luck *Bahati mbaya.*

Would you try again later, please?	**Jaribu baadaye, tafadhali?**	jareeboo baadayeh tafaðalee
Operator, you gave me the wrong number.	**Mzee [Mama], umenipa namba siyo.**	mzeeh [mama] oomeneepa namba seeyo
Operator, we were cut off.	**Mama [Mzee], simu imekatika.**	mama [mze-eh] seemoo eemekateeka

Not there *Hayupo*

When will he/she be back?	**Wakati gani [Lini] atarudi?**	wakatee ganee [leenee] ataroodee
Will you tell him/her I called? My name is...	**Mwambie kwamba nimepiga simu, tafadhali. Jina langu...**	mwambee-eh kwamba neemepeega seemoo tafaðalee. jeena langoo
Would you ask him/her to call me?	**Mwambie anipigie simu, tafadhali?**	mwambee-eh aneepeegee-eh seemoo tafaðalee
Would you take a message, please?	**Mpe maagizo, tafadhali?**	mpeh maageezo tafaðalee

Charges *Malipo [Gharama]*

What was the cost of that call?	**Yalikuwa kiasi gani malipo ya simu?**	yaleekoowa keeyasee ganee maleepo ya seemoo
I want to pay for the call.	**Nataka kulipia simu.**	nataka kooleepeeya seemoo

Kuna simu yako.	There's a telephone call for you.
Unapiga namba gani?	What number are you calling?
Simu inaongea sasa.	The line's engaged.
Hakuna majibu. [Inaita tu.]	There's no answer.
Umepiga namba siyo.	You've got the wrong number.
Simu mbovu [Imeharibika].	The phone is out of order.
Subiri kidogo.	Just a moment.
Subiri, tafadhali.	Hold on, please.
Ametoka kidogo. [Hayupo.]	He's/She's out at the moment.

Doctor

You should take out special travel insurance to cover yourself in case of accident or illness. Other precautions required before travelling are vaccinations for typhoid and hepatitis A. Cholera and yellow fever inoculations are also advisable, and you should check that your tetanus and polio boosters are up to date. Malaria is a problem throughout the region, and the taking of a course of anti-malaria tablets prior to your visit is recommended. In mosquito-infested areas it is a good idea to sleep under a net and to use an insect repellent.

One important precaution to take during your stay is avoid drinking the tap water. It can contain anything from parasites to dysentery and typhoid bacilli.

Another serious problem throughout the region is that of AIDS, so do take all necessary precautions. Many travellers nowadays take with them a medical kit of their own, complete with clean needles and syringes, in case medical treatment is needed.

Can you get me a doctor?	**Nipatie daktari tafadhali?**	neepatee-eh daktaree tafaðalee
I need a doctor, quickly.	**Nahitaji daktari, haraka [halan].**	naheetajee daktaree haraka [halan]
Where can I find a doctor who speaks English?	**Wapi naweza kupata daktari anayesema Kiz-ngu [Kiingereza]?**	wapee naweza koopata daktaree anayesema keezoongoo [kee-eengereza]
Where's the surgery (doctor's office)?	**Zahanati/Klinik iko wapi?**	zahanatee/kleeneek eeko wapee
What are the surgery (office) hours?	**Zahanati hufungu-liwa saa ngapi?**	zahanatee hoofoongoo-leewa saa ngapee
Could the doctor come to see me here?	**Daktari ataweza kuja kuniangalia hapa?**	daktaree ataweza kooja kooneeyangaleeya hapa
What time can the doctor come?	**Wakati gani daktari ataweza kuja?**	wakatee ganee daktaree ataweza kooja
Can I have an appointment...?	**Naweza kuja...?**	naweza kooja
as soon as possible	**sasa hivi/haraka iwezekanavyo**	sasa heevee/haraka eewezekanavyo

CHEMIST'S, see page 108

Parts of the body *Sehemu za mwili*

appendix	**chango**	chango
arm	**mkono**	mkono
back	**mgongo**	mgongo
bladder	**kibofu cha mkojo**	keebofoo cha mkojo
bone	**mfupa**	mfoopa
bowel	**matumbo**	matoombo
breast	**ziwa/matiti**	zeewa/mateetee
chest	**kifua**	keefooa
ear	**sikio**	seekeeo
eye(s)	**jicho (plur. macho)**	jeecho (macho)
face	**uso**	ooso
finger	**kidole**	keedoleh
foot	**mguu**	mgoo-oo
genitals	**sehemu za siri**	sehemoo za seeree
hand	**mkono**	mkono
head	**kichwa**	keechwa
heart	**moyo**	moyo
jaw	**taya**	taya
joint	**kiungo**	keeoongo
kidney	**figo**	feego
knee	**goti/futi**	gotee/footee
leg	**mguu**	mgoo-oo
ligament	**kano**	kano
lip	**mdomo**	mdomo
liver	**ini**	eenee
lung	**pafu**	pafoo
mouth	**kinywa**	keen'wa
muscle	**msuli**	msoolee
neck	**shingo**	sheengo
nerve	**mshipa**	msheepa
nose	**pua**	poowa
rib	**mbavu**	m'bavoo
shoulder	**bega**	bega
skin	**ngozi**	ngozee
spine	**uti**	ootee
stomach	**tumbo**	toombo
tendon	**ugwe**	oogweh
thigh	**paja**	paja
throat	**koo/roho**	koo/roho
thumb	**kidole gumba cha mkono**	keedoleh goomba cha mkono
toe	**kidole gumba cha mguu**	keedoleh goomba cha mgoo-oo
tongue	**ulimi**	ooleemee
tonsils	**tonsil/mafindo**	tonseel/mafeendo
vein	**mshipa wa damu**	msheepa wa damoo

Accident—Injury *Ajali–Kuumia*

There's been an accident.	**Kumetokea ajali.**	koometokea ajalee
My child has had a fall.	**Mtoto wangu ameanguka [kaanguka].**	mtoto wangoo ameangooka [kaangooka]
He/She has hurt his/her head.	**Ameumia kichwa.**	ameoomeeya keechwa
He's/She's unconscious.	**Amezimia/amepoteza fahamu.**	amezeemeeya/amepoteza fahamoo
He's/She's bleeding heavily.	**Anatoka damu nyingi.**	anatoka damoo n'eengee
He's/She's injured.	**Ameumia vibaya.**	ameoomeeya veebaya
His/Her arm is broken.	**Mkono wake umevunjika.**	mkono wakeh oomevoonjeeka
His/Her ankle is swollen.	**Kifundo cha mguu wake kimevimba.**	keefoondo cha mgoo-oo wakeh keemeveemba
I've been stung.	**Nimeumwa [Nimetafunwa] na mdudu.**	neemeoomwa [neemetafoonwa] na mdoodoo
I've got something in my eye.	**Nimeingia kitu jichoni**	neeme-eengeeya keetoo jeechonee
I've got a/an...	**Nimepata/Nina...**	neemepata/neena
blister	**lengelenge**	lengelengeh
boil	**jipu**	jeepoo
bruise	**mchubuko**	mchoobooko
burn	**kuungua moto**	koo-oongoowa moto
cut	**jeraha**	jeraha
graze	**mkwaruzo**	mkwaroozo
insect bite	**kuumwa na mdudu**	koo-oomwa na mdoodoo
lump	**donge**	dongeh
rash	**mwasho/harara**	mwasho/harara
sting	**msumari wa mdudu**	msoomaree wa mdoodoo
swelling	**uvimbe**	ooveembeh
wound	**kidonda**	keedonda
Could you have a look at it?	**Unaweza kuniangalia?/Niangalie tafadhali?**	oonaweza kooneeyangaleeya/neeyangalee-eh tafadalee
I can't move my...	**Siwezi kunyanyuka...**	seewezee koon'an'ooka
It hurts.	**Inauma.**	eenaooma

Wapi panauma?	Where does it hurt?
Unapata maumivu ya namna gani?	What kind of pain is it?
madogo/makali/ya kupwitapwita	dull/sharp/throbbing
mfululizo/yanakuja na kuondoka	constant/on and off
Ime...	It's...
imevunjika/imetetereka	broken/sprained
imeteguka/imeachana	dislocated/torn
Nataka upigwe ekserei.	I'd like you to have an X-ray.
Lazima tukutie gamba.	We'll have to put it in plaster.
Imetunga usaha.	It's infected.
Umewahi kudungwa [kupigwa] sindano ya tetenas?	Have you been vaccinated against tetanus?
Nitakupatia dawa za kupunguza maumivu.	I'll give you a painkiller.

Illness *Magonjwa/Maradhi*

I'm not feeling well.	**Sjisikii vizuri.**	sjee**see**kee-ee vee**zoo**ree
I'm ill.	**Naumwa.**	na**oom**wa
I feel...	**Nasikia...**	nase**ekee**ya
dizzy	**kizunguzungu/ kisunzi**	keezoongoo**zoon**goo/ kee**soon**zee
nauseous	**kichefuchefu**	keechefoo**che**foo
shivery	**baridi/kutetemeka**	bareedee/kootete**me**ka
I have a temperature (fever).	**Nina homa.**	**nee**na **ho**ma
My temperature is 38 degrees.	**Nimepata homa kali.**	neeme**pa**ta **ho**ma **ka**lee
I've been vomiting.	**Nikitapika**	neekee**ta**pee**ka**
I'm constipated/ I've got diarrhoea.	**Sipati choo/Naharisha.**	see**pa**tee choo/naha**ree**sha
My... hurt(s).	**Naumwa na...**	na**oom**wa na
I've got (a/an)...	**Nimepata.../ Nina...**	neeme**pa**ta/**nee**na

asthma	**pumu**	**poo**moo
backache	**maumivu ya mgongo**	maoo**mee**voo ya m**gon**go
cold	**mafua [baridi]**	ma**foo**wa [bare**edee**]
cough	**kikohozi**	keeko**ho**zee
cramps	**musuli hupandana**	moo**soo**lee hoopan**dan**a
earache	**maumivu ya sikio**	maoo**mee**voo ya see**keeo**
hay fever	**kamasi [hijabu]**	ka**ma**see [hee**ja**boo]
headache	**maumivu ya kichwa**	maoo**mee**voo ya **kee**chwa
indigestion	**kiungulia**	keeoongoo**lee**ya
nosebleed	**kutoka damu puani**	koo**to**ka **da**moo poo**wa**nee
palpitations	**moyo unapiga kwa kasi**	**mo**yo oona**pee**ga kwa **ka**see
rheumatism	**baridi yabisi**	bare**edee** ya**bee**see
sore throat	**maumivu ya koo**	maoo**mee**voo ya koo
stiff neck	**shingo imekaza**	**shee**ngo eeme**ka**za
stomach ache	**maumivu ya tumbo**	maoo**mee**voo ya **toom**bo
sunstroke	**kuzimia kwa joto**	koozee**mee**ya kwa **jo**to
I have difficulties breathing.	**napata tabu kuvuta pumzi**	na**pa**ta **ta**boo koo**voo**ta **poom**zee
I have chest pains.	**Nina maumivu ya kifua.**	**nee**na maoo**mee**voo ya keefoowa
I had a heart attack... years ago.	**Nilipata ugonjwa wa... zamani.**	neeleepata oogonjwa wa... zamanee
My blood pressure is too high/too low.	**Presha yangu imepanda/imeshuka.**	**pre**sha **yan**goo eeme**pan**da/eeme**shoo**ka
I'm allergic to...	**... hunidhuru/huniletea matatizo.**	hooneeãooroo/ hooneeletea matateezo
I'm diabetic.	**Nina kisukari/ ugonjwa wa sukari.**	**nee**na keesoo**ka**ree/ oogonjwa wa soo**ka**ree

Women's section *Sehemu ya wanawake*

I have period pains.	**Nina tumbo la zingizi.**	**nee**na **toom**bo la zeen**gee**zee
I have a vaginal infection.	**Natoka uchafu sehemu za siri.**	na**to**ka oo**cha**foo se**he**moo za **see**ree
I'm on the pill.	**Natumia dawa za kuzuwia uzazi.**	natoo**mee**ya **da**wa za koozoo**wee**ya oo**za**zee
I haven't had a period for 2 months.	**Sikupata siku zangu kwa miezi miwili.**	see**koo**pata **see**koo **zan**goo kwa mee-**ez**ee mee**wee**lee
I'm (3 months) pregnant.	**Nina mimba ya miezi mitatu.**	**nee**na **mee**mba ya mee-**ez**ee mee**ta**too

Kwa muda gani unajisikia hali hii?	How long have you been feeling like this?
Hii ni mara ya kwanza kuwa hali hii?	Is this the first time you've had this?
Nitakupima homa/presha.	I'll take your temperature/blood pressure.
Tafadhali vua nguo (mpaka kiunoni).	Please undress (down to the waist).
Tafadhali lala hapa.	Please lie down over here.
Fungua mdomo.	Open your mouth.
Vuta pumzi kwa nguvu.	Breathe deeply.
Kohowa, tafadhali.	Cough, please.
Wapi panauma?	Where does it hurt?
Umepata...	You've got (a/an)...
ependiks	appendicitis
kichocho	bilharzia
kipindupindu	cholera
ugonjwa wa kibofu cha mkojo	cystitis
homa ya mafua	flu
umedhurika na chakula kibaya	food poisoning
ugonjwa wa matumbo	gastritis
homa ya manjano	hepatitis
mchomo wa...	inflammation of...
homa ya manjano	jaundice
homa ya malaria	malaria
surua	measles
homa ya mapafu	pneumonia
magonjwa ya zinaa	venereal disease
Inaambukiza.	It's contagious.
Inadhuru.	It's an allergy.
Utadungwa [utapigwa] sindano.	I'll give you an injection.
Nataka kupima damu yako/choo chako/mkojo wako.	I want a specimen of your blood/stools/urine.
Lazima upumzike kitandani kwa siku...	You must stay in bed for... days.
Nataka uangaliwe na daktari maalumu wa magojwa haya.	I want you to see a specialist.
Nataka uende hospitali ukapimwe kila kitu.	I want you to go to the hospital for a general check-up.

Prescription—Treatment *Cheti cha dawa–Matibabu*

This is my usual medicine.	**Hizi ndizo nitumiazo kwa kawaida.**	**hee**zee **n**dee**z**o nee**t**oo**m**ee**y**a**z**o kwa kawa**ee**da
Can you give me a prescription for this?	**Niandikie cheti cha/kwa dawa hizi, tafadhali?**	nee**y**andee**k**ee-eh **ch**etee cha/kwa **d**awa **h**ee**z**ee tafa**ð**alee
Can you prescribe a/an/some...?	**Unaweza kuniandikia...?**	oo**n**a**w**e**z**a koo**n**ee**y**andee**k**ee**y**a
antidepressant	**dawa za kuondoa wasi wasi**	**d**awa za koowondowa wasee wasee
malaria tablets	**dawa za malaria**	**d**awa za mala**r**ee**y**a
sleeping pills	**dawa za kupata usingizi**	**d**awa za koopata ooseengeezee
tranquillizer	**dawa za kutuliza hali**	**d**awa za kootoo**l**ee**z**a **h**alee
I'm allergic to penicillin.	**Zinanidhuru baadhi ya dawa za penisilin.**	zeenanee**ð**ooroo **b**aa**ð**ee ya **d**awa za pene**e**see**l**een
I don't want anything too strong.	**Sitaki dawa iliyo kali sana.**	see**t**a**k**ee **d**awa ee**l**ee**y**o **k**alee **s**ana
How many times a day should I take it?	**Nitumie kutwa mara ngapi?**	nee**t**oo**m**ee-eh **k**oo**t**wa **m**ara **n**gapee
Is that needle sterilized?	**Sindano imechemshwa/i safi?**	see**n**dano eeme**ch**em**sh**wa/ee **s**afee

Unapata matibabu gani?	What treatment are you having?
Unatumia dawa gani?	What medicine are you taking?
Sindano au dawa ya kumeza?	By injection or orally?
Kunywa... dawa hii vijiko vidogo...	Take... teaspoons of this medicine.
Meza kidonge kimoja.	Take one pill with a glass of water.
kila saa...	every... hours
mara... kwa siku	... times a day
kabla/baada ya kula	before/after each meal
asubuhi/usiku	in the morning/at night
kama unapata maumivu	if there is any pain
kwa siku...	for... days

CHEMIST'S, see page 108

Fee *Malipo*

How much do I owe you?	**Nilipe kiasi gani?**	neeleepeh keeyasee ganee
May I have a receipt for my health insurance?	**Nipatie risiti kwaajili ya bima yangu, tafadhali?**	neepatee-eh reeseetee kwa-ajeelee ya beema yangoo tafaðalee
Can I have a medical certificate?	**Nipatie barua kueleza ugonjwa wangu, tafadhali?**	neepatee-eh baroowa kooweleza oogonjwa wangoo tafaðalee
Would you fill in this health insurance form, please?	**Tafadhali jaza fomu hii ya bima?**	tafaðalee jaza fomoo hee-ee ya beema

Hospital *Hospitali*

Please notify my family.	**Tafadhali wajulishe familia yangu.**	tafaðalee wajooleesheh fameeleeya yangoo
What are the visiting hours?	**Saa gani za kuzuru wagonjwa?**	saa ganee za koozooroo wagonjwa
When can I get up?	**Naweza kutoka kitandani lini?**	naweza kootoka keetandanee leenee
When will the doctor come?	**Lini daktari atakuja?**	leenee daktaree atakooja
I'm in pain.	**Nina maumivu.**	neéna maoomeevoo
I can't eat/sleep.	**Siwezi kula/kulala.**	seewezee koola/koolala
Where is the bell?	**Iko wapi kengele?**	eeko wapee kengeleh

nurse	**nesi/muuguzi**	nesee/moo-oogoozee
patient	**mgonjwa**	mgonjwa
anaesthetic	**nusukaputi**	noosookapootee
blood transfusion	**kusaidiwa damu**	koosaeedeewa damoo
injection	**sindano**	seendano
operation	**operesheni/ kupasuliwa**	opereshenee/ koopasooleewa
bed	**kitanda**	keetanda
bedpan	**bed peni**	bed penee
thermometer	**kipima homa**	keepeema homa

Dentist *Daktari wa meno*

If you're travelling in remote areas, you may well have to rely on the local doctor for dental treatment.

Can you recommend a good dentist?	**Nielekeze daktari wa meno atayefaa, tafadhali?**	nee-elekezeh daktaree wa meno atayefaa tafaðalee
Can I make an (urgent) appointment to see Dr...?	**Naweza kumwona daktari... kwa haraka?**	naweza koomwona daktaree... kwa haraka
Couldn't you make it earlier?	**Unaweza kuja mapema?**	oonaweza kooja mapema
I have a broken tooth.	**Nina jino limevunjika.**	neena jeeno leemevoonjeeka
I have toothache.	**Naumwa na jino.**	naoomwa na jeeno
I have an abscess.	**Nina jipu.**	neena jeepoo
This tooth hurts.	**Linauma jino hili.**	leenaooma jeeno heelee
at the top	**la juu**	la joo-oo
at the bottom at the front at the back	**la chini** **la mbele** **la nyuma**	la cheenee la ᵐbeleh la nʸooma
Can you fix it temporarily?	**Unaweza kuliziba kwa muda?**	oonaweza kooleezeeba kwa mooda
I don't want it pulled out.	**Sitaki lingolewe.**	seetakee leengoleweh
Could you give me an anaesthetic?	**Nipatie dawa ya ganzi?**	neepatee-eh dawa ya ganzee
I've lost a filling.	**Risasi imetoka kwenye jino.**	reesasee eemetoka kwenʸeh jeeno
My gums...	**Ufizi wangu...**	oofeezee wangoo
are very sore are bleeding	**umevimba sana** **unatoka damu**	oomeveemba sana oonatoka damoo
I've broken my dentures.	**Meno yangu ya kubandika yamevunjika.**	meno yangoo ya koobandeeka yamevoonjeeka
Can you repair my dentures?	**Unaweza kunitengenezea meno yangu?**	oonaweza kooneetengenezea meno yangoo
When will they be ready?	**Lini yatakuwa tayari?**	leenee yatakoowa tayaree

Reference section

Where do you come from? *Unatoka wapi [nchi gani]?*

Africa	**Afrika**	afreeka
Asia	**Eshia**	esheeya
Europe	**Ulaya**	oolaya
North America	**Marekani**	marekanee
South America	**Marekani ya kusini**	marekanee ya kooseenee
Algeria	**Algiria**	algeereeya
Australia	**Australia**	aoostraleeya
Belgium	**Belgiji/Ubelgiji**	belgeejee/oobelgeejee
Burundi	**Burundi**	booroondee
Canada	**Kanada**	kanada
Denmark	**Denmak**	denmak
Egypt	**Misri**	meesree
England	**Uingereza**	ooweengereza
Ethiopia	**Ithopia**	eethopeeya
France	**Ufaransa**	oofaransa
Germany	**Ujarumani**	oojaroomanee
Great Britain	**Uingereza**	ooweengereza
India	**India**	eendeeya
Ireland	**Ailend**	aeelend
Italy	**Italia/Italii**	eetaleeya/eetalee-ee
Japan	**Japani**	japanee
Kenya	**Kenya**	ken'a
Malawi	**Malawi**	malawee
Morocco	**Moroko**	moroko
Mozambique	**Msumbiji**	msoombeejee
Netherlands	**Uholanzi**	ooholanzee
New Zealand	**Nyuzilend**	n'oozeelend
Russia	**Urusi**	ooroosee
Rwanda	**Rwanda**	rwanda
Scotland	**Skotlend**	skotlend
South Africa	**Afrika kusini**	afreeka kooseenee
Spain	**Spen**	spen
Sudan	**Sudan**	soodan
Sweden	**Swiden**	sweeden
Switzerland	**Uswisi**	oosweesee
Tanzania	**Tanzania**	tanzaneeya
Tunisia	**Tunisia**	tooneeseeya
Uganda	**Uganda**	ooganda
United States	**Marekani**	marekanee
Wales	**Welz**	welz
Zaire	**Zaire**	zaeereh
Zambia	**Zambia**	zambeeya
Zanzibar	**Unguja na Pemba**	oongooja na pemba

Numbers *Nambari*

0	**sufuri/ziro**	soofooree/zeero
1	**moja**	moja
2	**mbili**	"beelee
3	**tatu**	tatoo
4	**nne**	nneh
5	**tano**	tano
6	**sita**	seeta
7	**saba**	saba
8	**nane**	naneh
9	**tisa [kenda]**	teesa [kenda]
10	**kumi**	koomee
11	**kumi na moja**	koomee na moja
12	**kumi na mbili**	koomee na "beelee
13	**kumi na tatu**	koomee na tatoo
14	**kumi na nne**	koomee na nneh
15	**kumi na tano**	koomee na tano
16	**kumi na sita**	koomee na seeta
17	**kumi na saba**	koomee na saba
18	**kumi na nane**	koomee na naneh
19	**kumi na tisa**	koomee na teesa
20	**ishirini**	eesheereenee
21	**ishirini na moja**	eesheereenee na moja
22	**ishirini na mbili**	eesheereenee na "beelee
23	**ishirini na tatu**	eesheereenee na tatoo
24	**ishirini na nne**	eesheereenee na nneh
25	**ishirini na tano**	eesheereenee na tano
26	**ishirini na sita**	eesheereenee na seeta
27	**ishirini na saba**	eesheereenee na saba
28	**ishirini na nane**	eesheereenee na naneh
29	**ishirini na tisa**	eesheereenee na teesa
30	**thalathini**	thalatheenee
31	**thalathini na moja**	thalatheenee na moja
32	**thalathini na mbili**	thalatheenee na "beelee
33	**thalathini na tatu**	thalatheenee na tatoo
40	**arbaini [arobaini]**	arbaeenee [arobaeenee]
41	**arabaini na moja**	arabaeenee na moja
42	**arbaini na mbili**	arbaeenee na "beelee
43	**arbaini na tatu**	arbaeenee na tatoo
50	**hamsini**	hamseenee
51	**hamsini na moja**	hamseenee na moja
52	**hamsini na mbili**	hamseenee na "beelee
53	**hamsini na tatu**	hamseenee na tatoo
60	**sitini**	seeteenee
61	**sitini na moja**	seeteenee na moja
62	**sitini na mbili**	seeteenee na "beelee
63	**sitini na tatu**	seeteenee na tatoo

70	**sabiini**	sabee-eenee
71	**sabiini na moja**	sabee-eenee na moja
72	**sabiini na mbili**	sabee-eenee na ᵐbeelee
73	**sabiini na tatu**	sabee-eenee na tatoo
80	**thamanini**	thamaneenee
81	**thamanini na moja**	thamaneenee na moja
82	**thamanini na mbili**	thamaneenee na ᵐbeelee
83	**thamanini na tatu**	thamaneenee na tatoo
90	**tisiini**	teesee-eenee
91	**tisiini na moja**	teesee-eenee na moja
92	**tisiini na mbili**	teesee-eenee na ᵐbeelee
93	**tisiini na tatu**	teesee-eenee na tatoo
100	**mia**	meeya
101	**mia na moja**	meeya na moja
102	**mia na mbili**	meeya na ᵐbeelee
110	**mia na kumi**	meeya na koomee
120	**mia na ishirini**	meeya na eesheereenee
130	**mia na thalathini**	meeya na thalatheenee
140	**mia na arbaini**	meeya na arbaeenee
150	**mia na hamsini**	meeya na hamseenee
160	**mia na sitini**	meeya na seeteenee
170	**mia na sabiini**	meeya na sabee-eenee
180	**mia na thamanini**	meeya na thamaneenee
190	**mia na tisiini**	meeya na teesee-eenee
200	**mia mbili**	meeya ᵐbeelee
300	**mia tatu**	meeya tatoo
400	**mia nne**	meeya nneh
500	**mia tano**	meeya tano
600	**mia sita**	meeya seeta
700	**mia saba**	meeya saba
800	**mia nane**	meeya naneh
900	**mia tisa**	meeya teesa
1000	**elfu moja**	elfoo moja
1100	**elfu moja na mia moja**	elfoo moja na meeya moja
1200	**elfu moja na mia mbili**	elfoo moja na meeya ᵐbeelee
2000	**elfu mbili**	elfoo ᵐbeelee
5000	**elfu tano**	elfoo tano
10,000	**elfu kumi**	elfoo koomee
50,000	**elfu hamsini**	elfoo hamseenee
100,000	**laki moja**	lakee moja
1,000,000	**milioni moja**	meeleeonee moja
1,000,000,000	**milioni elfu**	meeleeonee elfoo

first	**kwanza**	kwanza
second	**pili**	peelee
third	**tatu**	tatoo
fourth	**nne**	nneh
fifth	**tano**	tano
sixth	**sita**	seeta
seventh	**saba**	saba
eighth	**nane**	naneh
ninth	**tisa**	teesa
tenth	**kumi**	koomee
once/twice	**mara moja/mara mbili**	mara moja/mara ᵐbeelee
three times	**mara tatu**	mara tatoo
a half	**nusu**	noosoo
half a...	**nusu**	noosoo
half of...	**nusu ya...**	noosoo ya
half (adj.)	**unusu**	oonoosoo
a quarter/one third	**robo/thuluthi**	robo/thooloothee
a pair of	**pea/jozi ya...**	pea/jozee ya
a dozen	**dazeni**	dazenee
one per cent	**asilimia moja**	aseeleemeeya moja
3.4%	**asilimia 3.4**	aseeleemeeya 3.4

Date and time *Tarehe na saa [wakati]*

1981	**mwaka thamanini na moja**	mwaka thamaneenee na moja
1995	**mwaka tisiini na tano**	mwaka teesee-eenee na tano
2009	**mwaka elfu mbili na tisa**	mwaka elfoo ᵐbeelee na teesa

Year and age *Mwaka na miaka [umri]*

year	**mwaka**	mwaka
leap year	**mwaka mdogo**	mwaka mdogo
decade	**mwongo**	mwongo
century	**karne**	karneh
this year	**mwaka huu**	mwaka hoo-oo
last year	**mwaka jana [mwaka ulopita]**	mwaka jana [mwaka oolopeeta]
each year	**kila mwaka**	keela mwaka
2 years ago	**miaka miwili iliopita**	meeyaka meeweelee eeleeopeeta
in one year	**katika mwaka mmoja**	kateeka mwaka mmoja
in the eighties	**mnamo miaka ya thamanini**	mnamo meeyaka ya thamaneenee

in the 20th century	**katika karne ya ishirini**	kateeka karneh ya eesheereenee
How old are you?	**Una miaka mingapi? [Una umri gani?]**	oona meeyaka meengapee [oona oomree ganee]
I'm 30 years old.	**Mimi miaka thalathini.**	meemee meeyaka thalatheenee
He/She was born in 1960.	**Alizaliwa mwaka sitini.**	aleezaleewa mwaka seeteenee

Months *Miezi*

Months may be called either by names that will be familiar to English speakers, or by the Swahili for "first month", "second month", and so on.

January	**Januari/Mwezi wa kwanza**	janoowaree/mwezee wa kwanza
February	**Febuari/Mwezi wa pili**	feboowaree/mwezee wa peelee
March	**Machi/Mwezi wa tatu**	machee/mwezee wa tatoo
April	**Aprili/Mwezi wa nne**	apreelee/mwezee wa nneh
May	**Mei/Mwezi wa tano**	me-ee/mwezee wa tano
June	**Juni/Mwezi wa sita**	joonee/mwezee wa seeta
July	**Julai/Mwezi wa saba**	joolaee/mwezee wa saba
August	**Agosti/Mwezi wa nane**	agostee/mwezee wa naneh
September	**Septemba/Mwezi wa tisa**	septemba/mwezee wa teesa
October	**Oktoba/Mwezi wa kumi**	oktoba/mwezee wa koomee
November	**Novemba/Mwezi wa kumi na moja**	novemba/mwezee wa koomee na moja
December	**Disemba/Mwezi wa kumi na mbili**	deesemba/mwezee wa koomee na ᵐbeelee
in September	**katika Septemba**	kateeka septemba
since October	**tangu Oktoba**	tangoo oktoba
the beginning of January	**mwanzo wa Januari**	mwanzo wa janoowaree
the middle of February	**katikati ya Febuari**	kateekatee ya feboowaree
the end of March	**mwisho wa Machi**	mweesho wa machee

Days and date *Siku na tarehe*

What day is it today?	**Tarehe gani leo? [Mwezi ngapi leo?]**	tareheh ganee leo [mwezee ngapee leo]
Sunday	**Jumapili**	joomapeelee
Monday	**Jumatatu**	joomatatoo
Tuesday	**Jumanne [Jumaane]**	joomanneh [joomaaneh]
Wednesday	**Jumatano**	joomatano
Thursday	**Alhamisi**	alhameesee
Friday	**Ijumaa**	eejoomaa
Saturday	**Jumamosi**	joomamosee
It's...	**Ni...**	nee
July 1	**Julai mosi**	joolaee mosee
March 10	**Machi kumi**	machee koomee
in the morning	**asubuhi**	asooboohee
during the day	**mchana**	mchana
in the afternoon	**mchana**	mchana
in the evening	**jioni**	jeeonee
at night	**usiku**	ooseekoo
the day before yesterday	**juzi**	joozee
yesterday	**jana**	jana
today	**leo**	leo
tomorrow	**kesho**	kesho
the day after tomorrow	**kesho kutwa**	kesho kootwa
the day before	**siku kabla**	seekoo kabla
the next day	**siku inayofuatia**	seekoo eenayofoowateeya
two days ago	**siku mbili zilizopita**	seekoo ᵐbeelee zeeleezopeeta
in three days' time	**baada ya siku tatu**	baada ya seekoo tatoo
last week	**wiki ilopita/juma lililopita**	weekee eelopeeta/jooma leeleelopeeta
next week	**wiki ijayo/juma lijalo**	weekee eejayo/jooma leejalo
for two weeks	**kwa wiki mbili**	kwa weekee ᵐbeelee
birthday	**sikukuu ya kuzaliwa**	seekookoo-oo ya koozaleewa
day off	**siku ya kupumzika**	seekoo ya koopoomzeeka
holiday	**mapumziko**	mapoomzeeko
holidays/vacation	**likizo/safari**	leekeezo/safaree
week	**wiki**	weekee
weekend	**mwisho wa wiki [juma]/wikendi**	mweesho wa weekee [jooma]/weekendee
working day	**siku ya kazi**	seekoo ya kazee

Public holidays *Sikukuu*

The following public holidays and festivals observed in Kenya, Tanzania and Uganda:

1 Jan	**Mwaka mpya**	New Year's Day
1 May	**Kwanza ya mei**	May Day
25/26 December	**Krismas**	Christmas
Variable dates:	**Ijumaa Kuu**	Good Friday
	Jumatatu pasaka	Easter Monday
	Eid-ul-Fitr	(at the end of Ramadan)

Holidays also observed in each country are:

Kenya		
1 June	**Madaraka Day**	(celebrating Kenyan self-government)
10 Oct	**Moi Day**	(anniversary of his inauguration)
20 Oct	**Kenyatta Day**	(anniversary of his imprisonment)
12 Dec	**Jamhuri Day**	(celebrating independence)
Tanzania		
12 Jan	**Zanzibar Revolution Day**	
5 Mar	**CCM Day**	(the ruling party)
26 Apr	**Union Day**	
7 Dec	**Independence/ Republic Day**	
Variable dates:	**Eid-ul-Adha**	(end of pilgrimage to Mecca)
	Maulid Day	(Birthday of Prophet Mohammad)
Uganda		
26 Jan	**Liberation Day**	
8 Mar	**Women's Day**	
3 June	**Martyrs' Day**	
9 June	**National Heroes' Day**	
9 Oct	**Independence Day**	
Variable date:	**Eid-ul-Adha**	(end of pilgrimage to Mecca)

Greetings and wishes *Maamkizi na kutakiana kheri [heri]*

Merry Christmas!	**Heri za krismas!**	heree za kreesmas
Happy New Year!	**Heri ya mwaka mpya!**	heree ya mwaka mpya
Happy Easter!	**Heri ya pasaka!**	heree ya pasaka
Happy birthday!	**Hepi bathade!**	hepee bathadeh
Best wishes!	**Nakutakia heri**	nakootakeeya heree
Congratulations!	**Hongera! [Nakupongeza!]**	hongera [nakoopongeza]
Good luck/All the best!	**Nakutakia kila la heri!**	nakootakeeya keela la heree
Have a good trip!	**Safari njema!**	safaree njema
Have a good holiday!	**Safiri salama!**	safeeree salama
Best regards from...	**... anakusalimu**	anakoosaleemoo
My regards to...	**Nisalimie...**	neesaleemee-eh

What time is it? *Saa ngapi?*

Time is counted in two 12-hour cycles in East Africa. The daytime cycle (*asubuhi*) begins at sunrise – 6 a.m. – and ends with sunset. The night-time cycle (*jioni*) then stretches from approximately 6 p.m. to dawn. Thus 8 a.m. (*saa mbili*) is literally "two hours" of the morning cycle.

Excuse me. Can you tell me the time?	**Samahani, saa ngapi eh?**	samahanee saa ngapee eh
It's...	**Ni...**	nee
five past one	**saa saba na dakika tano**	saa saba na dakeeka tano
ten past two	**saa nane na dakika kumi**	saa naneh na dakeeka koomee
a quarter past three	**saa tisa na robo**	saa teesa na robo
twenty past four	**saa kumi na dakika ishirini**	saa koomee na dakeeka eesheereenee
twenty-five past five	**saa kumi na moja na dakika ishirini na tano**	saa koomee na moja na dakeeka eesheereenee na tano
half past six	**saa kumi na mbili na nusu**	saa koomee na ᵐbeelee na noosoo
twenty-five to seven	**saa moja kasoro dakika ishirini na tano**	saa moja kasoro dakeeka eesheereenee na tano

twenty to eight	**saa mbili kasoro dakika ishirini**	saa ᵐbeelee kasoro dakeeka eesheereenee
a quarter to nine	**saa tatu kasorobo**	saa tatoo kasorobo
ten to ten	**saa nne kasoro dakika kumi**	saa nneh kasoro dakeeka koomee
five to eleven	**saa tano kasoro dakika kumi na moja**	saa tano kasoro dakeeka koomee na moja
twelve o'clock (noon/ midnight)	**saa sita mchana/ usiku**	saa seeta mchana/ ooseekoo
in the morning	**asubuhi**	asooboohee
in the afternoon	**mchana**	mchana
in the evening	**jioni**	jeeonee
The train leaves at...	**Treni inaondoka...**	trenee eenaondoka
13.04 (1.04 p.m.)	**saa saba na dakika nne mchana**	saa saba na dakeeka nneh mchana
0.40 (0.40 a.m.)	**saa sita na dakika arbaini usiku**	saa seeta na dakeeka arbaeenee ooseekoo
in five minutes	**baada ya dakika tano**	baada ya dakeeka tano
in a quarter of an hour	**baada ya robo saa**	baada ya robo saa
half an hour ago	**nusu saa ilopita**	noosoo saa eelopeeta
about two hours	**baada ya saa mbili**	baada ya saa ᵐbeelee
more than 10 minutes	**zaidi ya dakika kumi**	zaeedee ya dakeeka koomee
less than 30 seconds	**haifiki sekunde thalathini**	haeefeekee sekoondeh thalatheenee
The clock is fast/ slow.	**Saa inakwenda mbio/pole pole.**	saa eenakwenda ᵐbeeo/ poleh poleh

Common abbreviations *Ufupisho wa maneno*

Bi.	**bibi**	madam
Br.	**barabara**	street
Bw.	**bwana**	mister/sir
Dk.	**daktari**	doctor
ji.	**jina**	noun
JKT	**jeshi la kujenga taifa**	national service
ki.	**kitendo**	verb
k.m.	**kwa mfano**	for example/e.g.
MK.	**mwenyekiti**	chairman
na.	**nambari**	number
Nd.	**ndugu**	comrade
n.k.	**na kadhalika**	etc.
S.L.P.	**sanduku la posta**	P.O. Box
taz.	**tazama**	look, refer to

Signs and notices *Ilani*

Baridi	Cold
Chini	Down
Haifanyi kazi	Out of order
... hairuhusiwi	... forbidden
Hakuna kazi	No vacancies
Hatari (mauti)	Danger (of death)
Inakodishwa [Inapangishwa]	To let
Ina mtu/Mtu ameekesha	Reserved
Inauzwa	For sale
Ingia bila hodi	Enter without knocking
Ishauzwa	Sold out
Joto/Moto	Hot
Juu	Up
Kuingia	Entrance
Kuingia bila malipo [bure]	Free admittance
Kuna mtu ndani [Inatumika]	Occupied
Kutoka	Exit
Lifti	Lift
Maelezo	Information
Mafuriko	Flood
Maji haya hayafai kwa kunywa	Non-drinkable water
Mbwa mkali	Beware of the dog
Mlango wa dharura	Emergency exit
Njia ya mtu yake mwenyewe	Private road
Njia ya waendeshaji baskeli	Path for cyclists
Pole/pole Taratibu	Caution
Rangi haijakauka	Wet paint
Seli	Sale
Si ruhusa kuingia	No admittance
Sukuma	Push
Tafadhali piga kengele [hodi]	Please ring
Tafadhali subiri	Please wait
Tupu/Haina mtu	Vacant
Usichafue	No littering
Usiguse	Do not touch
Usinisumbue	Do not disturb
Usivute sigara	No smoking
Usizibe njia/mlango	Do not block entrance
Vuta	Pull
Wanaume	Gentlemen
Wanawake	Ladies
Wapitao watashtakiwa	Trespassers will be prosecuted
Wazi	Open
Ya kukodi [Inakodishwa]	For hire

Emergency *Dharura*

Call the police	**Mwite polisi**	mweeteh poleesee
Consulate	**Ubalozi**	oobalozee
DANGER	**HATARI**	hataree
Embassy	**Ubalozi**	oobalozee
FIRE	**MOTO**	moto
Gas	**Gesi**	gesee
Get a doctor	**Daktari**	daktaree
Go away	**Nenda [Kwenda] huko**	nenda/kwenda hooko
HELP	**MSAADA [KUSAIDIA]**	msa-ada [koosaeedeeya]
Get help quickly	**Saidia haraka**	saeedeeya haraka
I'm ill	**Naumwa**	naoomwa
I'm lost	**Nimepotea**	neemepotea
Leave me alone	**Usinisumbue/ Niache**	ooseeneesoombooweh/ neeyacheh
LOOK OUT	**ANGALIA/TAZAMA**	angaleeya/tazama
Poison	**Sumu**	soomoo
POLICE	**POLISI**	poleesee
Stop that man/ woman	**Msimamishe bwana/bibi yule**	mseemameesheh bwana/ beebee yooleh
STOP THIEF	**MKAMATE MWIZI**	mkamateh mweezee

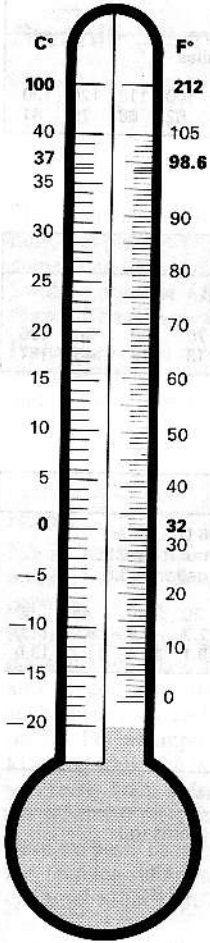
Emergency telephone numbers *Namba za dharura*

Police, Fire, Ambulance 999

Lost property—Theft *Vitu vilivyopotea–Wizi*

Where's the...?	**... iko wapi?**	eeko wapee
lost property (lost and found) office	**ofisi ya vitu vilivyopotea**	ofeesee ya veetoo veeleevyopotea
police station	**kituo cha polisi**	keetoowo cha poleesee
I want to report a theft.	**Nataka kuripoti wizi.**	nataka kooreepotee weezee
My... has been stolen.	**... yangu imeibiwa**	yangoo eeme-eebeewa
I've lost my...	**Nimepoteza...**	neemepoteza
handbag	**mkoba/mfuko**	mkoba/mfooko
passport	**paspoti**	paspotee
wallet	**kikoba cha pesa**	keekoba cha pesa

CAR ACCIDENTS, see page 78



Conversion tables

Centimetres and inches

To change centimetres into inches, multiply by .39.

To change inches into centimetres, multiply by 2.54.

	in.	feet	yards
1 mm	0.039	0.003	0.001
1 cm	0.39	0.03	0.01
1 dm	3.94	0.32	0.10
1 m	39.40	3.28	1.09

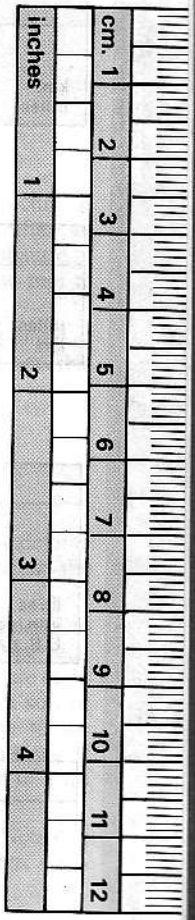
	mm	cm	m
1 in.	25.4	2.54	0.025
1 ft.	304.8	30.48	0.304
1 yd.	914.4	91.44	0.914

(32 metres = 35 yards)

Temperature

To convert Centigrade into degrees Fahrenheit, multiply Centigrade by 1.8 and add 32.

To convert degrees Fahrenheit into Centigrade, subtract 32 from Fahrenheit and divide by 1.8.



Kilometres into miles

1 kilometre (km.) = 0.62 miles

km.	10	20	30	40	50	60	70	80	90	100	110	120	130
miles	6	12	19	25	31	37	44	50	56	62	68	75	81

Miles into kilometres

1 mile = 1.609 kilometres (km.)

miles	10	20	30	40	50	60	70	80	90	100
km.	16	32	48	64	80	97	113	129	145	161

Fluid measures

1 litre (l.) = 0.88 imp. quart or 1.06 U.S. quart
1 imp. quart = 1.14 l. 1 U.S. quart = 0.95 l.
1 imp. gallon = 4.55 l. 1 U.S. gallon = 3.8 l.

litres	5	10	15	20	25	30	35	40	45	50
imp. gal.	1.1	2.2	3.3	4.4	5.5	6.6	7.7	8.8	9.9	11.0
U.S. gal.	1.3	2.6	3.9	5.2	6.5	7.8	9.1	10.4	11.7	13.0

Weights and measures

1 kilogram or kilo (kg.) = 1000 grams (g.)

100 g. = 3.5 oz. ½ kg. = 1.1 lb.
200 g. = 7.0 oz. 1 kg. = 2.2 lb.
1 oz. = 28.35 g.
1 lb. = 453.60 g.

Swahili grammar

The grammar of Swahili is relatively easy. The structure is quite simple: verbs, nouns, adjectives and adverbs often all come from the same basic root. The most important feature of Swahili grammar is the prefix, which is added to the root to form different words.

Prefixes are used not only to indicate the singular and plural of nouns and the tenses of verbs, and to form adjectives, adverbs, and pronoun objects, but many other things as well.

Nouns

Nouns in Swahili aren't preceded by definite or indefinite articles (a, an, the). The meaning is understood from the context.

Nouns in Swahili don't have a gender but they belong to classes; each class consists of nouns of a certain type (e.g. abstract concepts, living things, human beings). There are eight such classes. In each class the nouns take a different sort of prefix. For example, the word **kitu** (thing) belongs to the **ki**-class, while the word **mtu** (man) belongs to the **m**-class. If you really want to learn Swahili well, it's always best to learn the word and the class it belongs to together.

Here's a basic list showing the eight classes of nouns. Note that the prefixes shown are subject to numerous exceptions especially when they precede words starting with a vowel.

Class of nouns	Sing. prefix	Plural prefix	Examples	
1. Human beings	**m-** or **mw-**	**wa-** or **w-**	**mtoto** **watoto**	child children
2. a) Inanimate objects b) plants	**m-** or **mw-** or **mu-**	**mi-**	**mti** **miti**	tree trees
3. Miscellaneous	**n-** (often dropped)	**n-** (often dropped)	**nyumba**	house/ houses
4. Inanimate objects	**ki-** or **ch-**	**vi-** or **vy-**	**kiko** **viko**	pipe pipes
5. Miscellaneous	–	**ma-**	**ua** **maua**	flower flowers
6. Words without a plural, abstract concepts, names of countries, etc.	**u-**	–	**(-refu** **urefu**	long) length
7. One word only: **mahali**	in agreements: **pa-**	in agreements: **pa-**	**mahali** **pazuri**	a nice place
8. Verbs used as nouns	**ku-**	–	**kuandika** **writing**	to write,

Adjectives

The basic rule is that the class prefix of the noun is also added to the adjective that modifies it.

The adjective always follows the noun it modifies. It agrees in class and number with the noun except in the case of adjectives derived from Arabic which are all invariable.

Example:

kitu	thing
-dogo	small
kitu kidogo	a small thing

Even if the prefix of the noun has been dropped (as is the case in the **n**-class), the adjective will still take the prefix. However, here again, the prefix rule is quite complicated and there are many exceptions.

Numerals are considered as adjectives so they also take the class prefix, except for numbers six, seven, nine and decimal numbers.

Example:

kitabu	the book
vitabu	the books
-tano	five
vitabu vitano	five books

Adverbs

Most adverbs have one single form which doesn't change and doesn't take a prefix. Some examples:

nyuma	behind
ndani	inside
nje	outside
karibu	nearby
sasa	now

But adverbs can also be formed from adjectives and nouns:

-zuri	nice
vizuri	nicely
askari	soldier
kiaskari	like a soldier

Verbs

The verb has to agree with the subject noun by taking the same prefix. When the subject of a verb isn't a noun, but what we call a personal pronoun, Swahili verbs again take a prefix. Here they are:

Singular		Plural	
I	**ni-**	we	**tu-**
you	**u-**	you	**m-**
he, she	**a-**	they	**wa-**

The tenses are also indicated by prefixes. They're inserted between the subject prefix and the root of the verb. These

prefixes denoting the tenses are: **-na-** for the present tense, **-li-** for the past tense, and **-ta-** for the future tense.

Examples:

ni | na | soma	I'm reading
ni | ta | soma	I shall read
a | li | soma	he read
wa | na | soma	they're reading
wa | ta | soma	they'll read
tu | li | soma	we read

Kisu kimoja kitatosha. One knife will do.

The **-na-** tense is basically a continuous present. There's another present tense which takes the prefix **-a-** and has no particular sense of time attached to it.

Prefixes are also used to indicate the direct object of the verb. They're the same as the subject prefixes and are often used even if the object noun itself if also expressed in the sentence. For example: **milikisoma** (I read it). When referring to persons, the object prefixes are:

Singular		Plural	
I	-ni-	us	-tu-
you	-ku-	you	-wa-
him, her	-m-	them	-wa-

In order to ask a question in Swahili, the word order of the sentence doesn't change. Questions are understood from the intonation.

In the present tense the verb *to be* is dropped, and only the personal prefix is used.

Examples:

U imara.	You're strong.
Yu tayari.	He's ready.

The verb *to have* is expressed in the present tense by the pronoun followed by **-na**.

nina	I've	**tuna**	we've
una	you've	**mna**	you've
ana	he/she has	**wana**	they've

The negative form in this tense again uses the suffix **-na** with a negative pronoun:

sina	I haven't	**hatuna**	we haven't
huna	you haven't	**hamnayo**	you haven't
hana	he/she hasn't	**hawana**	they haven't

Demonstratives

Demonstratives, whether they're used as adjectives (this/that house) or as pronouns (this/that is good), are rendered by means of **hi-/ha-/hu-**, etc. (this, these), or **-le** (that, those). The form varies according to the class.

Here's the table of demonstratives:

Class:	1	2	3	4	5	6	7	8
this these	**huyu** **hawa**	**huu** **hii**	**hii** **hizi**	**hiki** **hivi**	**hili** **haya**	**huu** **hizi**	**hapa** –	**huku** –
that those	**yule** **wale**	**ule** **ile**	**ile** **zile**	**kile** **vile**	**lile** **yale**	**ule** **zile**	**pale** –	**kule** –

For example:

mtu huyu	this man
watu hawa	these men
kitu kile	that thing
vitu vile	those things

Dictionary
and alphabetical index

English–Swahili

Note: not all alternatives listed in brackets [ ] appear in all the relevant cross-referenced phrases.

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Tipping recommendations *Zawadi*

Tipping is often discouraged, but not forbidden in East Africa, so if you appreciate a service, tip at your discretion, but keep it moderate.

The chart below gives some suggestions as to what to leave.

HOTEL	
Service charge	10% generally included
Maid	optional
RESTAURANT	
Service charge, bill	10% generally included
Waiter	optional
Taxi	Service charge included round off to the nearest shilling
Baggage porters	optional
Tour guide	optional

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